

HEALTH INSURANCE WORKSHEET

What is the yearly deductible?		
Is there a co-insurance? (% of cost)	☐ Yes ☐ No	(If yes, % of cost)
What is the maximum out of pocket per year?		
What are copays for appointments?		
Copay for the emergency room		
Copay for urgent care		
What are copays for prescription medications?		
Is Seattle considered out of area and only emergency care?	☐ Yes ☐ No	
Can I access outpatient mental health treatment, such as counseling, in Seattle?	☐ Yes ☐ No	(If yes, what portion of cost?)
Prior authorization or referral needed for any services?		
How can I find a list or database of providers that are "in-network?"		
What is my dental coverage? Same insurance?		
What is my vision coverage? Same insurance?		
If I need care, where will I go that is in-network?		
Pharmacy		
Urgent care		
Emergency room		