

MAYLON T. HANOLD, EdD  
Seattle University | Albers School of Business and Economics  
901 12<sup>th</sup> Avenue | PO Box 122000 | Seattle, WA 98122  
hanoldm@seattleu.edu

---

## EDUCATION

EdD in Leadership (Cognate: Sport Sociology and Sport Leadership)  
*Seattle University, Seattle, WA*

EdM in Education (Focus Area: Teaching and Learning)  
*Harvard University, Cambridge, MA*

BA in French  
*University of Washington, Seattle, WA*

Diversity and Inclusion for Human Resources Certificate  
*Cornell University, Ithaca, NY [online]*

## ACADEMIC APPOINTMENTS

Albers School of Business and Economics, Seattle University, Seattle, WA  
2024- present Full Teaching Professor, MBA in Sport and Entertainment, Management  
2022-2024 Associate Teaching Professor, MBA in Sport and Entertainment, Management  
2021-2022 Director, MBA in Sport and Entertainment, Management  
2017-2021 Director, Sport Business Leadership, Management  
2018- 2022 Senior Instructor, Sport Business Leadership, Management

College of Arts and Sciences, Seattle University, Seattle, WA  
2016-2018 Senior Instructor, Sport Administration and Leadership  
2014- 2017 Associate Director, Sport Administration and Leadership [2 of 3 years, see below]  
(2015-2016) Acting Director, Sport Administration and Leadership  
2012-2016 Instructor, Sport Administration and Leadership  
2008-2012 Adjunct Faculty, Sport Administration and Leadership

## TEACHING

Graduate Courses  
MGMT 5345: Managing Diversity  
MGMT 5350: Human Resource Management  
SBLR 5010: Diversity and Inclusion for Sport Management  
SBLR 5120: Developing Leadership in Sport  
SBLR 5122: Women and Sport Leadership (Developed as online, asynchronous)  
SBLR 5000: Introduction to Sport Business  
SBLR 5890: Capstone for Sport Business  
SADL 5000: Introduction to Research Methods in Sport  
SADL 5020: The Social-Cultural Basis of Sport  
SADL 5090: Building Sport Constituencies  
SADL 512: The Psychology of Leadership and Achievement  
SADL 592/3/4: Sport Event Planning, Operations and Management (Fall, winter, spring series)

SADL 591: Sport Operations and Event Management  
SADL 510: Managing Human Resources in Sport Organizations  
SADL 515: Sport Organizations: A Systems View

#### Undergraduate Courses

MGMT 4770: Managing Diversity  
MGMT 3830: Human Resource Management

## RESEARCH

### Refereed Articles

1. Shollen, S. L., & **Hanold, M.** (2025). Game changers: Leadership lessons from popular sport icons. In K. Callahan & S. Connable (Eds.), *New directions in student leadership: Pop culture's contribution to leadership development* (pp. TBD). Wiley.
2. **Hanold, M.** (2017). Toward a New Approach to Authentic Leadership: The Practice of Embodied Dialogical "Thinking" and the Promise of Shared Power. *Advances in Developing Human Resources*, 1523422317728940.
3. Cohen, D. T., & **Hanold, M. T.** (2016). Finish Lines, Not Finish Times: Making Meaning of the "Marathon Maniacs". *Sociology of Sport Journal*, 33(4), 347-356.
4. Lovelin, M. & **Hanold, M.** (2014). Female Sport Leaders' Perceptions of Leadership and Management: Skills and Attitudes for Success. *Global Sport Business Journal*, 2(1). Available online at <http://www.gsbassn.com/Journal-Winter-2014-Vol-2-Issue-1.html>.
5. **Hanold, M.** (2011) Leadership, Women in Sport and Embracing Empathy. *Advancing Women in Leadership Journal*. (31) 160-165. Available online at [http://advancingwomen.com/awl/awl\\_wordpress/](http://advancingwomen.com/awl/awl_wordpress/)
6. **Hanold, M.** (2010) Beyond the Marathon: (De)constructing Female Ultrarunning Bodies, *Sociology of Sport Journal*, 27(2), 160-177.

### Books

1. Hanold, M. (2018). *Women in Sports: A Reference Handbook*. Book in Contemporary World Issues in Gender and Ethnicity Series. Santa Barbara, CA: ABC-CLIO.
2. Hanold, M. (2012). *World Sports: A Reference Handbook*. Santa Barbara, CA: ABC-CLIO.

### Book Chapters

1. Hanold, M. (2025). Women's Sports Foundation. In *Women and Work: History, Issues, Trends*. Santa Barbara, CA: ABC-CLIO.
2. Hanold, M. (2025). Title IX: Advancing Opportunities for Women Working in Sport in Educational Institutions. In *Women and Work: History, Issues, Trends*. Santa Barbara, CA: ABC-CLIO.
3. Hanold, M. (2025). Women's Representation and Lived Experiences in the Sports Industry. In *Women and Work: History, Issues, Trends*. Santa Barbara, CA: ABC-CLIO.
4. Hanold, M. (2024). When 'Small Talk' becomes meaningful: The Concept of Encounter in Manager-Employee Relationships. In *Genderwashing in Leadership: Power, Policies, and Politics*. Emerald Publishing, UK.

5. Hanold, M. (2020). Focus group as a research technique for women's experiences. *Handbook for Research Methods on Gender and Management*. Edward Elgar Publishing. Cheltenham, UK.
6. McCormack, R. & Hanold, M. (2017). Becoming My Authentic Self: Training, Transitioning and Surgery in *Transgender Athletes in Competitive Sport*. Anderson, E. & Travers, A. (Eds). London: Routledge.
7. Stead, V., Elliott, C., Blevins-Knabe, B., Chan, E., Grove, K. C., Hanold, M. & Smith, A. (2016). Collaborative Theory-Building on Women's Leadership: An Exercise towards Responsible Leadership in *Theorizing Women and Leadership: New Insights and Contributions from Multiple Perspectives*. Storberg-Walker, J. & Haber-Curran, P. (Eds). Charlotte: Information Age Publishing.
8. Hanold, M. (2015). Ultrarunning: Space, Place and Social Experience in *Endurance Running: A Socio-Cultural Examination*. Bridel, W., Markula, P., & Denison, J. (Eds). London: Routledge.
9. Hanold, M. (2015). Behavioral leadership theory. In *Sports Leadership: A Concise Reference Guide*. Santa Barbara, CA: Mission Bell Media.
10. Hanold, M. (2015). Relational model of leadership. In *Sports Leadership: A Concise Reference Guide*. Santa Barbara, CA: Mission Bell Media.
11. Hanold, M. (2014). Leadership and management: Understanding the difference. In *Sport Leadership in the 21<sup>st</sup> Century*. Burlington, MA: Jones and Bartlett Learning.
12. Hanold, M. (2013). (De/re)constructing leading bodies: Developing critical attitudes and somaesthetic practices. *The Embodiment of Leadership*. Jossey-Bass/Wiley.

## Refereed Presentations

1. Hanold, M. (April 2025). *Training the Leadership Mind: Formative Feedback, Reflection, and the Practice of Dialogue*. Paper presented at Northwest Association of Sport in Higher Education (NASHE) Forum. Seattle, WA.
2. Hanold, M. (March/April 2025). *Teaching DEI in a Political Climate that Says You Can't*. Paper presented at the Alliance for Sport Business Annual Conference. Oklahoma City, OK.
3. Hanold, M. (October 2017). Group session: Authentic Leadership: Explorations and Interrogations. *Towards a New Model of Authentic Leadership*. Paper presented at the International Leadership Association's 19<sup>th</sup> Annual Conference. Brussels, Belgium.
4. Hanold, M. (October 2017). Group Session: Theory Building in Women's Leadership. *Relational Leadership and Dialogic Practice*. Paper presented at the International Leadership Association's 19<sup>th</sup> Annual Conference. Brussels, Belgium.
5. Hanold, M. (October, 2017). Invited participant, sport sector. 1<sup>st</sup> Women and Leadership Transatlantic Dialogue. Brussels, Belgium.
6. Hanold, M. (June 2017). Developing Leadership for Women in Sport Organizations. Paper to be presented at the Women's Leadership Affinity Group 3<sup>rd</sup> Biennial Conference. Rhinebeck, NY.
7. Stead, V., Elliott, C., Blevins-Knabe, B., Chan, E., Grove, K. C., Hanold, M. & Smith, A. (2016). Social media, gender inequality and the workplace. A paper presented at the Leadership Excellence and Gender Symposium at Purdue University. Lafayette, Indiana.
8. Hanold, M. (2015). Session Organizer and Presenter. On Becoming a Female Sport Leader: Insights and Experiences of Female Graduate Students, a presentation in a symposium titled 'Women's Paths to Sport

Leadership: Emerging, Continuing, and Developing as Leaders' at the International Leadership Association's 17th Annual Global Conference. Barcelona, Spain.

9. Hanold, M. (2015). Leadership and Sports: Get on the Team (Invited Panelist). Presented at the International Leadership Association's 17th Annual Global Conference. Barcelona, Spain.
10. [Seattle U student collaboration] Hanold, M., Logan, A., Stahl, V. & Ulrich, J. (June, 2015). The (Un)bearable Heaviness of Being Female in Sport Leadership. Symposium session (collection of 3 papers) presented at the Women and Leadership Affinity Group 2<sup>nd</sup> Annual conference. Pacific Grove, CA. Papers presented are original research by MSAL students Logan, A., Stahl, V. & Ulrich, J. Papers in symposium:
  - a. Female Athletic Trainers: (Non)movement Towards Head Athletic Trainer (Logan)
  - b. Exploring Cultural Capital Among Female DI Athletic Directors (Hanold, Norquist)
  - c. Leadership Identity Development for Women in Collegiate Athletic Administration (Stahl, Ulrich)
11. Stead, V., Elliott, C., Blevins-Knabe, B., Chan, E., Grove, K. C., Hanold, M. & Smith, A. (2014). Collaborative Theory-Building on Women's Leadership: An Exercise towards Responsible Leadership. Presented at The 13th International Studying Leadership Conference: Relevance and Rigour in Leadership Research and Practice. Copenhagen, Denmark.
12. Hanold, M. (2014). Limited (limiting) sport images: Leadership implications. Presented at the International Leadership Association's 16th Annual Global Conference. San Diego, CA.
13. Hanold, M. (2013). How Do You Know if You're an Ultrarunner?: Negotiating Meanings, Practices and Risk. Paper presented at the North American Sociology of Sport Conference. Quebec City, Canada
14. Hanold, M., Burgess, G., Burn, S., Holzmer, D., Lindsay, S., Melina, L. & Schuyler, K. (2013). The embodiment of leadership; The embodiment of resilience. Presented at the International Leadership Association's 15th Annual Global Conference. Montréal, Québec, Canada.
15. [Seattle U student collaboration] Lovelin, M. & Hanold, M. (2013). Leadership and Management: A Model for Female Sport Leaders. Paper presented at The International Leadership Association Women and Leadership Affinity Group Inaugural Conference. Pacific Grove, CA.
16. Hanold, M. (2012). Ultrarunning: Spatial Practices, Representations and Complex Notions of Health. Paper presented at the North American Sociology of Sport Conference. New Orleans, Louisiana.
17. Trail, G., Hanold, M., & Cuevas, K. (2012). Servant Leadership in Sport. Paper presented at the North American Society for Sport Management Conference. Seattle, Washington.
18. Hanold, M. (2010). Female ultrarunners and the production of perseverance, pleasure and competition. Paper presented at the North American Sociology of Sport Conference. San Diego, California.
19. Hanold, M. (2009). Ultrarunning Nutrition: Embodiment, Practice, and Philosophical Considerations. Paper presented at the Sport and Technology: Philosophical Dimensions Conference at Langara College, Vancouver, B.C.
20. Hanold, M. (2008). Body Experience, Physicality, and Leadership. Paper presented at the Spirit and Leadership Conference at Gonzaga University. Spokane, Washington.
21. Hanold, M. (2007). Ultrarunning: A Foucauldian Analysis of Body Experiences in High Performance. Paper presented at the North American Sociology of Sport Conference, Pittsburgh, PA.
22. Hanold, M. (2007). Foucault's Children: Theoretical Considerations of Ethical Coaching Practices. Paper presented at the Children, Sport, and Physical Culture Conference at the University of Western Ontario. New London, Ontario.

23. Hanold, M. (2006). Are Female Sport Experiences “Female?”: Challenging the Gender Binary. Paper presented at the North American Sociology of Sport Conference, Vancouver, B.C.

## RESEARCH & PROJECTS IN PROGRESS

### Refereed Articles

Hanold, M. (submitted- rejected). Bringing the Outside In: Project-based learning to address gender equity in workplaces. *The Journal for Business Education*.

### Book Chapters

Hanold, M. (accepted). Title IX. In S. Jones (Ed.), *Women and work: History, issues, trends*. ABC-CLIO.

Hanold, M. (accepted). Women in the Sport Industry. In S. Jones (Ed.), *Women and work: History, issues, trends*. ABC-CLIO.

Hanold, M. (accepted). Women’s Sports Foundation. In S. Jones (Ed.), *Women and work: History, issues, trends*. ABC-CLIO.

Hanold, M. and Welch, N. (accepted and submitted to series editors, 2024). Acquiring Workplace Skills Through Problem-based Learning. In *Contemporary Perspectives on Problem-Based Learning*.

## SERVICE TO SEATTLE UNIVERSITY

Program Review Committee, University  
2023-present

Term Faculty Standards, member [winter, spring 2025]

University Re-Imagine and Revise the Curriculum Coordinator, Department of Management  
Spring 2023 - Fall 2024

Women in Leadership, co-lead on course and certificate development for Professional Development [to be offered AY 2024-25]

Term Faculty Standards, Chair [task force]  
February-June 2024

Human Resource Management Certificate Committee, Lead [task force]  
AY 2023-24

Pigott 327 Reallocation of Space Committee [task force]  
Fall 2023

Department of Management Search Committee

2022, Member

Program Director, MSAL, MSBL and MBA in Sport and Entertainment Management  
2017-2022, Moved the Master in Sport Administration and Leadership program to the Albers School of Business and Economics, revised to the Master in Sport Business Leadership Program and subsequently to the MBA in Sport and Entertainment Management program.

Associate Director, MSAL Program  
2014-2017

MSBL Program Review Committee (Co-Chair) 2019-2020  
Led to significant revision and rebranding of the MSBL program to the MBA in Sport and Entertainment Management

Assurance of Learning Lead (MSBL and MBA SEM)  
2018-2023, 2025

Admissions (MSBL and MBA SEM)  
2016 to 2022

Seattle University Gender Equity Committee  
2019-2021, Chair  
2012-2018, Member

CAS Graduate Curriculum Committee  
2017-2018, Member

Department Senior Instructor Promotion Committee  
2018, Member

SU Running Club, Advisor  
(2017-2018)

Member of Assistantship, Internships and Student Workers  
2015- 2017

SU Athletics Engagement Task Force  
(2015-2016)

Center for the Study of Sport and Exercise Graduate Curriculum Committee  
(2015-2016)

Career Services Graduate Committee  
2013, Member

Center Graduate Curriculum Committee  
2009, Member

Dissertation Committee: Coping Strategies for Soccer Referees  
2010-2013, Member

Dissertation Committee: Leadership Development in DII Football  
2009-2010, Member

## PROFESSIONAL SERVICE

2024 SheJumps, Board Member, July 1 to present. [Outdoor play that transforms. SheJumps increases the participation of women and girls in outdoor activities. Partnering with nature, SheJumps creates educational outdoor experiences for girls and women that nurture growth and transformation.]

### Professional Development

- 2025 ARCS, Seattle University  
GenAI in Action: Practical Applications of AI Tools for Teaching and Learning, Harvard Business Publishing Education webinar  
Finding Your Best, Finding Mastery Leadership online course
- 2024 RRC Summit, Seattle University  
Workshop on Sustainability Outcomes and Assignment Design  
Equitable and Effective Education: Improving Access through Universal Design and High Impact Practices  
Teaching Interdisciplinary Case Studies: Technology, Media, and Racial Justice
- 2023 Constructive Alignment Workshop, Center for Faculty Development, Seattle University  
Learning Outcomes-Curricular Design on a Firm Footing, Center for Faculty Development, Seattle University  
Ignatian Pedagogy, Experiential Learning and Universal Design, RRC Fellows, Seattle University  
Storytelling in the Age of AI: Strategies for a New Era, Cornell University
- 2022 RRC Summit, Seattle University  
Racial and Economic Injustice Fellows Working Group Session, Seattle University  
Technology and Social Impact Fellows Working Group Session, Seattle University
- 2021 Diversity and Inclusion for HR Certificate, Cornell University
- 2021 TILT [Transparency in Learning and Teaching] Workshop, Seattle University
- 2018 Teaching in the Jesuit Tradition, Seattle University
- 2015 Course Design at The Center for Digital Learning and Innovation, Seattle University

### Ad hoc reviewing

2025  
*Gender & Society (1)*  
*Diversity and Inclusion for Sport Organizations, George Cunningham, reviewed entire book for consideration of a 6<sup>th</sup> edition.*

2024

*International Review for the Sociology of Sport* (2)  
*Gender in Management: an International Journal* (1)  
*Gender & Society* (1)  
*Human Resource Development International* (1)

2023

*International Review for the Sociology of Sport* (2)  
*Human Resource Development International* (1)

2022

*International Review for the Sociology of Sport* (2)  
*Gender in Management: an International Journal* (1)

2021

*International Review for the Sociology of Sport* (1)  
*Gender in Management: an International Journal* (1)  
*Sport in Society* (1)  
*Qualitative research in sport, exercise and health* (1)

2020

*Sport in Society* (2)  
*Gender in Management: an International Journal* (1)  
*Social Forces* (1)  
*Qualitative research in sport, exercise and health* (1)

2019

*Human Resource Development International* (1)  
*International Review for the Sociology of Sport* (1)

2018

*International Journal of Sport Communications* (1)  
*Gender in Management: an International Journal* (1)

2017

*Journal of Sport Management* (1)  
*Human Resource Development International* (1)  
*Gender in Management: an International Journal* (1)  
Reviewer for Research Council KU Leuven  
*Transcending quests for 'authentic' human experience: An interdisciplinary comparison of endurance walking and running.* Researcher: Jeroen Scheerder

2016

*University Forum for Human Resource Development  
Leadership, Diversity and Changing Practices in HRD in a Global Context  
17<sup>th</sup> Annual Conference on Human Resource Development Research and Practice Across  
Europe, Manchester, UK*

2015



*International Review for the Sociology of Sport* (2)

2014

*International Review for the Sociology of Sport* (1)

2013

*Qualitative Research in Sport, Exercise and Health* (1)

*International review for the Sociology of Sport* (2)

*Journal of Intercollegiate Sport* (1)

**Consulting**

*Cascade Bicycle Club (Fall 2024)*

Conducted a review of CBC's performance management process, making suggestions for significant process improvements. Created and facilitated an unconscious bias training specific to the performance review process for both managers and employee awareness. Seattle, WA.

*Executive Form Consulting (2024- present)*

Serve as diversity, equity and inclusion expert for development of large scale DEI consulting proposals.

*Jim Morris Consulting (2024- present)*

Serve as Senior Consultant to Jim Morris Consulting, which offers equity and inclusion workshops and training for companies.

*Delta Dental of Washington & The Acora Foundation (2022)*

Workplace Inclusion Workshop, Created and facilitated six workshops for Delta Dental of Washington and Arcora Foundation. The workshop focused on inclusion elements for high performing teams as well as how unconscious bias shows up in the workplace and what individuals can do to reduce bias in their daily actions.

*Fresh Consulting (2021)*

All Hands meeting, Inclusion and Innovation Workshop for all hands company meeting. The workshop focused on how unconscious bias shows up in the workplace and steps individuals can take to interrupt bias.

*Fresh Consulting (2021)*

Manager Inclusion Q&A post Inclusion and Innovation Workshop

*Rad Powerbikes (2020-2021)*

Unconscious Bias Training, Build awareness of the stereotypes, prejudices and unconscious bias that may influence behavior in workgroups. Learn strategies for reducing and responding to unconscious bias at the individual level.

*Synapse (2019)*

Diversity, Inclusion and Innovation, The workshop focused on why innovation depends on diversity, what gets in the way, and how to develop specific skills that help individuals and groups shift to more inclusive workplaces.

*Stevens Pass Ski Area (2016)*

Diversity and Inclusion Workshops, how to create high performing organizational culture through specific practices and behaviors for both employees and customer experiences.

**Invited speaker**

*Infinity Club*

Panelist for the annual gathering of the Infinity Club at Seattle University. The club offers a safe space for neurodistinct individuals to share experiences and find support. Insights I offered were related to teaching equity and inclusion, specifically around neurodiversity in workplaces, and as a mom of a neurodiverse son. (April 2025).

*Sport Fans and Fan Culture: Implications for Leadership*

Invited speaker on the changing landscape of fan engagement in sport and implications for leading sport organizations as well as implications for leadership in general. Christopher Newport University. Newport News, VA. (Virtual, September 2024)

*Today's Sport Fans: Implications for Sport Leaders*

Invited speaker on the changing landscape of fan engagement in sport and implications for leading sport organizations. Christopher Newport University. Newport News, VA. (Virtual, September 2023)

*Sustainable Excellence*

Invited speaker for Sunriver Rotary Club monthly meeting. Presentation on how skills learned through my Olympic journey translated into skills in developing the MBA in Sport and Entertainment Management program at Seattle University. (April 2023)

*Sustainable Excellence*

Invited speaker for Windemere Central Oregon's annual retreat. Presentation on how skills learned through my Olympic journey translated into skills in developing the MBA in Sport and Entertainment Management program at Seattle University. (February 2023)

*Title IX: History and Impact*

Invited speaker for Sounders, FC to discuss the history and impact of Title IX. (Virtual, June 2022)

*Women and Sport Leadership*

Invited speaker on the ways women in sport leadership navigate the sport sector and perceptions of what leads to success. Christopher Newport University. Newport News, VA. (May 2018)

*Sport and Leadership*

Invited speaker on two topics: (1) Sport Media and Why it Matters, (2) Sport Experiences and Leadership Lessons. Guest lecturer for Leadership in Sport Course. Christopher Newport University. Newport News, VA. (Sept. 19 & 21, 2017).

*Olympic Games and Peace*

Invited speaker on how sports can benefit our society and help peaceful coexistence and plan to introduce people from an early age to the value of fair competition in sports as a means to form responsible citizen. Skype Presentation to St. Lawrence High School in association with the alumni association, St. Lawrence Old Boys' Association (SLOBA). Kalkata, India. (Virtual, June 23, 2017).

*Collegiate Athletics: The Changing Student-Athlete*

Invited panelist to speak to undergraduate and graduate sport business students. Sport Business Summit hosted by Central Washington University. Federal Way, WA. (February, 2017)

*Graduate School for Advancing a Career in Sport*

Invited panelist representing the role of graduate school for working in sport at the 3<sup>rd</sup> Annual Storm into Sports Career Fair hosted by Seattle Storm. Seattle, WA. (June, 2016)

*Lifestyle Sports, New Technologies & the Changing Sport-Media Relationship*

Invited speaker for the Seattle University 2016 Alumni Series, Sports, Media and American Culture. Seattle University, Seattle, WA (May, 2016)

*Developing Sport Leadership through Embodiment*

LUMS Academy for Women, Diversity and Leadership Invited Speaker at Lancaster University Management School in association with LUMS Academy for Women, Diversity and Leadership. Lancaster, United Kingdom. (February, 2016)

*Seattle University Psi Chi Career Night*

Invited panel speaker to talk about how psychology plays into my own career as a professor as well as psychology as a major towards a career in sports. (February, 2017, 2016)

*Women and Representation in the Film/TV Media*

Invited Chair at the International Leadership Association's 17th Annual Global Conference. Barcelona, Spain. (October, 2015)

*Generation iY*

Invited guest speaker for Seattle University's Athletic department. Who is generation iY, what do they need and how can we communicate with them effectively. (September, 2015)

*Leadership*

Invited guest speaker for the Management Training Program for Seattle University's Campus Recreation student staff. (April 2015)

*Sport Business*

Accompanied Dr. Trail to speak to Edmonds Woodway High School's DECA club about sport business, job opportunities and career paths to working in the sport industry. (April 2015)

*Graduate School for Advancing a Career in Sport*

Invited panelist representing the role of graduate school for working in sport at the 2<sup>nd</sup> Annual Women in Sports Career Seminar hosted by GNAC. Portland, OR. (2015)

*The Challenges and Opportunities for Women Working in Sport*

Closing speaker for the 1<sup>st</sup> Annual Women in Sports Career Seminar hosted by GNAC. Seattle, WA. (2014)

*Sports Psychology- Competition Preparation*

Invited speaker on how to engage the tools of self-talk and imagery and develop competition plans using those concepts. Guest speaker for the Rat City All-Stars, Seattle roller derby traveling team. (2013)

*Sports Psychology*

Discussed my personal story and success with mental training with respect to my preparation for the 1992 Olympic Trials and Olympic Games. Then, gave specific steps young athletes could take in their daily training to improve their performances and enjoyment of sport in order to avoid burnout. Guest speaker at The Wellness Fair, The Overlake School, Redmond, WA. (2008)

*Sportsmanship*

Discussed sportsmanship in terms of the meaning of competition and Huizinga's concept of play. Guest presenter for the Inaugural Billy Richardson Sportsmanship Award, Christ Church Episcopal School, Greenville, SC. (2006)

## OTHER PROJECTS

2024 Featured in Seattle University's 'Good Reads: Summertime Edition'  
<https://www.seattleu.edu/newsroom/2024/good-reads-summertime-edition.php>

2023 *Equity in Action: A New Paradigm for Increasing Equity in Organizations* | co-authored with Jim Morris, This document is based on data collected over 15 years of doing DEI work in organizations across many different industries. The guide lays out an actionable framework for engaging and supporting DEI through equitable practices, workplace policies and organizational activities. The guide serves as the basis for Jim Morris Consulting's 2 ½ day workshop titled, Equity in Action Executive Accelerator.

2018 Men's Health | Angry men in rec coed sports | quoted regarding the exclusive sport environments that hyper masculinity creates, especially with respect to transgender recreational athletes

2016 Finding the Trail | ultrarunning documentary | I was interviewed and filmed regarding the ultrarunning community and the ways they create social space and engage in both in/exclusive practices

2016 Gino Delmas | French Journalist | interviewed regarding the collective communities emerging in distance running

2016 Jonathan Baines | UK Graduate student | provided insights and advice regarding his master's thesis on ultrarunning

2016 Amy Bergstrom | Manager of Student Programs at University of Washington | Consulted on resources for developing Empathy for Student led workshop on developing empathy

2015 Gran Trail | French Book on Ultrarunning | Provided socio-cultural background on 'Who are ultrarunners? Listed as an official contributor to the book, quoted extensively.

2015 Pacific Magazine | Article on Ultrarunning | Provided socio-cultural background and critical perspectives on participation in ultrarunning

- 2009 PNAIS Accreditation Team Park City, UT  
Visiting team member for The Winter Sports School
- 2006-2007 *Self-Study Coordinator for PNAIS accreditation*  
The Overlake School Redmond, WA
- 2005 *Site Coordinator for the PNAIS All Schools Conference*
- 2005-2008 Woodinville Montessori School, Trustee
- 1986-1988 US Canoe and Kayak Team, *Athlete Representative to US Canoe and Kayak (NGB)*
- 1984-1987 American Canoe Association, *Northwest Regional Representative*

## COACHING

- 2002-2004 *Middle School Cross Country Coach*, The Overlake School, Redmond, WA
- 1996 *Head Coach*, US Canoe and Kayak Slalom Junior National Team
- 1995 *Assistant Head Coach*, US Canoe and Kayak Slalom Junior National Team
- 1995-1997 *Personal Coach*, Seattle, WA

## SPORT AND SPORT INDUSTRY EXPERIENCE

- 1992 US Olympian, Whitewater Slalom
- 1984- 1992 US Canoe and Kayak Team member
- 1986-1989 The Swallow's Nest, seasonal Sea Kayak Instructor and Ski Mechanic

## AWARDS, HONORS, COMMENDATIONS

- 2013 *The Embodiment of Leadership*. Melina, L. (ed.) Jossey-Bass/Wiley. [chapter Hanold, M. (De/re)constructing leading bodies: Developing critical attitudes and somaesthetic practices.] Nominated for the USD Department of Leadership Studies Outstanding Book Award
- 2008 Visionary Leadership Award, Seattle University
- 2006-2008 Kreuger Scholar, Seattle University
- 2005 Most innovative curriculum commendation, Department Audit, The Overlake School
- 1998 Christ Church Episcopal School Sports Hall of Fame, Inductee