

VITA

Dr. Mary Amanda Graham
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Education

Oregon State University 2007 Ph.D. Counseling CACREP
Eastern Washington University 2001 M.S in Psychology; School Counseling CACREP
Central Washington University 1991 B.A Criminal Justice

Licenses/Certifications

LMHCA MHCA.MC.61070049 (2020-present)
NBCC (Nationally Board-Certified Counselor) 69881 (2001-present) ESA-Washington State
School Counseling Certification
Reality Therapy Basic Instructor (2011) Reality Therapy Certified Supervisor (2010) Reality
Therapy Certified (2009)
Glasser Institute Advanced Training and Practicum (2008) Anti-Bullying Trainer (2003)
Love and Logic Facilitator (2003)
Functional Behavioral Assessment (2000) Positive Discipline in the Classroom (2000)
Washington State Diversity Awareness Trainer (1993)

Professional Experience

2019 – 2020 Program Director, Seattle University School Counseling Program/Clinical Mental
Health Program, College of Education, Seattle, Washington. (CACREP)

Responsibilities include management of the school counseling and clinical mental health
programs, management of student concerns, hiring and training adjunct faculty, facilitating PEAB
meetings and other stakeholder meetings.

2018- 2019 Elementary School Counselor, American International School, Ho Chi Minh City,
Vietnam.

Responsible for the guidance program for all students in grades K-5th. Accountable to the
International School Counseling Framework as well as the American School Counselor
Framework. Implemented program improvement based on the ASCA National model.
Responsibilities included class meetings, small groups, individual counseling, faculty counseling,
parent consultation, and staff in-services. Primarily serving a Vietnamese community of students.

2014-Present Associate Professor, Counseling Department, Seattle University, Seattle,
Washington. (CACREP)

Responsibilities include mentoring and advising students, teaching core courses and electives,
providing clinical supervision and developing curriculum. Involvement in the Washington State
School Counseling recertification process.

2008 – 2013 Assistant Professor Counseling Department, College of Education, Seattle, Washington. (CACREP)

Responsibilities include mentoring and advising to students, teaching core courses and electives, providing clinical supervision and developing curriculum. Involvement in the Washington State School Counseling recertification process.

2012 - 2014 Program Director, Seattle University School Counseling Program, College of Education, Seattle, Washington. (CACREP)

Responsibilities include management of the school counseling program, management of student concerns, hiring and training adjunct faculty, facilitating PEAB meetings, the liaison to the State of Washington and state reporting.

2007- 2008 Assistant Professor, Counseling Department Indiana University of Pennsylvania, Indiana, Pennsylvania. (CACREP)

Responsibilities included mentoring and advising to students, teaching core courses and electives, providing clinical supervision, and, developing curriculum.

2005 - 2007 Director of Talent Search and Upward Bound, Clatsop Community College, Astoria, Oregon.

Managed two federally funded grant programs through the United States Department of Education TRIO branch. Responsibilities included personnel and budget management as well as oversight of services provided to 660 first generation/low-income students. Accountable to federal guidelines and regulations as applicable to grant management. Successfully authored and resubmitted two grant renewal documents. Supervised, managed and evaluated program staff. Developed and implemented program specific policies and procedures. Participated in direct student services.

2005 - 2006 School Counselor, Warrenton High School, Warrenton, Oregon.

Provided one day of counseling support to Talent Search and Upward Bound students. Provided career counseling and academic advising.

2001 - 2004 School Counselor, Warden Elementary School, Warden, Washington

Responsible for the guidance program for all students in grades K-5th. Accountable to the Washington State School Counseling Framework as well as the American School Counselor Framework. Implemented program improvement based on the ASCA National Model. Responsibilities included class meetings, small groups, individual counseling, parent consultation, and staff in-services.

2001 - 2002 School Counselor, Moses Lake School District, Moses Lake, Washington

Responsibilities included the guidance services to several elementary schools on a long term, part-time substitute contract.

2000 - 2001 Middle School Counselor, Riverside School District, Riverside, Washington.

Responsibilities included the development of the counseling program for a new alternative middle school. Met all grant guidelines set forth by the Office of the Superintendent of Public Instruction State of Washington. Responsibilities included teaching classes on conflict management, groups, class meetings, career counseling, crisis counseling, parent consultations, family counseling and individual counseling services.

1991-1999 Juvenile Rehabilitation Counselor, Naselle Youth Camp, Naselle, Washington.

Responsibilities included case management of incarcerated youth, offender/sex-offender treatment, individual counseling, group and family counseling.

Referred Publications

Arellano, Y., Graham, M.A. (2018). *Grieving through arts expression and choice theory: A group approach for young adults*. International Journal of Reality Therapy, 38(1), 47-57.

Duba, J., Graham, M.A., & Britzman, M. (2016). *Using reality therapy to facilitate successful aging in clinical practice*. The Family Journal, 24(2), 174-182.

Graham, M.A., Scholls, M., Smith, S., & Wittman (2014). *Three creative approaches to counseling supervision*. Journal of Creativity and Mental Health, 9(3), 415-426.

Graham, M.A., Duba, J., Britzman, M. (2013). *Choice theory and family counseling: A pragmatic, culturally sensitive approach*. The Family Journal, 22(1), 230-234.

Desmond, K.J., Stahl, S. & Graham, M.A. (2011). *Combining service learning and diversity education*. Making Connections, Interdisciplinary Approaches to Cultural Diversity, 13(1), 24-30.

Graham, M.A., Desmond, K. J.& Zinsser, E. (2011). *An examination of principals' perceptions of the American School Counselors Association framework and state specific models of school counseling*. The Journal of Counselor Preparation and Supervision, 3(2), 95-109.

Burdenski, Jr., T.K., Faulkner, B., Britzman, M.J., Casstevens, W.J., Cisse, G.S., Crowell, J., Duba, J.D., Minatrea, N.B., Shaffer, T.F., Dyson, M., Gilchrist, S.B., & Graham, M.A./ (2009). *The impact of the Glasser scholars project on participants' teaching and research initiatives: Part 2*. International Journal of Reality Therapy, 29(1),44-53.

Burdenski, Jr., T.K., Faulkner, B., Britzman, M.J., Casstevens, W.J., Cisse, G.S., Crowell, J., Duba, J.D., Minatrea, N.B., Shaffer, T.F., Dyson, M., Gilchrist, S.B., & Graham, M.A. (2009). *The impact of the Glasser scholars project on participants' teaching and research initiatives: Part 1*. International Journal of Reality Therapy, 28(2),43-49.

Graham, M.A. & Pehrsson, D. E. (2009). *Bibliosupervision: A creative supervision technique*. Journal of Creativity in Mental Health, 4(4), 366-373.

Duba, J., Graham, M.A., Britzman, M., Minatrea, N. (2009). *Introducing the basic needs genogram' therapy-based marriage and family counseling*. International Journal for Realty Therapy, 28(2), 15.19.

Graham, M.A. & Pehrsson, D. E. (2008). *Bibliosupervision: A multiple-baseline study using*

literature in supervision settings. Journal of Creativity in Mental Health, 3(4),428-440.

Non-Referred Publications

Panel of Experts (2019) *Strengthening student educational outcomes: behavior menu of best practices and strategies*. The Office of Superintendent of Public Instruction, State of Washington.

Graham, M.A. (2009). *Focus on the culture of poverty, missing the mark*. Counseling Today, Feb-09.

Graham, M.A. & Pehrsson, D.E. (2008). *Bibliosupervision: tapping into creativity to fortify the working alliance*. ACES Spectrum, Fall-08.

Peer Reviewed Book Chapters

Graham, M.A., Pehrsson, D.E. (2017). *Adlerian Theory and the Expressive Arts*. In Integrating the Creative Arts in Theory-Based Counseling Practice. New York: Springer Publishing.

Pehrsson, D-E., Graham, M. A., Bartlett, K., & Sproul, A. (2012). *Diagnosis, Pathology, and Evidence-based Treatment Across the Lifespan*. In The Counselor Educator's Survival Guide, (pp. 221-253). New York, New York: Routledge Publishing.

Smith-Adock, S., Scholl, M.B., Whittmann, E., Tucker, C., Rapisarda, C & Graham, M.A. (2010) *Using expressive arts in counseling supervision*. In The State of the Art in Clinical Supervision, (pp. 104-110). New York: Routledge Publishing.

In Submission

Graham, M.A., Morton, H., Wakamatsu, P., & Kimiai, C. (2020). *Big picture thinking: Crosswalking social-emotional learning standards with academic standards for student success*. Journal of School Counseling.

Graham, M.A., Leibshon, L., Edwards, C., Pehrsson, D.E. (2020). *Beyond the playground: Workplace bullying and applying cognitive behavioral therapy and bibliotherapy as treatment*. The Journal of Poetry Therapy.

Edwards, C., & Graham, M.A. (2020). *From the Towers to the Trenches: School Counseling through a New Lens*. New York: Springer Publishing.

Referred Presentation

Graham, M.A. (2020). *Anxiety: a systemic approach to wellness*. Washington School Counselors Association, Seattle, WA

Graham, M.A. (2019). *School counseling: a global perspective*. Washington School Counselors Association, Seattle, WA.

Graham, M.A. (2018). *Working with students through anxiety and depression: a global perspective*. American International School, Hoh Chi Minh City, Vietnam.

Graham, M.A., Hackney, C. (2017). *Partnering with an English teacher: power of words in addressing social justice and oppression through spoken word poetry*. Washington

- School Counselor Association, Seattle WA.
- Graham, M.A. (2017). *Engaging the disengaged student*. Washington School Counselor Association, Seattle, WA.
- Graham, M.A., Abastilla, A. (2016). *Engaging the disengaged student*. Washington School Counselor Association, Seattle, WA.
- Graham, M.A., Leibsohn, J. & Pehrsson, D.E. (2015). *Combating Workplace Bullying*. International Association for Counseling, Verona, Italy.
- McGlasson, T., Abruster, E., Graham, M.A., & Pehrsson, D.E. (2015). *Mexican and Central American immigrant mental health: a panel discussion on the current immigration crisis in the American Southwest*. International Association for Counseling.
- O'Connell, W., & Graham, M.A., (2015). *School Counselor Confidentiality and Ethical Concerns*. Seattle Public School District Elementary Counselor Conference. Seattle, WA.
- Graham, M.A. (2014). *Engaging the Disengaged: A systematic approach*. Washington School Counselors Association, Seattle, WA.
- O'Connell, W. & Graham, M.A. (2014). *School Counselor Confidentiality and Ethical Concerns*. Washington School Counselor Association Conference. Seattle, WA.
- Graham, M.A. (2013). *Using creative arts and choice theory*. International European Reality Therapy Conference, Lake Bled, Slovenia.
- Graham, M.A. (2013). *Engaging Disengaged Students*. Washington School Counselor Association Conference, Seattle, WA.
- Graham, M.A., Edwards, C. & Fuller, L. (2013). *Workplace bullying in counselor education: Signs, symptoms, strategies and impact on retention, tenure and promotion*. Association Counselor Educators and Supervisors, Denver, CO.
- Graham, M.A. (2012). Counseling students in these trying complex times. WCTCCA, North Bend, WA.
- Graham, M.A. & Pehrsson, D.E. (2011). *Workplace Bullying in Counselor Education: Signs, Symptoms, Strategies and Impact on Retention, Tenure and Promotion*. ACES, Nashville, TN.
- Smith, S., Graham, M.A., Wittman, E., & Scholl, M. (2011). *Using Expressive Arts in Counseling Supervision*. ACES, Nashville, TN.
- Ratts, M.J., Lee, K., O'Connell, B., Leibsohn, J. & Graham, M.A. (2011). *Redesigning Counselor Education: Fulfilling the Mandate for Social Justice Advocacy*. ACES, Nashville, TN.
- Perera-Diltz, D., MacCluskie, K., Brown, S., Danzinger, P., Duba, J., Graham, M.A., Sommers-Flanagan, J., Toman, S., & Laux, J. (2011). *Developing Coursework in Counselor Education Using the Most Current and Best Resources and Providing Congruent Active Learning Skills*. ACES, Nashville, TN.

- Graham, M.A. (2010). *From Government Cheese to PhD's: Developing Strategies for Breaking Barriers for Students and Families in Poverty. Continuing Education Workshop*. Portland State University Graduate College of Education. Portland, OR.
- Graham, M.A. (2010). *From Government Cheese to PhD's: Developing Strategies for Breaking Barriers for Students and Families in Poverty*. Pre-Conference-Full Day. Washington School Counseling Association, Seattle, WA.
- Graham, M.A. & Whitehall, M. (2009). *Stepping Outside the Ivory Tower into the Community: Two Faculties Experience with Immersion*. ACES, San Diego, CA.
- Graham, M.A. & Pehrsson, D. E. (2009). *Fostering Connectivity, Meaning and Social Advocacy with Counseling Students through Service Learning*. ACES, San Diego, CA.
- Graham, M.A. (2009). *Through the Eyes of a Child: Working with Students and Families in Poverty*. WSCA, Seattle, WA.
- Graham, M.A. (2009). *Clouded Lenses: Examining the Issues of "Class" in Public Schools*. WSCA, Seattle, WA.
- Graham, M.A. (2008). *Connectivity and Meaning for Counseling Students: The Path to Service Learning*. WACES, Palm Springs, CA.
- Graham, M.A. & Pehrsson, D. E. (2008). *The Graham Model of Bibliosupervision: Implications for Counselor Educators and Supervisors*. WACES, Palm Springs, CA.
- Graham, M.A., & Desmond, K.J. (2008). *Connectivity for Students: The Bridge to Service Learning*. NARACES, Portland, ME.
- Graham, M.A. (2008). *The Graham Model of Bibliosupervision. Implications for Counselor Educators and Emerging School Counselors*. American Counseling Association Conference, Honolulu, HI.
- Graham, M.A. (2008). *Empowering Students in Poverty. A Call to Action in a Social Justice Framework*. Pennsylvania School Counselor Association, Lancaster, PA.
- Graham, M.A., Desmond, K.J., Askey, E., Zinsser, E. (2008). *School Counselor Advocacy: Gain Support to do the Real Work*. Pennsylvania School Counselor Association, Lancaster, PA.
- Graham, M.A. (2008). *Counseling Clients in Poverty*. IUP Center for Counselor Training, Indiana, PA.
- Graham, M.A. (2008). *Working with Students in Poverty: Helping Overcome Barriers to Academic Success*. IUP Professional School Counselor Development Day, Indiana, PA.
- Graham, M.A. (2007). *From Government Cheese to PhD's: Strategies for Helping Students Overcome Barriers of Poverty*. Western Pennsylvania School Counselors Association, Youngwood, PA.

- Graham, M.A., & Pehrsson, D.E. (2007). *The Graham Model of Bibliosupervision Research: Implications for Counselor Educators and Supervisors*. Association for Counselor Educators and Supervisors, Columbus, OH.
- Graham, M.A. (2007). *From Government Cheese to PhD's: Strategies for Helping Students of Poverty Overcome Barriers*. Oregon/Washington School Counselor Association, Vancouver, WA.
- Graham, M. A. (2006). *From Government Cheese to PhD's: Strategies for Helping Students of Poverty Overcome Barriers*. Oregon School Counselor Association, Bend, OR.
- Graham, M. A., & Pehrsson, D.E. (2006). *The Graham Model of Bibliosupervision: Implications for Counselor Educators and Supervisors*. Western Association for Counselor Educators and Supervisors, Las Vegas, NV.
- Graham, M. A (2006). *Tricks of the Trade: Experiential Hands-On Learning for Students*. Washington State School Counselor Association, Seattle, WA.
- Graham, M. A (2005). *Creating a Collaborative Environment in the Classroom*. Washington State School Counselor Association, Seattle, WA.
- Graham, M. A (2005). *Creating a Collaborative Environment in the Classroom*. Oregon School Counselor Association, Kah Nee Tah, OR.
- Graham, M. A (2005). *Empowering Young Women through Bibliotherapy: Looking Beyond the Words*. Conference on Gender and Diversity, Corvallis, OR.
- Graham, M. A, Wasylyow, B., & Dekruyf, L. (2005). *Integrating Multicultural Competencies throughout the Counselor Education Curriculum*. Association for Counselor Educators and Supervisors, Pittsburgh, PA.
- Graham, M. A (2005). *The Use of Bibliotherapy as a Supervision Tool*. Association for Counselor Educators and Supervisors, Pittsburgh, PA.

Invited Presentations

- Graham, M.A. (2017). *Transforming into who you want to be*. Washington Youth Academy, Bremerton, WA.
- Graham, M.A. (2017). *Anxiety, depression and school refusal: Working toward student success*. Washington School Counselor Association Pre-Conference, Seattle, WA.
- Graham, M.A. (2013). *Time of Crisis: Working Within the School Community*. North Shore School District Counselor In-service. Woodinville, WA.
- Graham, M.A. (2012). *Counseling Students in these Complex Times*. WCTCCA, North Bend, WA.
- Graham, M.A. (2010). *Through the eyes of a child: Working with students and families in*

poverty. Counselorudiosource.net

Graham, M.A. (2007). *Graduation from Poverty*. Lives in Transition Evening Graduation Program, Clatsop Community College, Astoria, OR.

Graham, M.A. (2007). *Graduation from Poverty*. Student Support Services Graduation Program. Portland State University, Portland, OR.

Graham, M.A. (2007). *Advocate for Students in Poverty* (2008). In-service presentation, Penns Manor School District, Clymer, PA.

Courses Taught

Addictions
COUN 5190
Seattle University

Child and Adolescent Development for Teachers
EDUC 5833
The College of New Jersey

Appraisal
COUN 610
Oregon State University

Basic Skills
COUN 617
Indiana University of Pennsylvania

Career Education
COUN 626
Indiana University of Pennsylvania

Classroom Instruction for Counselors
COUN 512
Oregon State University

Counseling Children and Adolescents
COUN 561
Seattle University

Counseling Internship
COUN 590
Oregon State University

Counseling Lab
COUN 551
Seattle University

Counseling Theories
COUN 511

Seattle University

Counseling Theories
COUN 637
Indiana University of Pennsylvania

Counseling Practicum
COUN 554
Seattle University

Crisis Counseling
COUN 591
Seattle University

Group Theories
COUN 517
Seattle University

Internship
COUN 515
Oregon State University

Introduction to School Counseling
COUN 410
Oregon State University

Service to the Seattle University

Seattle University Board of Trustee Mission, Inclusion and Culture Committee (2020-present)
Seattle University NSF Program Review Meeting (2019)
Seattle University New Faculty Institute New Faculty Panel (2019)
Catholic Higher Education Summer Colloquy (2019)
Seattle University Rank and Tenure Committee (2017-2019)
Seattle University Interdisciplinary Consortium Committee (2009-present) Seattle University
Faculty Handbook Revision Committee (2009-2011) Seattle University Academic Assembly
Committee (2008-2011)

Service to Seattle University College of Education

Seattle University College of Education Deans Search Committee (2020; 2021)
Seattle University College of Education Associate Deans Search Committee (2020)
Seattle University College of Education Counseling Faculty Search Committee (2020)
University CDLI Summer Flip and Flow (2020)
Seattle University Academic Curriculum Review Committee (2019) Seattle University
Counseling Department Program Director (2019-2020)
Seattle University College of Education Administrative Search (2019)
Seattle University College of Education Faculty Counseling Search Committee Chair (2017;
2018)
Seattle University College of Education Equity and Diversity Planning Committee (2017; 2020)
Seattle University College of Education Administrative Search (2017)
Seattle University College of Education Department of Leadership Chairperson (Spring-2017)

Seattle University College of Education PEAB Liaison (2015-present)
Seattle University CDLI intensive Course Design (2014)
Seattle University Counseling Department Program Director (2012-2014)
Seattle University College of Education Faculty Search Committee (2010, 2011, 2012, 2015, 2016, 2017, 2018, 2020)
Seattle University Counseling Department School Counseling Director Liaison (2015-present)

Service to the Profession

Board of Directors Words Heal (2019-present)
University of Washington Conditional Grant Behavioral Health Team (2019-present)
Guest Editor Journal of International Reality Therapy (2017)
Grant Reviewer-USDE-Upward Bound Competition One (2017)
Grant Reviewer USDE-Upward Bound Completion Two (2017)
Seattle University Middle College School Counselor Volunteer(2017)
School Counseling Intern Gates Alternative School (2016)
Washington State OSPI Reducing Disruptive Behaviors Panel (2015-2016)
WSCA Vice President of Postsecondary Education (2012-2014)
Grant Reviewer-USDE-Ronald McNair (2012)
Grant Reviewer-Office of Justice-Sex Offender Monitoring (2012)
Grant Reviewer-USDE-Educational Talent Search (2011)
President Northwest Board of Directors Glasser Institute (2010-2011)
Grant Reviewer-USDE-Student Support Services (2010)
Grant Reviewer-USDE-Safe and Healthy Schools (2010)
Grant Reviewer-USDE-Elementary and Secondary School Counseling (2010)
ACES Proposal Reviewer (2009)
Grant Reviewer-USDE-Hispanic Serving Institutions (2009)
ACA Publication Committee (2008-2011)
WACES Proposal Reviewer (2008)
Grant Reviewer USDE-Smaller Learning Communities (2008)
ACES Emerging Leaders Training (2007)
ACES Proposal Reviewer (2007)

Global Service and Professional Development

Vietnam (2018-2019) Teacher Training, Direct Services and Program Development
Guatemala (2017) Graduate Counseling Student Language Immersion and Service Trip
Kenya (2016; 2015) Interdisciplinary Service Learning Trip and Counseling Program Development
Nicaragua (2013) Service Learning Trip
Kenya (2013) Service Learning Trip and Counseling Program Development Nicaragua (2012) Service Learning Trip
Guatemala (2012, 2014, 2016,) Language Immersion and Service Learning Trip
Bolivia (2011) Service Learning Trip
Nicaragua (2011) Jesuit Faculty Immersion Program

Academic Awards and Honors

2014 Counselor Educator of the Year-Washington School Counselor Association
2016 Educational Partner of the Year Franklin Pierce School District

Professional Membership

American Counseling Association
American School Counseling Association
Association for Counselor Educators and Supervisors
Washington School Counselor Association

Funded Grants

Graham, M.A. (2017) Seattle University Global Grant (\$3940).
Graham, M.A., & Smith, M.A. (2014) Seattle University Endowed Mission Fund Grant (\$1800).
Graham, M.A. (2013) Seattle University COE Professional Development Grant (\$1500).
Graham, M.A. (2013) Seattle University Endowed Mission Fund Grant (\$1800).
Graham, M.A. (2008) IUP COE Research Grant (\$2500.00).
Graham, M.A. & Lee, K. (2008) Seattle University Global Initiative Grant (\$2200.00)
Graham, M.A. (2006). United States Department of Education Upward Bound Grant (\$291,000 per year for a four-year cycle).
Graham, M.A. (2006). United States Department of Education Talent Search Grant (\$297,790 per year for a four-year cycle).
Graham, M.A. (2007). IUP USCR Research Grant (\$1195.00).

Approved Grants-Not Funded

Graham, M.A., Erber-LaPiere, N., & Leibsohn, J. (2019). *HRSA-19-085 Opioid Workforce Expansion Professionals Grant* (\$436,110 requested per year for a three-year cycle).

Non-Funded Grants

Coleman-Salako, F., Graham, M.A., & Kirby, E.A. (2018) Robert Wood Johnson Foundation-
Developing Solutions for Social Isolation in the United States: Learning from the World.
Book Buddies for New Mommies (\$605, 899.93)