#CovidComplete An Inside Look at Covid-19 Forecasting By Steve McConnell

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Goals for this Talk

- Diffuse emotion and politics; show why you should ignore IHME's forecasts
- Demystify forecasting (vs. speculation)
- Explore Covid-19 data issues; correct common data misreporting issues
- Provide background on the CDC's forecasting process
- Explain what's possible and what is not possible in Covid-19 forecasting
- Demonstrate state of the art of current Covid-19 forecasts

Why Create State Forecasts?

- Guides near-term activity planning and event planning (1-4 weeks)
- Anticipates regional surges
- Identify areas that will need additional supplies, equipment, staff
- Identify areas that can spare supplies, equipment, staff
- Provides data-based feedback on policy decisions (as long as the forecast is based on data rather than the assumptions being tested)

- Why create National Forecasts?





Guides near-term activity and event planning (1-4 weeks)



Provides important context for state-level decisions (how much capacity is expected to be available nationally?)



Provides data-based feedback on policy decisions



Avoid panic (or create it)



My personal role in Covid-19 Forecasting

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Microsoft

COMPLETE

A práctical handbook of software construction

Steve McConnell Two-time winner of the Software Development Magazine Jolt Award

For most of my career I have focused on understanding the data analytics of software development, including quality, productivity, and estimation. The techniques I've learned from working with noisy data, bad data, uncertainty, and forecasting all apply to COVID-19.



SOFTWARE ESTIMATION



Microsoft

Demystifying the Black Art

Steve McConnell Two-time winner of *Software Development* magazine's Jolt Award

Experts tend to use simple estimation strategies, even when their level of expertise in the subject being estimated in high — Steve McConnell, Software Estimation









Why I got Involved



I don't like playing games with forecasts during a global pandemic

Playing games with data – earlier



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Playing games with Data, Recently



 IHME released three projections based on different assumptions: a worst-case scenario, a best-case scenario and a most likely scenario.



HEALTH AND SCIENCE

Will Feuer

Key coronavirus forecast predicts over 410,000 total U.S. deaths by Jan. 1: 'The worst is yet to come'

PUBLISHED FRI, SEP 4 2020-11:20 AM EDT | UPDATED SUN, SEP 6 2020-5:06 PM EDT

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KEY POINTS Covid-19 has so far killed at least 186,800 people in the U.S., according to data compiled by Johns Hopkins University.

- The model by IHME, whose models have previously been cited by the White House and state officials, forecasts that the death toll will double by Jan. 1.
- IHME released three projections based on different assumptions: a worst-case scenario, a best-case scenario and a most likely scenario.

What would need to happen for this to be true?

- The death trend would need to more than double, immediately, despite trending down 10%/week for the past few weeks, along with leading indicators also trending down
- Need to incur more deaths in four months than we've had since the beginning of the pandemic

What would need to happen for this to be true?

- Need to average 1800 deaths per day for 115 days straight, which was 100 more days than we'd had that many deaths so far
- No one can take any corrective action to reduce deaths even after deaths skyrocket, and they must continue not to take any action for 4 months



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My Observations

- This forecast is not going to happen
- This forecast is completely unfounded
- This forecast is in no way "most likely"

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 IHME released three projections based on different assumptions: a worst-case scenario, a best-case scenario and a most likely scenario.

This "Forecast" is completely unfounded



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— How Accurate were Other Forecast for the same period?



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— How Accurate were Other Forecast for the same period?



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Why I got Involved

I just wanted to know what is going on with the pandemic, without all the spin



The Basics: What is Forecasting?

Forecasting is not the same as speculation, but we are seeing them treated interchangeably



PostEverything • Perspective

Scientists want to predict covid-19's longterm trajectory. Here's why they can't.

Our research suggests that forecasts are unreliable further than a few weeks out



Dining outdoors in Manhattan on Monday. (Jeenah Moon/Reuters)

By Nicholas Reich and Caitlin Rivers

What is possible with forecasting

- 1-4 week time horizons
- ✓ Accurate national forecasts
- Pretty accurate state forecasts, especially for more active states
- Anything further out than that is speculation (even if it's dressed up with graphs and numbers, which most of it is)

September 15, 2020 at 11:22 a.m. PDT

Forecasting vs. Speculation

Forecasting

- Inputs are known
- Outputs (forecasts) are calculated based on known relationships

Speculation

- Inputs are guesses
- Outputs are guesses piled on top of other guesses



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Knowns

- Number of people who have already tested positive
- Approximate relation between positive tests and cases
- Approximate fatality rates by age and comorbidity status
- Progression of the virus in individuals

Unknowns

- Specific policies that specific states will implement (or relax) in the future
- Dates those policies will be implemented or relaxed
- Effectiveness of the policies, with good compliance
- Effectiveness of the policies, with whatever compliance we actually get
- Availability of vaccines
- **E**ffectiveness of vaccines, when and if available

The Basis of Forecasting "What We Know"



We Know Much More About Covid-19 Now Than We Did on 1/22/20

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Fatality is highly age-related (~50% of deaths are age 80+)

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Fatality is highly co-morbidity related (~90% of fatalities involve at least one co-morbidity

A lot more people are infected than have tested positive

- Early in the pandemic: 10-20x cases per positive test
- Now—3-5x cases per positive test



We know the timing of the course of the disease

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- We have a pretty good view of the timing of the disease



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Of course there's variability in all of this



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This allows us to draw some inferences



This allows us to draw some inferences



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This is more about reporting dates, more than actual dates



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What Does This Have to do With Forecasting?

Timing forms the basis of forecasting (for my method)



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Forecasting Begins with Data

Current State of Data, Part 1



Current State of Data, Part 2



Problems with Cumulative Data

Issues with cumulative data, examples

- Bing/covid graph
- **JHU** graphic
- What is cumulative data good for?

Typical Cumulative Graph



Source: https://www.bing.com/covid/local/unitedstates?vert=graph

Johns Hopkins Coronavirus Dashboard



Source: https://coronavirus.jhu.edu/map.html

Johns Hopkins Coronavirus Dashboard – Newer Graphic



Source: https://coronavirus.jhu.edu/us-map

Incremental Data

- Incremental data is more meaningful than cumulative data
- But it also opens the door to a whole new set of data quality issues

Daily Graphic



US Daily Positive Tests and Deaths as of 10/8/20

Issue #1 with Daily Data – Sundays!





Source: stevemcconnell.com/covid

Issue #1 with Daily Data – Sundays!



US Smoothed Daily Positive Tests and Deaths as of 10/8/20

Issue #2 with Daily Data – Spikes in State Level Data



Source: stevemcconnell.com/covid

NY's data contains anomalies in Deaths (5/7/20)



Source: stevemcconnell.com/covid

WA's data contains anomalies in Deaths (4/26/20)



PA's data contains anomalies in Deaths (5/5/20)

Source: stevemcconnell.com/covid



Source: stevemcconnell.com/covid



Source: stevemcconnell.com/covid

NJ's data contains anomalies in Negative Tests (8/8/20)



Source: stevemcconnell.com/covid

State Level Data Smoothing

- Due to non-regular reporting frequencies, smoothed data is actually more accurate than non-smoothed data
- The smoothing period must be a multiple of 7 days
- By the same reasoning, weekly data is more accurate than daily data
- Smoothing helps, but it doesn't change the fact that there are still weird spikes in the data

Covid-19 Data Issues

Issues with daily data

- Part 1: Sundays (the weekly cycle)
- Part 2: State-level data spikes and corrections

Alternatives

- Running averages
- Deltas

Data Smoothing – Running Averages



Data Smoothing – Running Averages







Data Smoothing – Deltas (linear)



Source: stevemcconnell.com/covid

Data Smoothing – Deltas (log)



Data Smoothing – Deltas (log)



Specific Data Relationships

Calculating CFR/IFR

CFR vs. IFR - Terminology

- "Case" people who are diagnosed/tested as positive
- "Infected" people who get the virus whether they're tested or not
- "CFR" = Case Fatality Rate

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- This is number of fatalities divided by number of "cases" (positive tests)
- "Junk CFR" = Today's fatalities divided by today's positive tests
- "Naïve CFR" = Today's fatalities divided by the number of positive tests at some sensible point in the past (e.g., 14 days)
- "IFR" = Infection Fatality Rate percentage of people infected who die, whether they've been tested or not
- BOTH Naïve CFR and IFR are useful for certain purposes



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Usefulness of IFR

Useful for assessing risk

- To an overall population
- To specific groups within the population

Usefulness of CFR

Useful for estimation purposes

- IF you get all your facts straight (data assumptions)
- Calculations are usually presented incorrectly in ways that undermine clear understanding of the data

Data Correction #1

Lining up time periods correctly for Naïve CFR



Correcting "Junk CFR" (line up time periods correctly)

- People do not get infected, test positive, and die on the same day
- But commonly reported CFRs effectively assume that's the way it happens

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Correcting "Junk CFR" (line up time periods correctly)

 This mistake gives rise to dramatically inaccurate calculations of fatality rates, especially in the early days of the pandemic

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Correcting "Junk CFR" (line up time periods correctly)

- This mistake gives rise to dramatically inaccurate calculations of fatality rates, especially in the early days of the pandemic
- This correction results in a higher CFR than was reported by the media at the time (but that doesn't imply the IFR was higher)

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Data Correction #2

Tests <> Cases

Relationship between positive tests and cases has changed

- The level of testing has steadily increased over the course of the pandemic
- Early in the pandemic, there were **10-20** cases per positive test
- More recently, there are **3-5** cases per positive test

Note: the total tests axis is 10x the positive tests axis



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Positive Tests vs. Estimated Cases Over Time



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More on Positive Tests vs. Cases





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The Estimated Cases Trend Aligns with Death Trend (The Positive Tests Trend Does not)



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Calculating Meaningful CFR

Get our time periods for tests and deaths lined up correctly
Get clear about the idea that tests <> infections
Calculate a correct number for infections

Data Correction #3

Account for Age

Remaining CFR Issue: CFR is Age-Based



Italy's average is 45.1

Spain's average is 42.3

Average age in the US is 38.2

Median Age

IFRs and Co-Morbidity

- 90% of deaths have involved at least 1 co-morbidity
- Risk of death with a co-morbidity is HIGHER than published; risk without is LOWER
- At younger ages this makes a HUGE difference in risk



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Most serious comorbidities, according to CDC

- Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies
- Cancer
- Chronic kidney disease
- COPD
- Obesity (BMI> 30)
- Sickle cell disease
- Solid organ transplantation
- Type 2 diabetes mellitus

CDC list of risk levels of specific comorbidities and level of evidence for each: https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/evidence-table.html

Approximate Covid-19 Infection Fatality Rates With and Without Comorbidities



Summary of "Tools" we can use for Forecasting

- Corrections to raw data reporting (weekly cycle issues)
- Corrections to timeline (lag from positive tests to deaths)
- Understanding of what is needed to estimate infections (not tests)
- Potential to adjust for the key factor of age

- CDC Covid-19 Forecasting

CDC Forecasting Website

CDC Covid-19 Forecast Process

CDC work is overseen by a team at University of Massachusetts Amherst



Modeling groups submit forecasts to the CDC





Specific organization is Reich Lab based in the Department of Biostatistics and Epidemiology



Forecasts that meet certain criteria are combined into the "Ensemble" model, which is the forecast model of record for the CDC

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Modeling submissions to the CDC



CDC Covid-19 Forecasts



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Forecast Teams

Universities	Universities
Carnegie Mellon	RPI
Columbia	Texas Tech
Columbia/UNC	UCLA
Georgia Tech	USC
Harvard	UW/IHME
Iowa State	University of AZ
Johns Hopkins	U Cal Merced
London School of	UCSD
Hygiene and Tropical	University of Geneva
	University of Georgia
Northoactorn	U Mass Amherst
Northeastern	U Michigan
Notre Dame	U Texas Austin

Research Labs

Los Alamos National Lab US Army Research and Development Center Walmart Labs Data Science Team Covid19 Simulator Consortium (MassGen, Harvard, Georgia Tech, Boston Medical Center)

Individuals and Firms

Discrete Dynamical Systems Institute for Business Forecasting **IQVIA** John Burant Karlen Working Group LockNQuay Oliver Wyman **Predictive Science Inc** Qi-Jun Hong **Robert Walraven** Steve McConnell Youyang Gu

Forecast Teams and Coordination

The better forecast teams and the worst are not what you'd expect them to be, considering some of the institutions involved There's a weekly forecast call Tuesdays at noon Pacific time to review the week's forecasts The university teams can be quite academic ("once you know how the sausage is made, you'll never eat sausage again") Some well-known, highly respected institutions are submitting **terrible** forecasts

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Groups use Various Methods

- Massive data sets, e.g., 500 million records
- Esoteric data, e.g., use of mobility data from cell phone records
- Machine learning
 - Al
- Bayesian analysis, Monte Carlo simulations, etc.
- Pre-existing infectious diseases models

Model descriptions are available from the <u>CDC website</u> (many just link to github)

One of the most enduring and useful conclusions from research on forecasting is that simple methods are generally as accurate as complex methods.

— J. Scott Armstrong, Principles of Forecasting





What's Possible with Forecasting Nationally?









Accuracy over time for 1, 2, 3, and 4-week forecasts



Covid-19

National Forecasts Have Improved Markedly Since July

Earlier National Forecasts



Longer-term history of earlier national forecasts



More National Forecast Evaluations





What's Possible with Forecasting at the State Level?



State Level Forecasts

- Numbers of total tests, positive tests, cases, and deaths are smaller
- Data is rougher
- Models tend to do better on states with bigger numbers
- Accurate forecasting is arguably more important than national forecasts





Point Forecast Error ----- Accuracy Target, Interval Forecasts — Accuracy Target, Point Forecasts









State Forecasting at its Best: 1 Week Horizon


State Forecasting at its Best: 1 Week Horizon



More State Forecast Evaluations



www.stevemcconnell.com/covid

More Overall Forecast Evaluations



www.stevemcconnell.com/covid



Summary

- Accurate forecasts are possible on 1-4 week horizons
- National forecasts were not accurate into early summer, but have become quite accurate in late summer and fall
- State forecasts are not as accurate as national forecasts; forecasts for bigger states tend to be more accurate, but not always
- The most accurate forecasts come from private individuals as often as they come from universities; the most prestigious universities are not producing accurate forecasts
- The CDC's Ensemble model is consistently among the most accurate forecast models for nearly all periods and types of forecasts



Covid-19 Spin-Free Data Center

stevemcconnell.com/covid



- SteveM's Covid-19 Data Center <u>https://www.stevemcconnell.com/covid</u>
- SteveM's article on detailed age and comorbidity risk

https://medium.com/@stevemcc/the-one-graph-you-need-to-understand-covid-19-comorbidities-5c7c8b64254f

- CDC list of specific comorbidity risks
 - https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/evidence-table.html
- CDC forecast hub

https://viz.covid19forecasthub.org/

- Washington state data dashboard
 - https://coronavirus.wa.gov/what-you-need-know/covid-19-risk-assessment-dashboard
- Tableau international comparison data

https://public.tableau.com/profile/jonas.nart#!/vizhome/COVID19_15844962693420/COVID19-TrendTracker

Discussion