# CECANIA ALEXANDER

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### **QUALIFICATIONS**

- MSW graduate (University of Washington 2021)
- Licensed Independent Clinical Social Worker LICSW (License #LW.61496265)
- Four years experience in direct clinical setting as therapist
- Two years experience as Field Instructor/Supervisor for UW MSW clinicians
- Three years experience in Community Mental Health/Medical Social Work
- One-time guest lecturer at University of Washington, MSW program
- Experience working clinically and with cultural humility with adults, youth, seniors, transgender patients/clients, queer patients/clients, BIPOC patients/clients, low income patients/clients, immigrants and refugees and patients/clients of varying diverse identities

#### RELEVANT EXPERIENCE

MEND Seattle. August 2020 - present.

Role: Clinical Supervisor, September 2022-present.

Responsibilities: 1) Hold weekly one-on-one and dual clinical supervision meetings with University of Washington Master of Social Work Advanced Practicum students. 2) Train, advise, coach and educate interns on assessments, interventions, treatment plans, clinical documentation, code of ethics, organization procedures and career coaching. 3) Attend bi-monthly supervisor meetings with clinical director and fellow clinical supervisors to strategize internship program and intern needs.

Role: Staff Therapist, August 2021-present. Responsibilities: 1) Hold one-on-one weekly therapy sessions and enact interventions, referrals, and treatments as needed. 2) Complete all billing, documentation, and intake assessments for caseload including all scheduling and client communications. 3) Mentor current intern therapists weekly. 4) Co-lead the organization's Social Media and Marketing team.

Role: Intern Therapist, August 2020-July 2021. Responsibilities: 1) Hold one-on-one weekly therapy sessions. 2) Complete all billing, documentation, and intake assessments for caseload including all scheduling and client communications. 3) Attend training on Intersectional Feminism weekly.

Seattle Roots Community Health Centers (formerly Country Doctor and Carolyn Downs Medical Centers). Seattle, WA. May 2022 - present.

Role: Licensed Social Worker, Behavioral Health, February 2024 - present

Role: Behavioral Health Care Coordinator May 2022 - February 2024

Responsibilities: 1) Conduct intake assessments 2) Provide immediate intervention for patients in crisis and urgent need 3) Provide short term case management for clients including resource connection, assistance with housing/food security/transportation/insurance needs 4) Provide short term bridge counseling sessions with patients as needed 4) Conduct assessments and write letters of support for patients needing letters of support for gender care 4) Manage all

internal behavioral health referrals 5) Engage meaningfully with patients with diverse identities, primarily those who are uninsured, on Medicare and Medicaid

Sound (formerly Sound Mental Health). Seattle, WA. August 2019 - June 2020. Role: Intern in Wraparound with Intensive Services (WISe) program. Responsibilities: 1) Interacted with high needs youth ages 0-21 in various programming roles. 2) Visited schools as one-on-one support for program participants and held individual therapy sessions in-school. 3) Participated in case consults with the clinical and family support teams. 4) Worked professionally and with clients and families of diverse identities, cultures and socioeconomic backgrounds.

Seattle Audubon Society. Seattle, WA. October 2015 - August 2018.

Role: On-Site Coordinator, June - August 2018. Responsibilities: 1) Supervised and cared for youths ages 5-18. 2) Implemented new programming in diverse and low income area, providing subsidized/free tuition.

Role: Finding Urban Nature Contractor, March - May 2018. Responsibilities: 1) Taught urban nature environmental lessons to 3rd graders in Seattle Public Schools. 2) Trained volunteers in organization/Seattle Public Schools standards.

Role: Environmental Education Coordinator as Americorps Washington Service Corps member. October 2015 - September 2016. Responsibilities: 1) Coordinated and trained volunteers on environmental lessons. 2) Designed, coordinated, advertised, scheduled, and led a diverse teen nature program focusing on providing community benefits of nature groups to youth.

Arkansas Children's Hospital. Arkansas City, Arkansas. January-March 2015. Role: Intern in the Child Life Department as Americorps NCCC member. Responsibilities: 1) Addressed the emotional, social, educational and recreational needs of hospitalized children under supervision and shadowing of social work team. 2) Utilized play and conversation in one-on-one settings to assist in emotional and physical healing. 3) Received award of Corps Member of the Round for successful work with patients.

#### RELEVANT VOLUNTEER EXPERIENCE

Kline Galland Home. Seattle, WA. November 2018 - March 2020.

Role: Volunteer. Responsibilities: 1) Weekly caretaker and visitor for several patients, including quadriplegic patient with MS and several patients in intensive memory care ward. 2) Aided in implementing community building activities for seniors in care facility.

## **EDUCATION**

Master of Social Work, University of Washington. Seattle, WA. Graduated 2021. Bachelor of Arts, University of Victoria. Victoria, B.C. Canada. Graduated 2014.