

CECANIA ALEXANDER  
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## **QUALIFICATIONS**

- MSW graduate (University of Washington)
- Licensed Independent Clinical Social Worker LICSW (License #LW.61496265)
- 6+ years experience in direct clinical setting as therapist
- 3+ years experience as Field Instructor/Supervisor for UW MSW clinicians
- 3+ years experience in Community Mental Health/Medical Social Work
- Experience working clinically and with cultural humility with adults, youth, seniors, transgender patients/clients, queer patients/clients, BIPOC patients/clients, low income patients/clients, immigrants and refugees and patients/clients of varying diverse identities

## **HIGHER EDUCATION EXPERIENCE**

### **Adjunct Faculty**

Seattle University

SOCW 5110 Generalized Practice: Fall Quarter 2024; 2025; 2026

Taught 1st year MSW students fundamentals of practice with individuals including stages of treatment, biopsychosocial assessment, interview skills, brief interventions, suicide assessment/intervention, confidentiality, and ethics and values of social work.

SOCW 5320 Human Development Across the Lifespan: Spring Quarter 2025

Taught 1st year MSW students fundamentals and specific developmental stages and critical factors that shape and influence human developmental trajectories, through systems lens and social justice framework.

### **Guest Speaker**

University of Washington

SOCW 525 Specialized Practicum 2024;2025

Guest speaker on using Internal Family Systems (IFS) in practice

Seattle University 2025

Guest speaker on assessments and letters of support for transgender care

Pacific Lutheran University

Guest speaker on assessments and letters of support for transgender care

## **SOCIAL WORK FIELD EXPERIENCE**

Private Practice, Forager PLLC, May 2025 - present

Role: LICSW mental health therapist

In person in Seattle and remote in WA

Responsibilities: 1) Manage an independent clinical caseload of ~18 client sessions weekly, providing specialized psychotherapy for adults using Behavioral Therapies, Somatic and

Mindfulness Therapies, and Internal Family Systems Therapy. Lenses of practice include Systems Theory, Anti-Opressive Practice, and a strengths-based approach. 2) Handle all business operations, including client intake, treatment planning, billing, risk assessments, and secure record-keeping through electronic health record systems.

MEND Seattle. August 2020 - present.

Role: Clinical Supervisor, September 2022-present.

Responsibilities: 1) Hold weekly one-on-one and dual clinical supervision meetings with University of Washington Master of Social Work Advanced Practicum students. 2) Train, advise, coach and educate interns on assessments, interventions, treatment plans, clinical documentation, code of ethics, organization procedures and career coaching. 3) Attend bi-monthly supervisor meetings with clinical director and fellow clinical supervisors to strategize internship program and intern needs.

Role: Staff Therapist, August 2021-December 2025. Responsibilities: 1) Hold one-on-one weekly therapy sessions and enact interventions, referrals, and treatments as needed. 2) Complete all billing, documentation, and intake assessments for caseload including all scheduling and client communications. 3) Mentor current intern therapists weekly. 4) Co-lead the organization's Social Media and Marketing team.

Role: Intern Therapist, August 2020-July 2021. Responsibilities: 1) Hold one-on-one weekly therapy sessions. 2) Complete all billing, documentation, and intake assessments for caseload including all scheduling and client communications. 3) Attend training on Intersectional Feminism weekly.

Seattle Roots Community Health Centers (formerly Country Doctor and Carolyn Downs Medical Centers). Seattle, WA. May 2022 - present.

Role: Licensed Social Worker, Behavioral Health, February 2024 - present

Role: Behavioral Health Care Coordinator May 2022 - February 2024

Responsibilities: 1) Conduct intake assessments 2) Provide immediate intervention for patients in crisis and urgent need 3) Provide short term case management for clients including resource connection, assistance with housing/food security/transportation/insurance needs 4) Provide short term bridge counseling sessions with patients as needed 4) Conduct assessments and write letters of support for patients needing letters of support for gender care 4) Manage all internal behavioral health referrals 5) Engage meaningfully with patients with diverse identities, primarily those who are uninsured, on Medicare and Medicaid

Sound (formerly Sound Mental Health). Seattle, WA. August 2019 - June 2020.

Role: Intern in Wraparound with Intensive Services (WISe) program. Responsibilities: 1) Interacted with high needs youth ages 0-21 in various programming roles. 2) Visited schools as one-on-one support for program participants and held individual therapy sessions in-school. 3) Participated in case consults with the clinical and family support teams. 4) Worked professionally and with clients and families of diverse identities, cultures and socioeconomic backgrounds.

Seattle Audubon Society. Seattle, WA. October 2015 - August 2018.

Role: On-Site Coordinator, June - August 2018. Responsibilities: 1) Supervised and cared for youths ages 5-18. 2) Implemented new programming in diverse and low income area, providing subsidized/free tuition.

Role: Finding Urban Nature Contractor, March - May 2018. Responsibilities: 1) Taught urban nature environmental lessons to 3rd graders in Seattle Public Schools. 2) Trained volunteers in organization/Seattle Public Schools standards.

Role: Environmental Education Coordinator as Americorps Washington Service Corps member. October 2015 - September 2016. Responsibilities: 1) Coordinated and trained volunteers on environmental lessons. 2) Designed, coordinated, advertised, scheduled, and led a diverse teen nature program focusing on providing community benefits of nature groups to youth.

Arkansas Children's Hospital. Arkansas City, Arkansas. January-March 2015.

Role: Intern in the Child Life Department as Americorps NCCC member. Responsibilities: 1) Addressed the emotional, social, educational and recreational needs of hospitalized children under supervision and shadowing of social work team. 2) Utilized play and conversation in one-on-one settings to assist in emotional and physical healing. 3) Received award of Corps Member of the Round for successful work with patients.

## **RELEVANT VOLUNTEER EXPERIENCE**

LAPIS. Seattle, WA. May 2025 - present.

Role: Volunteer. Responsibilities: 1) Manage client communications and navigate clients through intake, assessment, and discharge 2) Perform free and trauma-informed psychiatric diagnostic evaluations 3) Write support letters for gender affirming medical care.

Kline Galland Home. Seattle, WA. November 2018 - March 2020.

Role: Volunteer. Responsibilities: 1) Weekly caretaker and visitor for several patients, including quadriplegic patient with MS and several patients in intensive memory care ward. 2) Aided in implementing community building activities for seniors in care facility.

## **EDUCATION**

Master of Social Work, University of Washington. Seattle, WA. Graduated 2021.

Bachelor of Arts, University of Victoria. Victoria, B.C. Canada. Graduated 2014.