

RACHEL GOLDSMITH TUROW, PH.D.

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PSYCHOLOGIST

Licensed clinical psychologist, educator, and research scientist leading prevention and intervention initiatives, assessments, and psychotherapeutic treatments for individuals impacted by trauma, anxiety disorders, mood disorders, physical health problems, and suicide, and for their family members. Cultivates interdisciplinary collaborations, innovative research programs, and engaging presentations. Incorporates and contributes to psychological literature, with a range of peer-reviewed articles and the book *Mindfulness Skills for Trauma and PTSD: Practices for Recovery and Resilience* (Norton).

FACULTY POSITIONS

7/2017-present	Adjunct Faculty, Psychology Department, Seattle University, Seattle, WA
1/2017-6/2017	Adjunct Faculty, College of Education, Seattle University, Seattle, WA
6/2012-present	Adjunct Assistant Professor, Department of Population Health Science and Policy, Icahn School of Medicine at Mount Sinai, New York, NY
7/2010-7/2012	Assistant Professor, Department of Behavioral Sciences, Rush University Medical Center, Chicago, IL
8/2009-8/2010	Visiting Assistant Professor, Clinical Psychology, Reed College, Portland, OR

EDUCATION

8/2008-8/2009	Clinical Psychology Internship (APA-accredited), Portland Veterans Affairs Medical Center, Portland, OR
7/2006-8/2008	Postdoctoral Fellowship, Behavioral Medicine Program, Department of Oncological Sciences, Mount Sinai Medical Center, New York, NY
9/2000-9/2004	Ph.D. in Clinical Psychology, University of Oregon, Eugene, OR
9/2001	M.S. in Clinical Psychology, University of Oregon, Eugene, OR
6/1998	B.A., magna cum laude, in Music, Carleton College, Northfield, MN

CLINICAL POSITIONS

8/2017-present	Clinical Associate, Seattle Psychology, Seattle, WA
5/2014-11/2016	Clinical Psychologist, Counseling and Psychological Services, Seattle University, Seattle, WA

- 7/2010-7/2012 Assistant Profesor and Clinical Psychologist, Department of Behavioral Sciences, Rush University Medical Center, Chicago, IL
- 8/2008-8/2009 Psychology Intern, Portland Veterans Affairs Medical Center, Portland, OR; Clinical rotations: Mental Health Clinic; Psychotic Spectrum Disorders; PTSD
- 8/2007-8/2008 Therapist, Looking Forward – Living Fully After Transplant, Mount Sinai School of Medicine, New York, NY
- 12/2004-9/2005 Clinical Interviewer, Police Stress & Health Program, University of California, San Francisco (New York Office), New York, NY
- 9/2003-6/2004 Clinic Coordinator, University of Oregon Psychology Clinic, University of Oregon, Eugene, OR
- 9/2003-3/2004 Testing Assessment Specialist, University Counseling and Testing Center, University of Oregon, Eugene, OR
- 9/2003-6/2004 Therapist, Center for Community Counseling, Eugene, OR
- 9/2002-6/2003 Cognitive Behavior Therapist, Psychology Clinic, University of Oregon, Eugene, OR
- 6/2002-8/2002 Child Assessor, Oregon Social Learning Center, Eugene, OR
- 9/2001-6/2002 Child and Family Therapist, University of Oregon, Child and Family Center, Eugene, OR
- 10/1999-5/2000 Psychometrician, Neuropsychology Service, Department of Neurology, Stanford University Medical Center, Palo Alto, CA
- 9/1998-10/2009 Project Assistant, Clinical Services Research, Division of Psychosocial Medicine, Department of Psychiatry, San Francisco General Hospital/UCSF, San Francisco, CA

ADDITIONAL TEACHING POSITIONS

- 6/2002-7/2002 Co-Instructor, Psychology of Trauma, Psychology 410, University of Oregon, Eugene, OR
- 9/2001-6/2002 Graduate Teaching Fellow, Mind and Society, Psychology 202, and Mind and Brain, Psychology 201, University of Oregon, Eugene, OR
- 9/1997-12/1997 Teaching Assistant, Psychology 110 (Introductory Psychology), Carleton College, Northfield, MN
- 9/1996-6/1998 Writing Tutor, The Writing Program, Carleton College

PUBLICATIONS

- Schnur, J. B., Dillon, M. J., **Goldsmith, R. E.**, Montgomery, G. H. (2018). Cancer treatment experiences among survivors of childhood sexual abuse: A qualitative investigation of triggers and reactions to cumulative trauma. *Palliative & Supportive Care*, 6(6), 767-776.
- Goldsmith Turow, R. E.** (2017). *Mindfulness Skills for Trauma and PTSD: Practices for Recovery and Resilience*. New York: Norton Professional Books.
- Kefeli, M. C., **Goldsmith Turow, R.**, Yildirim, A., & Boysan, M. (2017). Childhood maltreatment is associated with attachment insecurities, dissociation and alexithymia in bipolar disorder. *Psychiatry Research*, 260, 391-399.
- Barlow, M. R., **Goldsmith Turow, R. E.**, & Gerhart, J. (2017). Trauma appraisals, emotion regulation difficulties, and self-compassion predict posttraumatic stress symptoms following childhood abuse. *Child Abuse & Neglect*, 65, 37-47.
- McDonnell, G. A., Sucala, M., **Goldsmith, R. E.**, Montgomery, G. H., & Schnur, J. B. (2017). Cancer victim identity for individuals with histories of cancer and childhood sexual abuse. *Journal of Rational-Emotive and Cognitive-Behavioral Therapy*, 25(4), 402-412.
- Schnur, J. B., Dillon, M. J., **Goldsmith, R. E.**, Green, S., & Montgomery, G. H. (2017). Cancer treatment experiences among survivors of childhood sexual abuse: A qualitative investigation of triggers and reactions to cumulative trauma. *Palliative and Supportive Care*, 1-10.
- Schnur, J. B., Chaplin, W. F., Khurshid, K., Mogavero, J. N., **Goldsmith, R. E.**, Lee, Y. S., Litman, L., Montgomery, G. H. (2017). Development of the Healthcare Triggering Questionnaire in Adult Sexual Abuse Survivors. *Psychological Trauma: Theory, Research, Practice, and Policy* [epub ahead of print].
- Goldsmith, R. E.**, Gerhart, J. I., Chesney, S. A., Burns, J. W., Kleinman, B., & Hood, M. M. (2014). Mindfulness-based stress reduction for posttraumatic stress symptoms: Building acceptance and decreasing shame. *Journal of Evidence-Based Complementary and Alternative Medicine*, 19, 227-234.
- Goldsmith, R. E.**, Martin, C., & Smith, C. P. (2014). Systemic trauma. *Journal of Trauma and Dissociation*, 15, 117-132.
- Barlow, M. R., & **Goldsmith, R. E.** (2014). Childhood trauma and active mental processes: Dissociation and metacognition influence control of negative thoughts. *Journal of Child and Adolescent Trauma*, 7, 131-140.
- Goldsmith, R. E.**, Chesney, S. A., Heath, N. M., & Barlow, M. R. (2013). Emotion regulation difficulties mediate associations between betrayal trauma and symptoms of posttraumatic stress, depression, and anxiety. *Journal of Traumatic Stress*, 26, 376-384.
- Heath, N. M., Chesney, S. A., Gerhart, J. I., **Goldsmith, R. E.**, Luborsky, J. L., Stevens, N. R., Hobfoll, S. E. (2013). Interpersonal violence, PTSD, and inflammation: Potential psychogenic pathways to higher C-reactive protein levels. *Cytokine*, 63, 172-178.
- Stevens, N.R., Gerhart, J., **Goldsmith, R.E.**, Heath, N.M., Chesney, S.A., & Hobfoll, S.E. (2013).

Emotion regulation difficulties, low social support, and interpersonal violence mediate the link between childhood abuse and posttraumatic stress symptoms. *Behavior Therapy*, *44*, 152-161.

Goldsmith, R. E., Feygina, I., & Jost, J. T. (2013). The gender gap in environmental attitudes: A system justification perspective. In: M. Alston & K. Whittenbury (Eds.). *Research, Action, and Policy: Addressing the Gendered Impacts of Climate Change* (pp. 159-171). New York: Springer.

Goldsmith, R. E., Freyd, J. J., & DePrince, A. P. (2012). Betrayal trauma: Associations with psychological and physical symptoms in young adults. *Journal of Interpersonal Violence*, *27*, 547-567.

Rini, C., Jandorf, L., **Goldsmith, R. E.**, Manne, S., Harpaz, I., & Itzkowitz, S. (2011). Interpersonal influences on patients' surgical decision making: The role of close others. *Journal of Behavioral Medicine*, *34*, 396-407.

Schnur, J. B., & **Goldsmith, R. E.** (2011). Through her eyes. *Journal of Clinical Oncology*, *29*, 4054-4056.

Feygina, I., Jost, J. T., & **Goldsmith, R. E.** (2011). Justificación del Sistema y negación de los problemas ambientales. Prospecto para un cambio "avalado por el Sistema." *Psicología Política*, *43*, 39-64. [Translation of Feygina, Jost, & Goldsmith, 2010].

Goldsmith, R. E., Jandorf, L., Valdimarsdottir, H., Amend, K. L., Stoudt, B. G., Rini, C., Hershman, D., Neugut, A., Reilly, J. J., Tartter, P. I., Feldman, S. M., Ambrosone, C. B., & Bovbjerg, D. H. (2010). Traumatic stress symptoms and breast cancer: The role of childhood abuse. *Child Abuse & Neglect*, *34*, 465-470.

Cromer, L. D., & **Goldsmith, R. E.** (2010). Child sexual abuse myths: Attitudes, beliefs and individual differences. *Journal of Child Sexual Abuse*, *19*, 618-47.

Feygina, I., Jost, J. T., & **Goldsmith, R. E.** (2010). System justification, the denial of global warming, and the possibility of "system-sanctioned change." *Personality and Social Psychology Bulletin*, *36*, 326-338.

Feygina, I., **Goldsmith, R. E.**, & Jost, J. (2010). System justification and the denial of global warming: Challenges for overcoming addiction to the status quo. In R. R. Hassin, K. Ochsner, & Y. Trope (Eds.), *Self Control in Society, Mind, and Brain*. [Social Cognition and Social Neuroscience Series.] New York: Oxford University Press.

Goldsmith, R. E., Freyd, J. J., & DePrince, A. P. (2009). To add insight to injury: Childhood abuse, abuse perceptions, and the emotional and physical health of young adults. *Journal of Aggression, Maltreatment, and Trauma*, *18*, 350-366.

O'Neill, S. C., Rini, C., **Goldsmith, R. E.**, Valdimarsdottir, H., Cohen, L. H., & Schwartz, M. D. (2009). Distress among women receiving uninformative *BRCA1/2* results: 12-month outcomes. *Psychoncology*, *18*, 1088-1096.

Rini, C., O'Neill, S. C., Valdimarsdottir, H., **Goldsmith, R. E.**, DeMarco, T. A., Peshkin, B. N., & Schwartz, M.D. (2009). Cognitive and emotional factors predicting decisional conflict among high-risk breast cancer survivors who receive uninformative *BRCA1/2* results. *Health Psychology*, *28*, 569-578.

- Boysan, M., **Goldsmith, R. E.**, Cavuş, H., Kayri, M., & Keskin, S. (2009). Relations among anxiety, depression, and dissociative symptoms: The influence of abuse subtype. *Journal of Trauma and Dissociation, 10*, 83-101.
- Goldsmith, R. E.**, Cheit, R. E., & Wood, M. E. (2009). Evidence of dissociative amnesia in science and literature: Culture-bound approaches to trauma in Pope et al. (2007). *Journal of Trauma and Dissociation, 10*, 237-53.
- Goldsmith, R.E.**, Cheit, R.E., & Wood, M.E. (2009). Ignoring *Nina*: Avoidance and denial in Pope, Poliakoff, Parker, Boynes, and Hudson (2009). *Journal of Trauma and Dissociation, 10*, 258-260.
- Goldsmith, R. E.** (2008). Verbal abuse. In C. M. Renzetti, & J. L. Edelson, (Eds.), *Encyclopedia of Interpersonal Violence*. Thousand Oaks, CA: Sage Publications.
- Goldsmith, R. E.** (2008). Betrayal trauma. In C. M. Renzetti, & J. L. Edelson, (Eds.), *Encyclopedia of Interpersonal Violence*. Thousand Oaks, CA: Sage Publications.
- Goldsmith, R. E.**, Tang, S. S. S., & Freyd, J. J. (2008). Policy and practice implications. In C. Hilarski, J.S. Wodarski, & M. Feit (Eds.), *Handbook of Social Work in Child and Adolescent Sexual Abuse* (pp. 253-277). New York: Haworth Press/Taylor & Francis Group.
- Goldsmith, R. E.** (2006). Still radical: Confronting connections between trauma and mental health. Book review. *Journal of Trauma and Dissociation, 7*, 111-115.
- Gordon, W. A., Zafonte, R., Cicerone, K., Cantor, Ph.D., Brown, M., Lombard, L., **Goldsmith, R. E.**, & Chandna, T. (2006). Traumatic brain injury: State of the science review. *American Journal of Physical Medicine and Rehabilitation, 85*, 343-382.
- Goldsmith, R. E.**, & Freyd, J. J. (2005). Awareness for emotional abuse. *Journal of Emotional Abuse, 5*, 95-123.
- Goldsmith, R. E.**, Barlow, M. R., & Freyd, J. J. (2004). Knowing and not knowing about trauma: Implications for psychotherapy. *Psychotherapy: Theory, Research, Practice, Training, 41*, 448-463.
- Goldsmith, R. E.**, Hall, G. C. N., Garcia, C., George, W., & Wheeler, J. (2004). Cultural aspects of sexual aggression. In K. Barrett, & W. George (Eds.), *Race, Culture, Psychology, and the Law* (pp. 403-418). Thousand Oaks, CA: Sage Publications.
- Goldsmith, R. E.**, & Satterlee, M. K. (2004). Approaches to trauma in clinical psychology and fiction. *Journal of Trauma and Dissociation, 5*, 35-59.
- Goldsmith, R. E.**, & Freyd, J. J. (2002). Teaching psychology of women with accuracy and optimism. Book review. *Contemporary Psychology, 47*, 613-616.
- Kimerling, R. & **Goldsmith, R. E.** (2000). Links between exposure to violence and HIV-infection: Implications for substance abuse treatment with women. *Alcoholism Treatment Quarterly, 18*, 61-69.

PRESENTATIONS

- Goldsmith Turow, R. E.** (2018). Strategies to transform self-criticism into self-encouragement and self-compassion. Workshop presented at the 2018 POD Network conference, Portland, Oregon, November 17, 2018.
- Whiteley, J., Kim, S., Schnur, J. B., Montgomery, G., & **Goldsmith Turow, R. E.** (2018). Self-compassion, subjective health status, and willingness to seek medical care. Poster presented at the International Symposium for Contemplative Research, Phoenix, AZ, November 9, 2018.
- Kim, S., Whiteley, J., & **Goldsmith Turow, R. E.** (2018). Results from a four-week pilot study of an academic course to enhance university students' resilience and well-being. Poster presented at the Washington State Psychological Convention, Bellevue, WA, November 2, 2018.
- Goldsmith Turow, R. E.** (2018). Self-talk skills: Transform self-criticism into self-encouragement. Workshop presented at the 2018 Grace Hopper Convention, Houston, TX, September 26, 2018.
- Goldsmith Turow, R. E.,** Whiteley, J., & Kim, S. (2018). "I felt accomplished and grateful even on bad days": A 4-week university class on the science and practice of building resilience. Paper presented at ResilienceCon, Nashville, TN, April 30, 2018.
- Goldsmith Turow, R. E.** (2018). Transform trauma and PTSD with mindfulness and self-compassion skills. Full-day seminar provided for PESI in Trumbull, CT, Hartford, CT, and Providence, RI, March 27-29, 2018.
- Goldsmith Turow, R. E.** (2018). Matching mindfulness and self-compassion skills to trauma survivors' symptom profiles. Workshop presented for the International Society of Trauma and Dissociation, Chicago, IL, March 26, 2018.
- Goldsmith Turow, R. E. (2018).** Transform Trauma and PTSD with Mindfulness and Self-Compassion Skills. Full-day seminar provided for PESI in Appleton, Madison, and Brookfield, Wisconsin, February 7-9, 2018.
- Goldsmith Turow, R. E.** (2015). Transforming Self-Criticism into Self-Compassion. Paper presented at the Washington State Psychological Association Convention, Seattle, WA, December 11, 2015.
- Goldsmith, R. E.,** Gerhart, J. I., Chesney, S. A., Burns, J. W., Kleinman, B., Hood, M. M. (2015). Mindfulness for posttraumatic stress: Cultivating acceptance and decreasing shame. Paper presented at Mindfulness & Compassion: The Art and Science of Contemplative Practice, San Francisco, CA, June 4, 2015.
- Goldsmith, R. E.** (2015). Self-talk: From self-criticism to self-compassion. Paper presented at Mindfulness & Compassion: The Art and Science of Contemplative Practice, San Francisco, CA, June 4, 2015.
- Goldsmith, R. E., &** Barlow, M. R. (2015). Self-compassion, acceptance of difficult emotions, and trauma appraisals predict PTSD symptoms related to childhood abuse. Paper presented at the 32nd Annual Meeting of the International Society for the Study of Trauma and Dissociation, Orlando, FL, April 19, 2015.

- Goldsmith, R. E., & Barlow, M. R.** (2013). Trauma appraisals and emotion regulation difficulties mediate associations between childhood abuse and adult avoidance symptoms. Paper presented at the 29th Annual Meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA, November 7, 2013.
- Barlow, M. R., & **Goldsmith, R. E.** (2013). Trauma appraisals and self-compassion mediate relationships between childhood abuse and emotion dysregulation. Poster presented at the 25th Annual Convention of the Association for Psychological Science, Washington, DC, May, 2013.
- Goldsmith, R. E.,** Heath, N. M., Chesney, S. A., Stevens, N. R., Gerhart, J., Luborsky, J., & Hobfoll, S. E. (2012). Inflammatory markers and immune function: Associations with emotion regulation difficulties, coping styles, and posttraumatic stress disorder. Paper presented at the 28th Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA, November 1, 2012.
- Goldsmith, R.E.,** Feygina, I., & Jost, J. (2011). Gender and the denial of global climate change: The impact of system justification in pro-environmental attitudes. Paper presented at the Gender and Climate Change Conference, Monash University, Prato, Italy, September 15, 2011.
- Heath, N. M., Chesney, S. A., **Goldsmith, R. E.,** Jones, R. L., & Stevens, N. R. (2011). Generating interdisciplinary connections to provide integrative health care to women: Psychology and OB/GYN. Poster presented at the 36th annual meeting of the Association for Women in Psychology, Philadelphia, PA, March 6, 2011.
- Hertz, M. R., & **Goldsmith, R. E.** (2010). Effect of a mindfulness-based intervention on attributions for PTSD. Poster presented at the 26th Annual Meeting of the International Society for Traumatic Stress Studies, Montréal, Québec, Canada, November 4, 2010.
- Goldsmith, R. E.** (2010). Defining Posttraumatic Stress Disorder and Traumatic Brain Injury. Workshops presented at the 6th Annual Samuel L. Parks Statewide Veterans' Training Conference, Bloomington, IL, August 25, 2010.
- Goldsmith, R. E., & Barlow, M. R.** (2009). Metacognition and posttraumatic symptoms. Poster presented at the 25th Annual Meeting of the International Society for Traumatic Stress Studies, Atlanta, GA, November 6, 2009.
- Goldsmith, R. E., & Barlow, M. R.** (2009). Betrayal trauma predicts intrusion and avoidance symptoms in university undergraduates. Poster presented at the 25th Annual Meeting of the International Society for Traumatic Stress Studies, Atlanta, GA, November 6, 2009.
- Barlow, M. R., & **Goldsmith, R. E.** (2008). Dissociation, metacognition, and emotional control in students with different trauma experiences. Poster presented at the 24th Annual Meeting of the International Society for Traumatic Stress Studies, Chicago, IL, November 15, 2008.
- Goldsmith, R. E.,** Jandorf, L., Valdimarsdottir, H., Amend, K. L., Stoudt, B. G., Rini, C., Hershman, D., Neugut, A., Reilly, J. J., Tartter, P. I., Feldman, S. M., Ambrosone, C. B., & Bovbjerg, D. H. (2008). Intrusive symptoms among women with breast cancer: The role of childhood abuse. Poster presented at the 5th Annual Era of Hope meeting of the Department of Defense Breast Cancer Research Program, Baltimore, MD, June 27, 2008.

- Feygina, I., **Goldsmith, R. E.**, & Jost, J. (2008). System justification and the denial of environmental destruction. Symposium presentation at the 2008 meeting of the Society for the Psychology Study of Social Issues, Chicago, IL, June 27-29, 2008.
- Feygina, I., **Goldsmith, R. E.**, & Jost, J. (2008). System justification and environmental attitudes: Prospects for overcoming addiction to the status quo. Poster presented at the 2008 Psychology and Social Justice Conference, New School University, New York, NY, April 19, 2008.
- Goldsmith, R. E.**, Valdimarsdottir, H., Schwartz, M., O'Neill, S., & Rini, C. (2007). Trauma symptoms and distress related to genetic testing for breast/ovarian cancer. Paper presented at the 23rd Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, MD, November 17, 2007.
- Goldsmith, R. E.**, Jandorf, L., Duplessi, Y., Itzkowitz, S. H., & Rini, C. (2007). Psychosocial approaches to understanding and improving cancer decision making: Prophylactic colectomy to manage high risk for colorectal cancer. Paper presented at the 9th World Congress of Psycho-Oncology, London, UK, September 18, 2007.
- Goldsmith, R. E.**, Valdimarsdottir, H., Schwartz, M., O'Neill, S., & Rini, C. (2007). Predictors of distress following genetic testing for breast/ovarian cancer. Paper presented at the 115th Annual Convention of the American Psychological Association, San Francisco, CA, August 20, 2007.
- Goldsmith, R.E.**, Feygina, I., & Jost, J.T. (2007). Childhood abuse and system justification: A legacy of disillusionment with the status quo. Paper presented at the 30th Annual Meeting of the International Society for Political Psychology, Portland, OR, July 6, 2007.
- Feygina, I., **Goldsmith, R. E.**, & Jost, J. T. (2007). The effect of system justification tendencies on environmental attitudes and actions. Paper presented at the 30th Annual Meeting of the International Society for Political Psychology, Portland, OR, July 6, 2007.
- Goldsmith, R. E.**, Bovbjerg, D. H., Jandorf, L., Valdimarsdottir, H., Amend, K. L., Ambrosone, C. B. (2007). Intrusive symptoms among women with breast cancer: The impact of childhood abuse. Paper presented at the 10th European Conference on Traumatic Stress, Opatija, Croatia, June 7, 2007.
- Goldsmith, R. E.**, Rini, C., Jandorf, L., Duplessi, Y., & Itzkowitz, S. H. (2007). Surgical decision-making among patients at high risk for colorectal cancer. Poster presented at the 28th Annual Meeting of the Society for Behavioral Medicine, Washington, DC, March 22, 2007.
- Goldsmith, R. E.**, Freyd, J. J., & DePrince, A. P. (2006). Abuse awareness: Physical and psychological health consequences. Poster presented at the 22st Annual Meeting of the International Society for Traumatic Stress Studies, Hollywood, CA, November 5, 2006.
- Goldsmith, R. E.**, Freyd, J. J., & DePrince, A. P. (2005). Physical and emotional health consequences of betrayal trauma. Paper presented at the 9th International Family Violence Research Conference, Portsmouth, NH, July 11, 2005.

- Goldsmith, R. E.** (2005). The politics of betrayal trauma. Paper presented at the 28th Annual Convention of the International Psychohistorical Association, New York, NY, on June 9, 2005.
- Goldsmith, R. E.,** Freyd, J. J., & DePrince, A. P. (2004). Health correlates of exposure to betrayal trauma. Poster presented at the Annual Meeting of the American Association for the Advancement of Science, Seattle, WA, February 15, 2004.
- Goldsmith, R. E.,** Freyd, J. J., & DePrince, A. P. (2003). Betrayal trauma: Fragmenting psychological and physical health. Poster presented at 19th Annual Meeting of the International Society for Traumatic Stress Studies in Chicago, IL, November 1, 2003.
- Goldsmith, R. E.,** & Freyd, J. J. (2003). Emotional abuse and alexithymia. Poster presented at the 83rd Annual Convention of the Western Psychological Association in Vancouver, BC, May 3, 2003.
- Goldsmith, R. E.,** & Freyd, J. J. (2001). Adolescents' experiences with trauma, alexithymia, and dissociation. Paper presented at the 18th Annual Conference of the International Society for the Study of Dissociation in New Orleans, LA, December 4, 2001.

GRANTS AND AWARDS

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| 2014 | National Cancer Institute R21 CA173163 (Schnur, PI): Cancer Treatment Retraumatization in Sexual Abuse Survivors. Role: Consultant |
| 2012 | Department of Behavioral Sciences Incubator Grant, Rush University Medical Center: Mindfulness-based Stress Reduction (MBSR) for Recovery from Trauma
Role: Principal Investigator |
| 2011-12 | National Institutes of Health R01 AT007143-01 (Keshavarzian & Hobfoll, PIs): MBSR and Psychobiomarkers in IBD. Role: Co-Investigator |
| 2010 | Startup Grant, Department of Behavioral Sciences, Rush University Medical Center |
| 2004 | Beverly Fagot Dissertation Award, University of Oregon Psychology Department |
| 2004 | Graduate Research Support Grant, University of Oregon Psychology Department |
| 2002 | Graduate Student Research Grant, Center for the Study of Women in Society, University of Oregon |
| 2001 | Development and Psychopathology Training Grant, National Institute of Mental Health, University of Oregon |
| 2001 | Graduate Student Travel Grant, Center for the Study of Women in Society, University of Oregon |

PROFESSIONAL SERVICE

Scientific Advisory Board, International Society for the Study of Trauma and Dissociation

Editorial Board, *Journal of Trauma and Dissociation*

Reviewer, *Journal of Traumatic Stress* and *Journal of Interpersonal Violence*

Reviewer, *Social Justice Research*

Reviewer, *Journal of Trauma and Dissociation*

David Caul Graduate Award Committee, International Society for the Study of Trauma and Dissociation

LICENSURE

2014-present Licensed as a Clinical Psychologist in Washington, Washington State
Department of Health (License number PY60441466) - Active

2010-2016 Licensed as a Clinical Psychologist in Illinois, Department of Financial and
Professional Regulation (License number 071.007919)


Rachel Turow, Ph.D.

March 13, 2019