

Omar M. Husain, PhD, LPC-Intern, LCDC

Assistant Professor of Counseling
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Educational Background

2018-2021	The University of Texas at San Antonio Doctor of Philosophy, Counselor Education and Supervision (CACREP Accredited)
2015-2018	Texas A&M University-San Antonio Master of Arts, Counseling and Guidance
2008-2014	Al-Azhar University, Cairo, Egypt Bachelor of Arts, Islamic Studies and Arabic
2000-2003	The University of Illinois at Chicago Bachelor of Science, Information and Decision Sciences

Licensure and Certifications

Licensed Professional Counselor-Intern (LPC-Intern), Texas License #80991

- Under the supervision of Michael Moyer, Ph.D., LPC-S

Licensed Chemical Dependency Counselor (TX). License #1491

Nationally Certified Counselor (NCC) – In process

Professional Employment History

September 2021- Present	Seattle University Assistant Professor <ul style="list-style-type: none">• Responsible for teaching master's level counseling courses, conducting research, and engaging in service both locally and nationally.
August 2020- Present	reSTART Researcher <ul style="list-style-type: none">• Conducts quantitative and qualitative research on current and archived data for various technology addictions. Analyzes data for outcome research and most effective treatment options using SPSS.
February 2019 – Present	OH Consulting (LCDC only) Owner <ul style="list-style-type: none">• Provides individual and family counseling to clients with substance abuse disorders in a private practice setting.
November 2019 – July 2020	Stanford University Intern <ul style="list-style-type: none">• Evaluated articles for compilation of Muslim mental health database

- August 2019 –
March 2020 **Integrative Counseling & Neurofeedback Solutions**
Counselor Intern
- Provided neurofeedback and talk therapy assistance to clients with various mental disorders.
- January 2019 –
Present **Creekview Counseling Services**
Substance Abuse Counselor
- Provides individual counseling, group counseling, and neurofeedback assistance to clients with substance abuse issues and co-occurring disorders in an intensive outpatient setting.
- August 2018 –
August 2019 **Sarabia Family Counseling Center, The University of Texas at San Antonio**
Graduate Research Assistant
- Provided psychological pre-screens, suicide supervision, and general supervision of master's students at the Sarabia Family Counseling Center.
 - Assisted in literature reviews, manuscript preparation, data collection and analyses, research, and preparing conference presentations
- August 2017 –
May 2018 **SOBA Recovery Center, San Antonio, Texas**
Counselor Intern
- Provided individual and group counseling to persons with substance abuse issues and co-occurring disorders in a residential setting.
- July 2014 –
August 2020 **Muslim Children Education and Civic Center, San Antonio, Texas**
Religious Director
- Was responsible for spiritual counseling, youth development, and educational programming.
 - Organized community activities such as free medical clinics, events to promote social justice, and community outreach.
- November 2006 –
February 2008 **Vitech Systems Group**
Systems Analyst
- Provided database system security configuration and implementation.
- November 2005 –
November 2006 **Hewitt Associates**
Business Analyst
- Configured pension system implementation for The Walt Disney Company and Allianz Life.

Publications

Refereed Publications

Husain, O. (2020). The Existential Muslim. *ASERVIC-Interaction*, xxx (2-3), 8-10.

Manuscripts under review

Robertson, D., & **Husain, O.** The Experiences of U.S. Muslim Religious Leaders Since the 2016 Election Cycle.

Scholarly Presentations

National – Refereed Contributions

Husain, O. (2020, November). *Counseling Muslims with Existential Theory*. Content Session accepted but not delivered due to COVID-19 cancellations. Western Association of Counselor Education and Supervision (WACES). Tucson, AZ.

Novian, D.A., & **Husain, O.** (2020, April). *Integrating the PERMA Model with Biofeedback and Neurofeedback for Optimal Performance Training*. Content Session accepted but not delivered due to COVID-19 cancellations. Association for Applied Psychophysiology & Biofeedback (AAPB). La Jolla, CA.

Robertson, D., & **Husain, O.** (2020, April). *Social Media: Strategies for Maintaining Emotional and Relational Health*. Roundtable discussion accepted but not delivered due to COVID19 cancellations. American Counseling Association Conference (ACA), San Diego, CA.

Husain, O. (2019, July). *Counseling Muslims with Pornography Addiction*. Poster presentation presented at the 2019 Association of Spiritual, Ethical, and Religious Values in Counseling (ASERVIC) Conference. Colorado Springs, CO.

Husain, O. (2019, April). *Counseling Muslims with Existential Principles*. Content session presented at the Muslim Mental Health Conference. Phoenix, AZ.

State- Refereed Contributions

Robertson, D., & **Husain, O.** (2021, February). *Helping Clients, Students, and Supervisees Maintain Relationships and Wellbeing in the Disinformation Age*. Content session presented virtually at the 2021 Texas Association of Counselor Education and Supervision Mid-Winter Conference.

Robertson, D., & Husain, O. (2020, February). The Experiences of U.S. Muslim Religious Leaders Since the 2016 Election Cycle. Content session presented at the 2020 Texas Association of Counselor Education and Supervision (TACES) Mid-Winter Conference. San Antonio, TX.

Robertson, D., & **Husain, O.** (2019, February). *Social Media Hygiene for Counselors*. Content session presented at the 2019 Texas Association of Counselor Education and Supervision Mid-Winter Conference. Dallas, TX.

Grant Activities

Minority Fellowship Program (20,000\$). The National Board for Certified Counselors. Unfunded. 2020.

Minority Fellowship Program (20,000\$). The National Board for Certified Counselors. Unfunded. 2019.

Graduate Professional Development Award (450\$). The University of Texas at San Antonio. 2019.

Teaching Activities

Lead Instructor (Tenure Track Faculty): Seattle University

Summer 2021 COU 5770-Crisis Counseling

- Created Syllabus
- Delivered lectures on class material
- Graded assignments and provided feedback
- Facilitated in-class activities and discussions

Lead Instructor (Adjunct Faculty): Texas A&M University San Antonio

- Summer 2021 EDCG 5333-Research in Counseling
- Created Syllabus
 - Delivered lectures on class material
 - Graded assignments and provided feedback
 - Facilitated in-class activities and discussions

Teaching Assistant: The University of Texas at San Antonio

- Fall 2020 COU 5113-Ethical, Legal, & Professional Issues in Counseling
- Assisted with syllabus creation
 - Delivered lectures on class material
 - Graded assignments and provide feedback
 - Facilitated in-class activities and discussions
 - Facilitated Blackboard set up

- Fall 2020 COU 5203-Intro to Clinical Mental Health Counseling
- Delivered lectures on class material
 - Graded assignments and provide feedback
 - Facilitated in-class activities and discussions

- Summer 2020 COU 6883-Trauma, Crisis & Grief Counseling
- Delivered lectures on class material online
 - Graded assignments and provided feedback

- Summer 2020 COU 5223-Clinical Assessment for Counselors
- Developed lectures for online class material
 - Graded assignments and provided feedback

- Spring 2020 COU 5613-Biopsychosocial Aspects of Addiction
- Delivered lectures on class material
 - Facilitated in-class activities and discussions.

- Summer 2019 COU 6883-Trauma, Crisis & Grief Counseling
- Facilitated in-class activities and discussions
 - Reviewed assignments and provided feedback

- Fall 2019 COU 5113-Ethical, Legal, & Professional Issues in Counseling
- Assisted with syllabus creation
 - Delivered lectures on class material
 - Graded assignments and provided feedback
 - Facilitated in-class activities and discussions
 - Facilitated Blackboard discussions

- Fall 2019 COU 6153-Career Development and Choice
- Delivered lectures on class material
 - Facilitated in-class activities and discussions

Courses Guest Lectured: The University of Texas at San Antonio

Fall 2019	COU 5283-Counseling: Multicultural Setting • Topic: American Muslims
Fall 2018	COU 5113-Ethical, Legal, & Professional Issues in Counseling • Topic: The Importance of Confidentiality in Ethics
Fall 2018	COU 5283-Counseling: Multicultural Setting • Topic: Addressing Islamophobia
Spring 2018	COU 5283-Counseling: Multicultural Setting • Topic: Addressing Islamophobia
Fall 2017	COU 5283-Counseling: Multicultural Setting • Topic: Misconceptions about Islam
Fall 2016	COU 5283-Counseling: Multicultural Setting • Topic: The Hajj Pilgrimage
Fall 2019	COU 5213- Counseling Theories for Dr. Thelma Duffey • Topic: Existentialism

Course Instructor: Institute of Knowledge

Fall 2018-Present HUM-102: Islamic Counseling

Supervision Activities

The University of Texas at San Antonio-Doctoral Practicum Supervisor (June 2019-Present)

Invited Presentations

2020. *Counseling skills for Imams*. Training on counseling skills for clergy. Houston, TX

2020. *Holistic Care: A conversation with Imams & Counselors*. Training on best practices of spiritual and emotional care for clergy and professional counselors. Houston, TX

2019. *Islam in America*. Panel discussion at the University of Texas at San Antonio. San Antonio, TX

2018. *Hidden in Plain Sight*. Presentation on mental health stigma for support, empower, embrace mental health advocacy (SEEMA). Houston, TX

2018. *Sexual Assault in Islam*. Presentation on misconceptions of sexual assault in Islam. Austin, TX

2018. *Tolerance: A two-way street*. Speaker for the optimist club of San Antonio. San Antonio, TX

2017 *Dare to Listen*. Panel speaker on Texas Public Radio. San Antonio, TX

2015. *Selma*. Panel speaker at screening of film *Selma*. San Antonio, TX

Service Activities

Department of Counseling, University of Texas at San Antonio

Training Facilitator Co-facilitated national counselor exam (NCE) boot camp preparation for master's level students. (2018)

Contestant Judge, Judged presentations for professional advocacy conference at The University of Texas at San Antonio. (2019)

Mentor, Serves as a mentor to first year doctoral students at the University of Texas at San Antonio's inter-cohort mentoring program. (2019-2020).

Community Service

Presenter, 32nd Annual Rev. Dr. Martin Luther, Jr. citywide interfaith worship service (2019)

Presenter, YouTube series Many Faces: A Candid Discussion on Mental Health Issues (2018)

Supervisor, *Malcolm X Day*: San Antonio, TX (2017)

Spiritual Facilitator, Participated in a congregation from MCECC at *Prayer Vigil for First Baptist Church in Sutherland Springs* (2017)

Organizer; Master of Ceremonies, *Interfaith Empathy Conference*. San Antonio, TX (2016)

Facilitator, *Black Lives Matter: A Youth Town Hall Meeting*. San Antonio, TX (2016)

Awards/Honors

Chi Sigma Iota-Counseling academic and professional honor society
Phi Kappa Phi-Honor society

Professional Memberships

American Counseling Association, ACA (2018-present)

Association of Spiritual, Ethical and Religious Values in Counseling, ASERVIC (2018-present) Association for Applied Psychophysiology and Biofeedback, AAPB (2020-present)

Other Memberships

The University of Texas at San Antonio Neurofeedback society (2020)

Languages Spoken

English, Urdu, Classical Arabic