

WHAT YOU NEED TO KNOW ABOUT NALOXONE

Naloxone is the most effective tool to reverse opioid overdoses. Anyone can get, carry, and use Narcan - you don't need any special training.

HOW TO SPOT AN OPIOID OVERDOSE

Identify the signs

- Inability to wake up
- Breathing very slowly or not at all
- Turning blue, gray, or purple
- Looks ashen or feels cold to the touch

If you see signs of an overdose:

- Call 911
- Give naloxone every 2-3 minutes
- Give a rescue breath every 5 seconds, until they wake up or until help arrives

WHERE CAN I GET NALOXONE?

Seattle University students:

- Student Health Center (BELL 108)
- Wellness & Health Promotion (STCN 380)
- All Automated External Defibrillator (AED) kits on campus

In Washington:

- Order free naloxone by mail at:
<https://phra.org/naloxone>
<https://www.getnaloxonenow.org>

HOW TO ADMINISTER NALOXONE NASAL SPRAY

1. Lay the person on their back.
2. Open the packaging.
DO NOT do a test spray - the canister only has one dose.
3. Hold the canister, as pictured.
4. Insert the nozzle into either nostril.
Your fingers should touch their nose.
5. Press the plunger all the way.
Naloxone starts working within 2-3 minutes.

