

# W. Nathaniel Mason, M.Ed., NCC

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William & Mary · Department of School Psychology and Counselor Education  
301 Monticello Ave, Williamsburg, VA 23185 · (804) 380-4590 · wnmason@email.wm.edu

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## EDUCATION

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|--------------|---------------------------------------------------------------------------------------------------|----------|
| <b>Ph.D.</b> | College of William & Mary- Williamsburg, VA<br>Counselor Education and Supervision                | May 2021 |
| <b>M.Ed.</b> | College of William and Mary, Williamsburg, VA<br>Clinical Mental Health and Addictions Counseling | May 2018 |
| <b>B.A.</b>  | University of Virginia, Charlottesville, VA<br>Cognitive Science/Psychology<br>Minor in Sociology | May 2013 |

## ACADEMIC APPOINTMENTS

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**Assistant Clinical Professor in Online Clinical Mental Health Counseling** September 2024- present  
Seattle University College of Education

*COUN 5580- Introduction to Clinical Mental Health Counseling*  
*COUN 5190- Addictions Counseling*  
*COUN 5000- Research for Counseling*

**Assistant Professor (Tenure Track) in Counselor Education** August 2021- August 2024

St. Bonaventure University Online Counselor Education Program

*CE 500- Research in Counseling*  
*CE 511- Human Development*  
*CE 510- Introduction to Professional Counseling*  
*CE 530- Theories & Techniques in Counseling*  
*CE 540- Psychopathology in Counseling*  
*CE 610- Practicum in Counseling*  
*CE 625A- Internship I in Counseling*  
*CE 625B- Internship II in Counseling*  
*CE 634- Interventions in Clinical Mental Health and School Counseling*  
*CE 639- Human Sexuality*  
*CE 640- Introduction to Addictions*  
*CE 642- Introduction to Crisis Counseling*

## SERVICE

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**School of Education Service, St. Bonaventure University**

- Search Committee for Visiting Professor in Counselor Education
- Spring Forum Committee Member

Spring 2022  
Spring 2022

**University Service, St. Bonaventure University**

- Graduate Student Council

Fall 2022- present

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- Voting members on decision related to new graduate faculty, course updates, and other operations pertaining to graduate programs

## Department of Counselor Education Service, St. Bonaventure University

- Course Lead for CE 530 (Theories & Techniques in Counseling) and CE 550 (Group Counseling)
- Course Lead for CE 540 (Diagnosis and Psychopathology), CE 637 (Clinical Mental Health Counseling in Community Settings) and CE 560 (Testing and Appraisal)
- Chapter Faculty Advisor- Chi Sigma Iota (Phi Rho Chapter) Fall 2023- present
  - Assist with identify students eligible for induction
  - Send invitations to new inductees while checking for payment of chapter dues
  - Facilitating logistics related to induction ceremony and commemorative certificate/pin/medallions for new inductees and graduates
  - Submission of Fall and Spring Reports
  - Handling off-campus student account regarding money, dues, and any expenses
- Member of Student of Concern Committee Spring 2022- Aug 2023
  - This committee oversees the formal process for monitoring professional dispositions of students in the Counselor Education program.
  - review all Notices of Concern filed by faculty members.
  - Consult with faculty members on an as needed basis, meet regularly (biweekly scheduled and as needed for immediate discussion)
  - Write up professional development plans for students, review student assignment submissions for professional development plans, and make decisions regarding recommendations about students' future path in the program to the larger faculty.

## Professional Service, Counselor Education

- Editorial Board Member- Journal of LGBTQ+ Issues in Counseling September 2020 - present
  - Review manuscripts in a timely manner and give input on manuscript's eligibility for publication in peer-reviewed manuscripts
- Member of William and Mary's Counselor Education Advisee Committee August 2021- August 2022

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## MEMBERSHIPS

|                                                                        |               |
|------------------------------------------------------------------------|---------------|
| American Counseling Organization (ACA)                                 | 2016-present  |
| Association for Assessment and Research in Counseling (AARC)           | 2019- present |
| Association for Counselor Education and Supervision (ACES)             | 2018-present  |
| Chi Sigma Iota Honor Society- Omega Mu Chapter                         | 2017-present  |
| Southern Association for Counseling Education and Supervision (SACES)  | 2018- present |
| Virginia Counseling Association- Peninsula Division                    | 2017-present  |
| National Association for Alcoholism and Drug Abuse Counselors (NAADAC) | 2019- present |

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## PROFESSIONAL EXPERIENCE

### The Relationship Center- Resident Counselor

August 2021- present

- Provide individual clinical services for families, couples, and individuals seeking assistance with substance use, anxiety, depression, self-esteem, and transitional-concerns

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- Utilize a person-centered, solution-focused approach with core components of Motivational Interviewing and CBT
- Provide couples therapy using an emotionally-focused framework
- Maintain accurate case notes and records
- Utilize culturally-responsive, empirically-supported treatment interventions to a variety of clients with intersecting identities.
- Emotionally-Focused Therapy (EFT) Externship Training (Level 1)

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## **Williamsburg Counseling- Resident Counselor**

June 2018- August 2021

- Provide individual clinical services for adolescents and young adult individuals seeking assistance with substance use, anxiety, depression, self-esteem, and transitional-concerns
- Utilize a person-centered, solution-focused approach with core components of Motivational Interviewing and CBT
- Assist lower SES clients by offering services at a reduced cost
- Maintain accurate case notes and records
- Utilize culturally-responsive, empirically-supported treatment interventions to a variety of clients with intersecting identities

## **New Horizons Parent Youth and Family Groups**

June 2019 – August 2020

- Implement age-appropriate intervention strategies for elementary school-aged clients on topics related to emotional awareness, healthy communication, and understanding family strengths.
- Follow and edit curriculum as needed to include experiential activities, topics to be covered, goals addressed in session, and desired outcomes.
- Rapport-building with families during pre-group meeting time to build cohesion and a working alliance with clients.
- Maintain accurate and clinically-appropriate documentation on client progress.
- Record videos of strategies, psycho-education, and helpful tips for families dealing with communication concerns, emotional regulation, and addictions within the family system.

## **New Leaf Co-Student Director**

June 2019- May 2021

- Develop and implement training on ASTP groups, BASICS sessions, and Motivational Interviewing for incoming first-year master's students in addiction cohort
- Provide clinical supervision to master's students via observation, live-feedback, and tapes to enhance skills and conceptualization in clinical settings
- Utilize a developmentally-appropriate model of supervision in order to balance support and challenge for students
- Assign clients to students as necessary
- Maintain accurate and up-to-date clinical documentation for case files

## **School of Education Online Counseling Program Graduate Assistant**

August 2020- May 2021

- Assist Dr. Lori Ann Stretch with providing developmentally-appropriate feedback for students' papers and discussion posts
- Answer questions related to course logistics, expectations, and requirements
- Create and find resources for course-building and development for Dr. Stretch.
- Maintain online database for skills-lab and techniques demonstration scheduling

## **New Horizons Family Clinic- Coordinator of Terminations**

August 2019- May 2020

- Assist with documentation adherence by completing file audits and terminations on a cyclical basis for master's students interning in the New Horizons Family Clinic.
- Maintain regular correspondence requesting additional documentation if needed
- Maintain accurate databases that reflect current terminated status of files
- Will assist with transitioning from paper-based file system to Titanium online software

## **New Horizons Family Clinic Graduate Assistant**

August 2018- June 2019

- Communicate with local school regions to assist identifying families that would benefit from Youth & Family Groups and related programming
- Research and consolidate information related to suicide assessment and compile a list of local agencies that can assist with emergency services if needed

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- Create and edit flyers for Youth & Family groups to visually assist in explaining clinical services provided by group facilitators

## **Graduate Summer Intern in Office of Student Accessibility Services** June 2019- August 2019

- Acted as the Logistics Coordinator to spearhead planning for Neurodiversity Summer Bridge Program to assist neurodiverse students with acclimating to their first year in college
- Assisted Dean of Students Lesley Henderson with Excel audits for data pertaining to accommodation types and frequency of occurrence based on semester.
- Navigate Accommodate online database system as a manager to check on student requests, relevant documentation, and other accommodation request updates.

## **School of Education Faculty Graduate Assistant** August 2018- June 2019

- Assist Dr. Johnston Brendel with organizing information pertaining to internship site-locations for 2<sup>nd</sup> year Master's Students
- Provide assistance with corresponding with site supervisors
- Help build Blackboard sites with academic-related information as given by instructor
- Facilitate with providing relevant information for 1<sup>st</sup> year Master's students during Practicum orientation

## **Office of Diversity and Inclusion- Graduate Assistantship** January 2017- May 2018

- Assist the Assistant Director of Diversity with any tasks related to accommodations research, ADA compliance, and related needs for faculty and staff with various levels of ability
- Provided direct assistance to faculty member for classroom assistance including technology support, attendance and necessary book-material preparation, and any other related tasks as assigned
- Compose VOICES newsletter- monthly publication on diversity-related news around the university
- Troubleshoot relevant HR logistics as needed by Assistant Director
- All other related administrative tasks

## **Bacon Street Youth and Family Services – Clinical Intern** July 2017- June 2018

- Conduct assessments for low-mid SES adolescent clients in York, WJCC, and Williamsburg district with comorbid substance use disorders
- Serves as a liaison with community members and legal members, including lawyers and probation-officers for court mandated clients
- Provide direct individual, family, and group therapy under supervision of Laura Townsend, LPC, LMFT
- Engage in individual and group supervision to discuss clinical and organization needs as they occur
- Incorporate a family system, humanistic/person-centered, existential, and CBT approach when conceptualizing clients and their needs

## **New Leaf Clinic- William and Mary School of Education** August 2016-Dec 2018

- Utilize Motivational Interviewing technique to process through alcohol-related sanctions with clients as required by Dean of Students
- Provide direct clinical services through BASICS (2-sessions), 6-sessions sanctions, and Alcohol Skills Training Program (ASTP) groups
- Attend trainings and receive supervision and feedback regarding progress towards therapeutic relationships
- Completed psycho-education towards alcohol effects, dependence and pros and cons of college-drinking

## **Elk Hill Farm-Therapeutic Day Treatment Counselor and IHH Counselor** July 2015- October 2016

- Maintain a client caseload of 6 clients with diagnosed psychological and behavioral needs in a private, school setting
- Kept appropriate documentation records, including consent to exchange information forms, memorandums to physicians, assessment information, medical histories and psychological summaries in client case files
- Create and implement individualized service plans (ISPs) for all clients

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- Observe students for at least 1 service hour per student on a daily basis in the classroom setting,
- Conduct individual sessions with clients to discuss individual needs, including emotional, psychological and mental issues throughout the week
- Maintain contact with families and other mental health and medical providers to provide excellent service coordination and implement integral care
- Work closely and collaborate with school counselor, administrators and teachers to implement effective and real-time interventions that help each student excel in the classroom setting
- Build a rapport with all community members to more effectively carry out mental health service provision in a private school setting

## Ezett Youth and Family Services – Intensive In-home Counselor

Dec. 2014- June 2015

- Implementation of client-centered Individual Service Plans (ISPs) through cohesive, home-centered counseling with clients and caregiver(s)
- Maintenance, organization, and writing of Medicaid-required documentation including but not limited to daily progress notes, monthly notes, quarterly notes, and prior authorization extensions for additional therapy as needed
- Provided a regimented schedule of two (minimum) face-to-face sessions per week, and working collaboratively with other facets of client's lifestyles. These other therapeutic hours include family sessions, school visits/checks, home visits with the caregiver, and community events with the clients.
- Follow up with case management duties as assigned
- Support a caseload of 3-4 clients for an extended period of time

## Research Assistant: Department of Psychiatry

August 2012- June 2013

- Responsibilities: Assisted with APA Formatting, citations, review of manuscripts to fit APA formatting
- Conducted literature searches and edited content for clarity including PowerPoints and data spreadsheets for presentations related to insomnia, diabetes management, and coping with chemotherapy
- Helped with editing a presentation related to internet-based interventions for insomnia of particular population

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## LICENSURE & CERTIFICATIONS

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|------------------------------------------------------|------|
| <b>Resident in Counseling</b> (Virginia #0704009673) | 2018 |
| <b>National Certified Counselor</b> (NCC #1099172)   | 2018 |

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## GRANT WRITING

**Mason, N.**, Principal Investigator. *Lessons Learned- an LGBTQ+ Group to Combat Social Isolation during COVID-19*. Virginia Counselor Association Foundation, \$400. Awarded October 2020. Funded.

Branco, S., **Mason, N.**, Scherer, R., Moro, R. & Henry, H. St. Bonaventure University Keenan Martine Grant, \$750. Awarded Spring 2022.

Branco, S., Principal Investigator. Co-Principal Investigator, **Mason, WN.**, Co-Principal Investigator, Gay, J. (2023). Online Practicum and Internship Coordinator Experiences: The Strengths and Growth Areas. Association of Counselor Education and Supervision (ACES) Research Grant. 1,7600.00

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## RESEARCH EXPERIENCE

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### *Refereed publications*

- Gutierrez, D., **Mason, N.**, Dorais, S., & Fox, J. (2020). Gradually sudden: Vital spiritual experiences for individuals in recovery from substance use disorders. *Spirituality in Clinical Practice*. Advance online publication. <http://dx.doi.org/10.1037/scp0000218>
- Sperandio, K.R., Gutierrez, D., Kirk, M., Lopez, J., Mason, N. (2021). Post-traumatic growth after the drug-related death of a loved one: Understanding the influence of self-compassion and hope. *The Family Journal: Counseling and Therapy for Couples and Families I-II*. <https://doi.org/10.1177/10664807211052479>
- Mason, N.**, & Gutierrez, D. (2022). Integrating social connectedness in group counseling practice: A new model of recovery for gay men. *Annual Review of Addictions and Offender Counseling Volume V*.
- Mason, N.**, & Mullen, P.R. (2022). Task-oriented Developmental Model of Supervision. *The Journal of Counselor Preparation and Supervision*, 15(2).
- Goshorn, J., **Mason, W. N.**, & Sperandio, K. R. (2022). Does meaning-in-life or self-compassion influence LGBTQ+ identity or outness? *Journal of LGBTQ Issues in Counseling*, 16(4). <https://doi.org/10.1080/26924951.2022.2093309>.
- Goshorn, J., Sperandio, K. R., & **Mason, W. N.** (2022). Hope and thriving in the LGBTQ+ community: Impact on the interaction between identity and outness. *Journal of LGBTQ Issues in Counseling*, 16(3), <https://doi.org/10.1080/26924951.2022.2054490>
- Mason, W.N.**, Haskins, N., & Warraich, L.W. (In Press). Can you Relate to Me?: A New approach for intersectional resilience of LGB African American Clients. *Journal of LGBT Issues in Counseling*. <https://doi.org/10.1080/26924951.2023.2262327>
- Mason, W.N.** (In Press) “Sashaying away from heterosexism”: Emerging images of power for queer clients. In N. Smith (Ed.), *Queering connections*. Cognella.
- Branco, S., **Mason, W.N.**, Scherer, R.G., Henry, H., & Moro, R. (In Press). Building a virtual residency: One program’s journey. *Journal of Technology in Counselor Education and Supervision*.
- Chaney, M., and **Mason, W.N.** (2024). Queering recovery: A proposed model for LGBTQ+-affirmative relapse prevention. *Journal of Addictions and Offender Counseling*, 45(1). <https://doi.org/10.1002/jaoc.12128>

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## SELECTED PRESENTATIONS

### National Conferences

- Thorndike, F., Ritterband, L., Lord, H., **Mason, N.**, Stone, K., & Morin, C. (2013, June 5). *Utilization and efficacy of an Internet-delivered CBT intervention for insomnia among adults age 55 and older*. Poster presentation at the Associated Professional Sleep Societies SLEEP 2013 Meeting, Baltimore, MD
- Thorndike, F., Ritterband, L., Lord, H., **Mason, N.**, Stone, K., & Morin, C. (2013, May 16-18). *Utilization and efficacy of an Internet intervention for insomnia among adults age 55 and older*. Paper presentation at the 6th Scientific Meeting of the International Society for Research on Internet Interventions (ISRII), Northwestern University, Chicago, IL.
- Dorais, S. S., & **Mason, W.N.** (July, 2019). *Vital Spiritual Experiences and Recovery from Drugs and Alcohol*. Presentation proposal accepted at the Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC) Conference. Colorado Springs, CO
- Mason, W.N.**, & Egwu, O. (2019, September). *Development and Initial Testing of the Social Connectedness of Sexual Minorities in Higher Education Scale*. Roundtable presentation at the American Association for Research in Counseling (AARC) Conference. San Antonio, TX.
- Niles, S., Gutierrez, D., & Dorais, S. S., **Mason, W. N.** (October, 2019). *Ubumuntu and Peace Education: Teaching Hope, Forgiveness, and Reconciliation in a Rwandan Immersion Counselor Education Course*. Roundtable presented at the Association for Counselor Education and Supervision (ACES) Conference. Seattle, WA.
- Mason, W.N.**, Dukes, A., & Morel, M. (2020, April). *A Model To Address The Mental Health Needs Of Gay Men Recovering From Substance-Use Disorders*. Accepted for poster presentation at the American Counselor's Association (ACA) Conference. San Diego, CA. (Cancelled due to COVID-19).
- Mason, W.N.**, & Warraich, L. (2021, June). *Cultivating Community among LGBTQ+ African Americans- A Relational-Cultural Theory and Humanist Theoretical Approach*. Educational presentation at the Association for Humanistic Counseling Annual Conference. Remote due to COVID-19.
- Goshorn, J., Sperandio, K., & **Mason, W.N.** (2021, June). *Incorporating Psycho-Spiritual Factors when Working with LGBTQ+ Clients*. Educational presentation at the Association for Humanistic Counseling Annual Conference. Remote due to COVID-19.
- Mason, W.N.**, & Sperandio, K.R. (2022, September 9). *LGBTQ+ identity or outness? Implications for clinical work with clients* [Poster presentation]. American Association of Research in Counseling Conference. In Person.
- Warraich, L.K., **Mason, W.N.**, & Niles Orefice, J. (2022, September 9) *Recruiting hidden populations within hidden populations* [Roundtable discussion]. American Association of Counseling Conference. In Person.
- Sperandio, K.R., Gutierrez, D., & **Mason, W.N.** (2022, September 10). *The role of post-traumatic growth, hope, and self-compassion following the drug-related death of a loved one* [Poster presentation]. American Association of Research in Counseling Conference.
- Mason, W.N.**, & Warraich, L.K. (2022, September). *Cultivating community among LGB African Americans- A relational cultural and humanistic theoretical approach*. American Counseling Association Conference. Virtual presentation.

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Moro, R., Smith, N., **Mason, W.N.**, Luedke, A., Scherer, R. (October, 2023) *I've noticed and I'm concerned: Monitoring professional dispositions in a large online counselor education program*. Association for Counselor Education & Supervision, Denver, CO.

## State Conferences

Green, D. A., Park, K., & **Mason, W.N.** (February, 2018). *Suicide Prevention And Intervention For International College Students*. Presentation at the Virginia Association for Counselor Education and Supervision (VACES). Lynchburg, VA.

**Mason, W.N.** (November, 2020). *Bridging The Gap Between Sessions: Assigning Clients Meaningful Homework*. Presentation accepted at the Virginia Counselor Association Conference (VCA). Williamsburg, VA. (Held virtually due to COVID-19).

Weed, M., **Mason, W.N.**, & Backer, A. (November, 2020). *The Lived Experiences of Military Dependents Following a Geographical Relocation*. Presentation accepted at the Virginia Counselor Association Conference (VCA). Williamsburg, VA. (Held virtually due to COVID-19.)

## Regional Conferences

**Mason, W.N.**, Browning, B., & Tal, A. (2018, March). *Dealing With Burnout: A Group Curriculum On Compassion Fatigue, Burnout, And Overall Well-Being In The Helping Profession*. Presentation at the William & Mary School of Education Research Symposium. Williamsburg, VA.

Warraich, L. K., Backer, A., & **Mason, W.N.** (2019, October). *Counseling refugee students*. Session presented at the annual conference of the Virginia School Counselor Association (VSCA). Hampton, VA

Branco, S. F., & **Mason, W. N.** (2022, November 4). *Building a virtual counseling residency: One program's journey*. Southern Association of Counselor Education and Supervision Conference. In Person.  
[https://drive.google.com/file/d/1pxno3a0reWCo0fGjceSTgM9xLLBvsy\\_S/view](https://drive.google.com/file/d/1pxno3a0reWCo0fGjceSTgM9xLLBvsy_S/view).

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## INVITED PRESENTATIONS & LECTURES

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Chaney, M., & **Mason, W.N.** (2020, July). *We Are Family, I've Got All My Drugs With Me!": LGBTQ+ Communities And Addiction: Risk And Protective Factors*. Presentation at the Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling of Alabama (ALGBTICAL) workshop Still Family Across the Distance: LGBTQ Community in the Current Pandemic. Conference held virtually due to COVID-19.

**Mason, W.N.** (2020, October). *LGBTQ+ Clients and Cultural Competencies in Counseling*. Presentation presented at Northern State University in Multicultural Counseling.

**Mason, W.N.** (2020, November). *Mindfulness and Addictions*. Presentation presented at Wake Forest University in Introduction to Addictions.

**Mason, W.N.** (2021, February). *Working with Students with SUDs: Using Motivational Interviewing to Enhance Change*. Presentation presented at William and Mary in Practicum in school counseling course.

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**Mason, W.N.** (2021, April). *Neurotransmitters: A Balancing Act*. Presentation presented at James Madison University in Neurobiology course.

Haskins, N., Walker, U., & **Mason, W.N.** (2021, April). *LGBTQ+ Safe Space Training*. Invited to present as part of diversity, equity, and inclusion series in the School of Education at William & Mary.

**Mason, W.N.** (2021, September). *Queer Considerations in Counselor Education*. Presentation presented at University of North Carolina- Greensboro in Queer Advocacy course.

**Mason, W.N.** (2021, September). *An Introduction to Quantitative Research: Using an SEM for Doctoral Dissertations*. Presentation presented at Kean University in Introduction to Statistics course.

**Mason, W.N.** (2021, November). Invited to present as part of a diverse panel at Tarleton University to discuss theories and techniques in counseling for master's students.

**Mason, W.N.** (2023, February). Invited to present as part of a panel for the use of assessment in marginalized populations in our Assessment course at St. Bonaventure University

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## PREVIOUS TEACHING EXPERIENCE

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St. Bonaventure University | Counselor Education Remote Program| Assistant Professor

### Lectures

William & Mary | School of Education

2018 – present

Warraich, L.K., & **Mason, W.N.** (2018, October). *Broaching subjects of race, ethnicity, and culture during the counseling process*. Lecture presented in techniques of counseling

Backer, A., & **Mason, W.N.** (2019, July). *School counselors and culturally responsive classroom management*. Lecture presentation presented for online introduction to school counseling.

**Mason, W.N.**, & Hilert, A. (2019, August). *Motivational interviewing: Inspiring clients towards change*. Presentation modified and presented at New Leaf Clinic training.

### Adjunct Instructor

Seattle University | Online Clinical Mental Health Counseling Program

*COUN 500- Research for Counseling*

*COUN 5190- Addictions Counseling*

*COUN 5580- Introduction to Clinical Mental Health Counseling*

Spring 2024

Winter 2024

Fall 2023

St. Bonaventure University | Counselor Education Remote Program

*CE- 530- Theories & Techniques in Counseling*

*CE- 640- Introduction to Addictions*

Jan 2021- March 2021

May 2021- July 2021

William & Mary | School of Education

EDUC C43: Professional, Ethical, and Legal Issues in Counseling

Feb 2020 – present

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- Provided extensive, developmentally-appropriate feedback to module discussions and larger assignments, including papers and case-studies.
- Answer all questions pertaining to assignments, class expectations, and feedback on assignments
- Evaluated learners based on their understanding of how ethics and legal issues play a role in their professional development as emerging counselors
- Exemplary teaching reviews

## Co-Instructor

William & Mary | School of Education

2018 – present

EDUC C33 Techniques of Counseling  
EDUC C34 Group Theory & Techniques  
EDUC C34 Group Theory & Techniques – Online Counseling Program  
EDUC C41 Social and Cultural Diversity  
EDUC C42 Practicum in Clinical Counseling  
EDUC C32 Theories of Counseling- Online Counseling Program

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## LEADERSHIP & SERVICE

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### CACREP Initial Reviewer

August 2019 to January 2021

- Attend initial trainings to become familiarized with the CACREP requirements
- Assess and review Self-Study as submitted by programs seeking accreditation or re-accreditation
- Thoroughly read syllabi, program handbooks, data spreadsheets, CVs, and other supportive documentation to determine if specific CACREP guidelines are thoroughly met.
- Determine using a systematic evaluation system whether requirements are met to justify in an person interview
- Collaborate with CACREP members to receive feedback, guidance, and mentorship during the process

### New Leaf Co-Student Director

June 2019- May 2021

- Develop and implement training on ASTP groups, BASICS sessions, and Motivational Interviewing for incoming first-year master's students in addiction cohort
- Provide clinical supervision to master's students via observation, live-feedback, and tapes to enhance skills and conceptualization in clinical settings
- Utilize a developmentally-appropriate model of supervision in order to balance support and challenge for students
- Assign clients to students as necessary
- Maintain accurate and up-to-date clinical documentation for case files

### Editorial Board Member- Journal of LGBTQ+ Issues in Counseling

September 2020 - present

- Review manuscripts in a timely manner and give input on manuscript's eligibility for publication in peer-reviewed manuscripts

### NAADAC Clinical Subcommittee Member

January 2020 - present

- Assist committee members in coming up with sound practices when working with LGBTQ+ clients based on clinical experiences and current literature
- Strategize active coping mechanisms for LGBTQ+ clients dealing with recovery, the national pandemic, and other clinical issues
- Plan for and draft publication of national standards for LGBTQIA+ clients in recovery

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## **Chi Sigma Iota - Vice President of Professional Development**

June 2017- May 2018

- With other elected vice-President of PD, plan and execute School of Education Annual Research Symposium for C&I, Higher Education, and Counseling/School Psychology Graduate Students
- Oversee Research Symposium Committee, consisting of volunteer students, with all logistics and submission requirements for interested parties
- Engage in professional relationship with Career Center and doctoral students for professional development related presentations and seminars to be made available to current graduate students
- Attend monthly Chi Sigma Iota meetings with other officers to assess for progress in yearly plan, including budget, social events, newsletters, and progress towards presidential endeavors

## **Peninsula Counselors Association (Division of VCA)**

September 2017 - May 2018

- Elected as Treasurer and re-instituting, along with co-Presidents, an inactive chapter of VCA
- Perform all duties related to money, record keeping, and assisting with PD events as assigned
- Help execute 'Lunch and Learn' event related to Trauma-Informed Care at local James City County Library for professional counselors and students

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## **HONORS & AWARDS**

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### **National Board of Certified Counselors Minority Fellowship Recipient**

February 2017

- Winner of fellowship for leadership and excellent in clinically serving minority and transition-age youth with substance related concerns
- Received \$11,000 stipend
- Created and currently implementing Individual Fellowship Plan related to planning for research symposium in Spring 2018 to increase knowledge of serving marginalized populations in clinical, educational, and administrative settings.

### **Flanagan Family Fellowship**

August 2018

- \$2000 scholarship awarded by faculty to pursue doctoral studies in Counselor Education & Supervision
- Awarded based on merit, academic excellence, and commitment to the field

### **Pete Warren Fellow – Virginia Counselors Association**

April 2020

- 100 dollar stipend
- Free membership in VCA for 1 calendar year
- Free VCA 2020 conference registration
- Free registration for attendance at summer Leadership Academy for Emerging Leaders

### **NAADAC Conference Scholarship**

- Received \$400.00 in registration fees towards annual conference

September 2020

### **Chi Sigma Iota– Outstanding Doctoral Student**

February 2021

- Nominated by advisor and selected by William & Mary's Omega Mu Chapter