

INTRODUCTION

Dear Seattle University Community,

I am pleased to share the Student & Campus Life Annual Report for the 2024–25 academic year. Guided by Seattle University's Jesuit and Catholic mission, our team worked to create an outstanding student experience through signature programs, holistic wellness support, meaningful employment opportunities, and connections that extend learning beyond the classroom. This year, we focused on four priorities:

- **Mission** Our Jesuit Catholic tradition shaped every aspect of our work. From professional formation through campus employment to developing student leaders, we supported students as whole people—preparing them to be engaged citizens who are for and with others.
- Partnerships Collaboration with colleagues across campus made possible a seamless student experience. Together, we enhanced programs, advanced traditions, and prepared for our integration with Cornish College of the Arts, extending the Redhawk experience to new students.
- **Health & Wellness** By uniting counseling, health, and wellness services, we expanded our ability to care for the whole student. Students who engaged with our providers reported meaningful improvements in their wellbeing, strengthening both their safety and their persistence.
- **Community** Belonging was at the heart of student life. Through clubs and organizations, the Redhawk Residential Experience, University Recreation, leadership and employment opportunities, and our many events and traditions, students found connection, joy, and spirit.

In alignment with Goal 3 of Reigniting Our Strategic Directions, this report highlights how Student & Campus Life advanced the student experience in creative, collaborative, and mission-driven ways. As we look ahead to 2025–26, we are excited to build on this momentum with new initiatives and enhancements.

I am grateful to our students, staff, and campus partners for co-creating a vibrant Seattle University experience.

Sincerely,

James Willette, Ph.D.

Vice Provost, Student & Campus Life





TOTAL STUDENT CONTACTS

Student & Campus Life departments engaged with students more than 50k* times through our programs, services, events, and facilities.

STUDENT & CAMPUS LIFE

MISSION

JESUIT & CATHOLIC TRADITION

The team engaged in a year-long series on the Ignatian tradition in collaboration with Mission Integration this year to refresh our understanding and deepen our ability to keep our Jesuit and Catholic heritage is alive for students. Two examples of our principles in action:

25
number of conflicts
Integrity Formation
helped to resolve

- Integrity Formation integrates Jesuit and Catholic values into the Code of Student Conduct by foregrounding each student's holistic identity in meetings and integration of non-adjudicative resolution options for resolving concerns. Each student receives individualized support through motivational interviewing techniques to promote reflection.
- Student & Campus Life and Student Success received a grant from the **Endowed Mission Fund** to hold an in-service on Trauma- and Resilience-Informed Practices in
 Academic & Student Affairs with Dr. Shannon Davidson. Sixty-five colleagues attended the session.
- The Director of CAPS secured a \$250,000 **Kaiser Mental Health Workforce Accelerator Grant** which benefitted the Social Work Department. This allowed SU to increase the number of qualified mental health professionals and enhance diversity, equity, and inclusion in patient facing mental health positions.

PARTNERSHIP SPOTLIGHTS

- Athletics: Student & Campus Life sponsored cohort game nights to build community and boost game attendance.
- Advancement & University Events: Center for Student Involvement and Parent & Family Engagement co-lead the planning of Homecoming and Family Weekend.
- **Communication and Media Faculty:** Collaborated to operationalize a new model for supporting *The Spectator* and hire their new advisor.
- **Kinesiology Faculty:** The Dean of Students Office was happy to host kinesiology students in the food pantry as part of their professional ethics & standards class.
- **Provost's Office:** Housing & Residence Life collaborates with the Director of the Core and First-Year experience to support programming for first-year residents.
- **Social Work Faculty:** The MOSAIC Center worked with faculty to offer a Trans Solidarity Workshop.
- And many more!!!

STUDENT & CAMPUS LIFE

WELLBEING

HEALTH & WELLNESS

Supporting students' holistic health continues to be a top priority. Enhancing student wellbeing both supports their ability to complete their education, and sets the foundation for a healthier life after graduation.

58.6%
of students used a
Redhawk Wellness
Network clinical
service

Early in the academic year, Counseling & Psychological services (CAPS), the Student Health Center, and Wellness & Health Promotion were brought together under one umbrella to provide greater coordination.

CAPS implemented a new pre- and post-treatment assessment which demonstrated that students who visited them in the first half of 2025 experienced a decrease in all self-reported symptoms: 65% decrease in suicide ideation scores, 26% decrease in depression scores, 28% decrease in alcohol use.

8693
student contacts
through the Redhawk
Wellness Network

Consultation with peers bridges the gap between clinical services and programming. Housing and Residence Life's Hawk Talks and the Health & Wellness Crew (HAWC) are two examples of how students support peers.

PROACTIVE EDUCATION

Programming through the year engaged students on a wide range of themes. A sample of topics covered across the team includes:

- Alcohol
- Anxiety
- Body Positivity
- Cannabis

- Consent
- First Aid
- Food Justice
- Healthy Relationships
- Naloxone Training
- Self-Care
- Stalking Awareness
- Stress Reduction

The team created increased educational opportunities for faculty and staff on topics including Mental Health First Aid and a collaboration with the community agency, Forefront to provide suicide prevention training.

STUDENT & CAMPUS LIFE

COMMUNITY

CONNECTION

11.806 visits to the Links

Students find community in the residence halls, links, student groups, and a myriad of programs. Just a few examples of programs include outdoor trips, involvement fairs, the Rooted Retreat, and the Connections Leadership Program + for students or color and firstgeneration students. Creating spaces and experiences for students to be their most authentic selves is one way we build belonging.

KXSU modeled mission integration with connection by adapting an Ignatian framework for decision-making for their work. From selecting in studio performances to priorities for underwriting, the team uses the model together. They also won two Intercollegiate Broadcasting System awards this year - Best Social Media Account & Best Show Intro.

As one of the largest campus employers, many students find community as members in our departments through intentional development of the student employee experience. As one student shared,

I thought about transferring and then I got hired here and found a place.

FUN & SPIRIT

Although fun is infused throughout Student & Campus Life, two strategic initiatives (RSD Goal 3) elevated campus spirit. Rudy's Birthday week, culminating in a party to celebrate turning 25, was a new initiative and a partnership between Center for Student Involvement, Athletics, and the Student Events and Activities Council (SEAC). With over 200 attendees at Rudy's birthday party, we look forward to growing this new tradition.

participaing in something fun

increase in student participation in Homecoming events

Homecoming saw a significant increase in participation with greater production value to events overall and new traditions added to the schedule. S'morescoming, the annual kick off to Homecoming with marshmallow toasting in the Quad. This year we added a Pep Rally featuring the men's basketball team and a performance by our Spirit Squad. Over 360 students attended.



IN STUDENTS' OWN WORDS

...thank you for speaking with me. I was a little emotional and embarrassed about my situation. And the conversation with you was so easy, thank you...

[The MOSAIC Center] to me was home. In a time in which I didn't know where I was at socially with others, I found friends and connections with new people that made me feel like I truly belonged. MOSAIC was a place that let me truly be myself, learn, and grow with others.

I appreciate everything you and the [Housing & Residence Life] team do to make campus feel like a home away from home for me!