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| **EDUCATION AND CERTIFICATION****Educational Staff Associate (ESA) Certificate/National Board Certification** **RELEVANT PROFESSIONAL EXPERIENCE****Intervention School Counselor (August 2018-Present)***Mount Tahoma High School, Tacoma Public Schools (Tacoma, WA)** Provide specialized intervention supports, including classroom guidance lessons, small groups and individual student supports, for large comprehensive high school
* Created and delivered school counseling programming based on academic, behavioral and attendance data, and student and staff needs assessment; results led to high-yield, research-based instruction in social-emotional learning (SEL) lessons (including healthy relationships, trauma, and self-care) and small groups (e.g., LGBTQ student support, grief, disconnectedness, anxiety and leadership development)
* Led school-wide initiatives, including Check & Connect coaching to target struggling students
* Collaborated with stakeholders (students, staff, administrators) to plan 9th Grade Academies, 9th grade SEL programming and site visits to build a 9th grade culture of success model to scale up to upper grades
* Tracked program efficacy to share with staff (e.g., over 100 9th graders raised their G.P.A. from middle school; group participants raised their attendance an average of 5% from start to end of group)

**Adjunct Instructor and Graduate School Teaching Assistant (June 2015-Present)***Seattle University (Seattle, WA)* * Promoted from TA to adjunct instructor in September of 2022 after 3 quarters as a TA
* Taught one section of Lifespan Development Fall Quarter of 2022
* School Counseling Practicum, Virtual in Winter 2023 and In Person Spring of 2023
* Led two-hour long group counseling sessions for graduate students in school and community counseling.
* Demonstrated individual and group counseling techniques, provided demonstrations on how to incorporate theory into practice, and led students in the stages of group counseling (i.e., forming, norming, storming, etc.)
* TA, Beginning Counseling Skills course in 2021; helped students learn clinical aspects of counseling
* Received average score of 4.5/5 on end of course evaluations as a TA and 5.7/6 as instructor

**Head Softball Coach (January-March 2015, January 2020-January 2023)***Keithley Middle School, Franklin Pierce Schools; Mount Tahoma High School, Tacoma Public Schools (Tacoma, WA)** Oversaw all aspects of girls’ softball programs, promoting student athletes’ academic/athletic growth and development

**School Counselor (August 2017-June 2018)***Fawcett Elementary School, Tacoma Public Schools (Tacoma, WA)** Designed and delivered data-driven preventative, comprehensive guidance program to large Title I school
* Delivered guidance curriculum school-wide to each student; 30% of time spent in direct instruction
* 504 Plan Facilitator, worked with stakeholders to ensure students received educational accommodations
* Member, Teacher Assistance Team, Student Referral Team, Positive Behavior Intervention and Supports, and District Diversity and Equity Team
* Member, Tacoma Social and Emotional Learning Initiative to pilot social emotional learning expansion efforts throughout Tacoma Public Schools and the Greater Tacoma area
* Founding member of Tacoma Public Schools LGBTQ Professional Learning Community
* Collaborated with various stakeholders to ensure students have access to resources like holiday assistance, McKinney-Vento services, and on-campus mental health providers

**School Counselor (August 2012-June 2017)***Gates High School, Franklin Pierce School District (Tacoma, WA)** Design and deliver data-driven preventative, comprehensive guidance program to alternative public school with unique needs
* Program awarded OSPI Career Guidance Award of Excellence in 2015-17 and District Excellence in Education Award in 2015
* Navigation 101 Coordinator; responsible for delivering curriculum school-wide and ensuring all students graduate with a clearly articulated, realistic post-secondary plan
* Teach week-long Gates Success Academy orientations eight times a year for all new students
* Achieved increased graduation rates and credits earned
* Collaborated with local institutions to plan college site visits for 177 students at 6 different institutions
* Evaluated student assessment data for the purpose of class scheduling/placement
* Ensured access to courses and assessments (e.g., implementation of on-campus COMPASS/ASVAB testing)
* Increased the number of students receiving community-based mental health counseling on-campus from 0% of student population to 15% in two years
* Member, Leadership and Response to Intervention (RTI) Teams

**School Counseling Intern (August 2011-June 2012)***Mount View Elementary, Highline Public Schools (Seattle, WA)* * Delivered academic, career and personal/social counseling services in individual/group formats
* Taught the Second Step curriculum in its entirety to seven classes in grades K-2
* Collaborated with teachers, administrators, staff and parents for behavioral strategies, student and classroom observations, student assistance team meetings, and professional development
* Crosswalked K-12 Science Standards to future careers through delivery of lessons on careers in environmental sciences

**School Counseling Practicum Student (March 2011-June 2011)***Shorewood High School, Shoreline School District (Shoreline, WA)* * Counseled students individually on a variety of presenting problems, including academic success, self-harm, body image, grief, and career guidance
* Delivered complete classroom guidance unit on drug and alcohol prevention

**After-School Teacher (August 2011-June 2012)***Technology Access Foundation (Seattle, WA)** Taught science, technology, engineering, and math (STEM) enrichment classes via project‐based learning and advanced technology tools
* Planned 3 quarters for 2 groups of 4th-6th graders, designed classroom management strategies, and coordinated quarterly exhibitions of student work

**Summer School Teacher (June 2008-August 2008)***David Starr Jordan High School (Los Angeles, CA)** Taught 2 sections of 9th grade English to credit-deficient students
* Created and delivered lesson plans and units, monitored academic progress, and sought supervision from master teachers
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**PRESENTATIONS**

* Mourning the Things We’ve Lost: How to Support Your Students in COVID (Tacoma School District)
* Role of a School Counselor (Seattle University; University of Washington, Tacoma)
* How High School Teachers Can Best Collaborate with School Counselors (University of Washington, Tacoma)
* Supporting LGBTQ Students 101 (Washington State School Directors’ Association Equity Conference, Washington State School Counselor Association State Conference, Washington State School Counselor Association State Conference, Tacoma School District Whole Educator Conference)
* How Parents Can Support Grieving Children in School (Bridges Center for Grieving Children, Mary Bridge Hospital)