

NORA MAZA

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EDUCATION

Texas A&M University- Corpus Christi October 2022
(CACREP Accredited)

Doctor of Philosophy: Counselor Education

Texas A&M University- Corpus Christi May 2017
(CACREP Accredited)

Master of Science: Counseling

Texas A&M University May 2014

Bachelor of Arts: Psychology

PROFESSIONAL EXPERIENCE

Assistant Clinical Professor September 2022 to Present

College of Education – Online Clinical Mental Health Counseling Program

Seattle University

- Fall 2022, Multicultural and Social Justice Counseling [ONLINE]

Adjunct Professor August 2021 to August 2022

School of Behavioral and Social Sciences

St. Edwards University

- Fall 2021, Critical Evaluation of Research [ONLINE]
- Spring 2022, Career Counseling [ONLINE]
- Spring 2022, Human Growth and Development [ONLINE]
- Summer, 2022, Career Counseling [ONLINE]

Adjunct Professor June 2021 to March 2022

College of Education

Seattle University

- Summer 2021, Professional and Ethical Issues in Counseling [ONLINE]
- Summer 2021, Counseling with Children & Adolescents [ONLINE]
- Winter 2022, Multicultural and Social Justice Counseling [ONLINE]

Adjunct Professor Fall 2018

First Year Learning Community Program

August 2020 to December 2021

Texas A&M University- Corpus Christi

- Collaborates with other professors within the first-year learning community to provide instruction and support to freshman students.

Adjunct Professor

January 2021 to May 2021

Honors Program

Texas A&M University- Corpus Christi

- Spring, 2021, Community Leadership

Graduate Assistant- Co-Assistant Director of Counseling

August 2017 to August 2020

Antonio E. Garcia Arts & Education Center, Corpus Christi, TX

- Provided supervision to master's level practicum and internship students completing hours toward their degree in counseling.
- Oversaw regular maintenance of client records and paperwork consistent with HIPPA standards.
- Engaged in community collaboration with surrounding schools and agencies to create and implement programs that met community needs.

Graduate Assistant- Counselor Supervisor

June 2020 to August 2020

Counseling and Training Clinic

Texas A&M University- Corpus Christi

- Provided supervision via online platform to master's level practicum and internship students completing hours toward their degrees in counseling.
- Oversaw regular maintenance of client records and paperwork consistent with HIPPA standards.

Teaching Assistant

July 2018 to Summer 2021

College of Education and Human Development

Texas A&M University - Corpus Christi

- Summer 2021, Couples Counseling [Masters]
- Spring 2021, Advanced Clinical Supervision [Doctoral]
- Spring 2021, Career Counseling [Masters]
- Fall 2020, Application of Family Counseling [Doctoral]
- Fall, 2020, Career Counseling [Masters]
- Summer 2020, Family Counseling with Children & Adolescent Focused Issues [Masters]
- Summer 2020, Theory and Practice of Multicultural Counseling [Masters]
- Summer 2020, Couples Counseling [Masters]
- Summer 2020, Knowledge Base Seminar [Doctoral]
- Summer 2020, Strategies in Family Counseling [Masters]
- Summer 2020, Introduction to Marriage, Couple, and Family Counseling [Masters]
- Spring 2020, Advanced Statistical Techniques and Evaluation Methodology [Doctoral]
- Spring 2020, The Counseling Process [Masters]
- Spring 2020, Abnormal Human Development & Behavior [Masters]
- Fall 2019, Research Design and Statistics [Doctoral]
- Fall 2019, Career Counseling [Masters]
- Summer 2019, Theory and Practice of Multicultural Counseling [Masters]
- Summer 2019, Family Counseling with Children & Adolescent Focused Issues [Masters]
- Summer 2019, Introduction to Marriage, Couple, and Family Counseling [Masters]
- Summer 2019, Introduction to Clinical and Mental Health Counseling [Masters]
- Spring 2019, Practicum [Masters]
- Fall 2018, Family Counseling with Children & Adolescent Focused Issues [Masters]

- Summer 2018, Introduction to Clinical and Mental Health Counseling [Masters]

Counselor Supervisor

January 2018 to August 2019

College of Education and Human Development
Texas A&M University - Corpus Christi

- Supervised master’s level practicum students completing their practicum experience hours for their degrees in counseling.

Master’s Practicum and Intern Counselor

June 2016 to May 2017

Counseling and Training Clinic
Texas A&M University- Corpus Christi

- Facilitated weekly counseling sessions for individuals, such as adults, adolescents, and children in a clinic setting.
- Created treatment plans for initial clients and maintain weekly progress notes.

Master’s Counseling Intern

Summer 2016

Texas A&M University – Corpus Christi
San Isidro de Penas Blancas, Costa Rica

- Visited local community areas, such as adult daycares, senior centers, high schools, and elementary to provide presentations on wellness.
- Provided presentations at the Soltis center for community members, first aid responders, and social workers on mental health, wellness, and enhancing communication skills.

COMMUNITY ENGAGEMENT

Program Facilitator

Spring 2018 to Present

Safety Compass Child Abuse Prevention Program, Corpus Christi, TX

- Provides psychoeducation to children and families to help prevent child abuse, improve self-esteem, and enhance parent-child relationships.

Program Counselor Supervisor

August 2017 to May 2021

Family Night Out, Corpus Christi, TX

- Provide supervision to master’s level counseling interns administering bi-weekly family psychoeducational group sessions to families in Corpus Christi.

Program Facilitator

June 2018 to July 2020

VANTAGE Program, Corpus Christi, TX

- Introduced evidence-based career group counseling to teenage girls from the Corpus Christi community to enhance vocational knowledge and leadership skills.
- Facilitated discussion between participants and community mentors.

Group Counselor Supervisor

September 2018 to February 2020

CCISD Parenting Workshops, Corpus Christi, TX

- Supervised counselors-in-training facilitating parenting groups to parents from local elementary and middle schools in the Corpus Christi Independent School District.

Program Facilitator

December 2019 to February 2020

CASA Youth Yoga Workshop, Corpus Christi, TX

- Partnered with CASA to provide a yoga & mindfulness workshop to foster youth within the Nueces County area.

Program Counselor Supervisor

June 2018 to July 2019

Teens Building for Tomorrow, Corpus Christi, TX

- Developed a month-long program to provide teens with the opportunity to build upon their leadership skills, gain exposure to a variety of careers, and accumulate community service hours.
- Provided supervision to counselors in training facilitating the group.

SCHOLARSHIP: PROFESSIONAL ARTICLES (in process)

Nelson, K., Vashisht, K., **Maza, N.**, Pendleton, C., & Rivera, W. (in process). The influence of child abuse prevention program participation on behavioral enhancement.

Maza, N. (in process). Self-Concept and external validation as predictors of problematic social media use.

NATIONAL CONFERENCE PRESENTATIONS

Maza, N., Nelson, K., & Cole, C. (2020, April). *Enhancing Support for Single Mothers through a Psychoeducational Counseling Group*. American Counseling Association Conference, San Diego, California. [Cancelled due to COVID-19]

Nelson, K., **Maza, N.**, Sevillano, A., & Cole, C. (2020, April). *Preventing Childhood Sexual Abuse: An Evaluation of Program Effectiveness*. American Counseling Association Conference, San Diego, California. [Cancelled due to COVID-19]

Maza, N., Nelson, K., & Gerlach, J., (2019, September). *Enhancing Community Development through Vocational Empowerment and Leadership Programming for Teenage Girls*, Association of Assessment and Research in Counseling Conference, San Antonio, Texas.

Maza, N., Cavazos, B., Gerlach, J., & Nelson, K. (2019, March). *Enhancing Community Development through Vocational Empowerment and Leadership Programming for Teenage Girls*, American Counseling Association Conference, New Orleans, Louisiana.

Nelson, K., Gerlach, J., Vashisht, K., Rivera, W., & **Maza, N.** (2019, March). *Preventing Childhood Sexual Abuse: An Evaluation of Program Effectiveness*, American Counseling Association Conference, New Orleans, Louisiana.

Maza, N., & Nelson, K. (2018, April). *Through the Looking Glass: What's happening to our children's brains?* American Counseling Association Conference, Atlanta, Georgia.

STATE CONFERENCE PRESENTATIONS

Ho, C., **Maza, N.**, & Smith, R.L. (2020, February). *Healing through Empathic Understanding: The Process of Interpersonal Empathy*, Texas Association for Counselor Education and Supervision, San Antonio Texas.

Maza, N., & Nelson, K. (2019, November). *Enhancing Community Development through Vocational Empowerment and Leadership Programming for Teenage Girls*, Texas Counseling Association Conference, Fort Worth, Texas.

Nelson, K., **Maza, N.**, & Sevillano, A. (2019, November). *Preventing Childhood Sexual Abuse: An Evaluation of Program Effectiveness*, Texas Counseling Association Conference, Fort Worth, Texas.

Morales, R. R., Davenport, D., **Maza, N.**, Teran, E., & Tijerina, L. (2016, November). *The Experiences of Students Studying Abroad in Correlation with Working towards a Graduate Certificate in Counseling Spanish Speaking Clients*. 13th Annual Pathways Symposium, Prairie View, TX.

LOCAL CONFERENCE PRESENTATIONS

Nelson, K., & Sevillano, A., Cole, C., **Maza, N.**, (2020, July). *Preventing Childhood Sexual Abuse: An Evaluation of Program Effectiveness*, Gulf Coast Counseling Association 2020 Virtual Conference, Corpus Christi, TX.

GRANTS

Maza, N. (2019). *Enhancing Support for Single Mothers through a Psychoeducational Counseling Group*. [Funded]. The Division of Research and Innovation, Student Research Competition. Texas A&M University – Corpus Christi (\$800).

PROFESSIONAL WORKSHOPS

Cole, C. & **Maza, N.**, (2020, May). *Suicide Prevention and Risk Assessment Training*. Presented for the Counseling & Training Clinic at Texas A&M University- Corpus Christi, Corpus Christi, TX.

Maza, N. & Cole, C. (2020, February). *Mandated Reporting Training*. Presented at Antonio E. Garcia Arts & Education Center, Corpus Christi, Texas.

Cole, C., **Maza, N.**, Sevillano, A. (2020, January). *Suicide Prevention and Risk Assessment Training*. Presented for Antonio E. Garcia Arts & Education Center - a Texas A&M University-Corpus Christi affiliation, Corpus Christi, TX.

Smith, R. L., Cole, C., **Maza, N.** (2019, October). *Masters Comprehensive Exam Workshop: Career Counseling*. Presented at Texas A&M University- Corpus Christi, Corpus Christi, Texas.

Cole, C., **Maza, N.**, Sevillano, A. (2019, May). *Suicide Prevention Training*. Presented for Antonio E. Garcia Arts & Education Center - a Texas A&M University-Corpus Christi affiliation, Corpus Christi, TX.

CERTIFICATES & SPECIALIZED TRAININGS

National Certified Counselor 2017 to Present
National Board of Certified Counselors

Digital Learning 2019
Office of Distance Education and Learning Technologies
Texas A&M University- Corpus Christi

Gottman Method Couples Therapy: Level 1 Clinical Training 2016
The Gottman Institute

PROFESSIONAL LICENSURE

Licensed Professional Counselor – Intern June 2018 to Present
Supervised by Richard Ricard, PhD, LPC-S
State of TX, License #80102
Texas State Board of Examiners of Professional Counselors

AWARDS

Outstanding Research Assistant Award 2020
Texas A&M University- Corpus Christi

PROFESSIONAL SERVICE AND LEADERSHIP

Historian July 2018 to June 2019
Gulf Coast Counseling Association

Emerging Leader July 2017 to June 2018
Gulf Coast Counseling Association

PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)	(2017 – 2020)
Association for Assessment and Research in Counseling (AARC)	(2019 – 2020)
Association for Counselor Education and Supervision	(2019 – 2020)
Southern Association for Counselor Education and Supervision	(2019 – 2020)
Texas Counseling Association	(2019 – 2020)
Gulf Coast Counseling Association	(2017 – 2020)

PROFESSIONAL DEVELOPMENT

Texas A&M 13th Annual Pathways Symposium, Prairie View, TX: November, 2016
American Counseling Association Conference, Atlanta, GA: April, 2018
Gulf Coast Counseling Association Conference, Corpus Christi, TX: April, 2018
American Counseling Association Conference, New Orleans, TX: March, 2019
Association for Assessment and Research in Counseling Annual Conference, San Antonio, TX:
September, 2019
Association for Counselor Education and Supervision Conference, Seattle, WA: October, 2019
Texas Counseling Association Professional Growth Conference, Arlington, TX: November, 2019
Texas Association for Counselor Education & Supervision Mid-Winter Conference, San
Antonio, TX: February, 2020

REFERENCES

Dr. Joshua Watson

Professor and Department Chair
Counseling and Educational Psychology
College of Education & Human
Development
6300 Ocean Drive, Unit 5834
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Phone: 361-825-2739
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Dr. Kristina Nelson

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Dr. Richard Ricard

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COEHD Graduate Programs
Professor
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