

Fanghui Zhao, Ph.D.

EDUCATION

The Pennsylvania State University University Park, PA	Ph.D. in Counselor Education and Supervision (CACREP-Accredited)	May 2023
Boston College Chestnut Hill, MA	M.A. in Mental Health Counseling	May 2019
Gettysburg College Gettysburg, PA	B.A. in Psychology	May 2017

APPOINTMENT

Assistant Professor of Counseling, Tenure Track Fall 2023 - Present
Seattle University, CACREP-accredited program, Seattle, WA

PUBLICATIONS

- Hayes, J.A., Cartwright, C., & **Zhao, F.** (in press). Training therapists to manage countertransference via reflective practice. In L.G. Castonguay and C.E. Hill (Eds.), *Training and psychotherapy*. Washington, DC: American Psychological Association.
- Bartholomew, T. T., Keum, B. T., Lockard, A. J., Pérez-Rojas, A. E., Robbins, K. A., & **Zhao, F.** (2023). Measurement invariance and psychometric properties of the CCAPS for international student clients. *Journal of Clinical Psychology*. Advanced online publication. <http://doi.org/10.1002/jclp.23476>
- Berenson, K.R., Johnson, J.C., **Zhao, F.**, Nynaes, O., & Goren, T. (2018). Borderline personality features and integration of positive and negative thoughts about significant others. *Personality Disorders: Theory, Research, and Treatment*, 9(5), 447-457. <https://doi.org/10.1037/per0000279>

WORKING MANUSCRIPTS

- Davis, K. A., **Zhao F.**, Janis, R. A., Castonguay, L. G., Hayes, J. A., Scofield, B. E. (revisions requested). Therapeutic alliance and clinical outcome in teletherapy and in-person psychotherapy: A noninferiority study. *Psychotherapy Research*.
- McClain, J.M., Hayes, J.A., **Zhao, F.**, & Castonguay, L.G. (in preparation). An examination of the cultural validity of the Counseling Center Assessment of Psychological Symptoms-62. *Pending submission*.
- Hayes, J.A., Panlilio, C., **Zhao, F.**, Lei, P., Janis, R. & Scofield, B. (in preparation). Cultural validity of the Counseling Center Assessment of Psychological Symptoms-62: A measurement invariance and differential item functioning approach. *Manuscript in preparation*.
- Zhao, F.**, Hayes, J.A., & Scofield, B. (in preparation). The association between working alliance and treatment outcomes for Asian international students. *Manuscript in preparation*.
- Zhao, F.**, Galvan, A., Isadore, K.M., Gray, J., Ahmadi, A. & O'Shea, A.M. (in preparation). Suicidality and presenting concerns for international students with disability in the United States. *Manuscript in preparation*.
- Hayes, J.A., **Zhao, F.**, & Nadermann, K. (in preparation). Using reflective practice to train counseling trainees to manage countertransference. *Data analysis*.
- Zhao, F.**, Shao, H., Liu, Y., Lin, M. & Prosek, E.A. (in preparation). Informing racial justice advocacy: Voices from Asian international counselor trainees. *Data collection*.

GRANT

Informing racial social justice advocacy: Voices from Asian international counseling trainees. 2019
NARACES Research Grant with additional support from ACES; \$800; Principal Investigator
Co-Investigators: Hongshan Shao, Yangyang Liu, and Elizabeth Prosek. (Funded)

CONFERENCE PRESENTATIONS

- Zhao, F.** & Hayes, J.A. (2022, September). *The Effect of Environmental factors on differential counselor effectiveness with Black college students.* Roundtable discussion presentation at the Association for Assessment and Research in Counseling Annual Conference.
- Zhao, F.** & Hayes, J.A. (2022, July). *The relationship between therapists' exposure to diversity and effectiveness with racial and ethnic minority clients.* Poster presentation at the conference of the Society for Psychotherapy Research, Denver, CO.
- Zhao, F.,** Hayes, J.A., Panlilio, C., Lei, P., Janis, R. & Scofield, B. (2022, July). *Cultural validity of the Counseling Center Assessment of Psychological Symptoms-62.* Paper presented in a panel discussion at the conference of the Society for Psychotherapy Research, Denver, CO.
- Zhao, F.,** Shao, H., & Liu, Y. (2021, October). *Development of racial social justice advocacy in Asian international counselor trainees.* Presentation at the American Counselor Education and Supervision Conference.
- Zhao, F.,** Panlilio, C., & Hayes, J. A. (2021, September). *Cross-cultural validation of the Counseling Center Assessment of Psychological Symptoms-62.* Poster session at the Association for Assessment and Research in Counseling Annual Conference.
- Liu, Y., **Zhao, F.,** & Shao, H. (2021, September). *Informing racial social justice advocacy: Voices from Asian international counselor trainees.* Presentation at the Association for Assessment and Research in Counseling Annual Conference.
- Zhao, F.,** Davis, K., Scofield, B., Castonguay, L. G., & Hayes, J.A. (2021, June). *The relationship between the working alliance and outcome among international clients in the United States.* Paper presented at the conference of the Society for Psychotherapy Research, Heidelberg, Germany.
- Shao, H., & **Zhao, F.** (2021, April). *How to work with Asian international students as practitioners.* Roundtable session at the American Counseling Association Annual Conference, Virtual.
- Zhao, F.,** & Shao, H. (2020, October). *Alliance ruptures in cross-cultural counseling relationships.* Roundtable session at the Pennsylvania Counseling Association annual conference, Virtual.
- Shao, H. & **Zhao, F.** (2020, September). *Supervisory language disparities in counselor training.* Panel Discussion at the Association for Assessment and Research in Counseling Annual Conference, Virtual.
- Zhao, F.** (Accepted for 2020). *A systemic approach to supporting international students in counseling programs.* Presentation accepted at the 10th Annual Chi Sigma Iota Statewide Conference at Shippensburg University. (Conference canceled due to Covid-19).
- Borowiec, K., **Zhao, F.,** Zheng, L. (2019, March). *Increasing sense of belonging: Student advocacy for international graduate students.* Poster presented at the annual convention of ACPA (American College Personnel Association), Boston, MA.
- Zheng, L., & **Zhao, F.** (2019, February). *Challenges in working together to advocate for international students: An examination of within group relationships.* Roundtable discussion at the 36th Annual Winter Roundtable Conference, New York, NY.
- Zheng, L., **Zhao, F.,** Borowiec, K. (2018, November). *Supporting the international graduate student community in college settings: A potential model for community outreach efforts for psychologist.* Poster presented at the annual conference of MPA (Massachusetts Psychological Association), Boston, MA.
- Berenson, K.R., Johnson, J.C., **Zhao, F.,** Nynaes, O., & Goren, T. (2017, April). *Integration of positive and negative thoughts about significant others in borderline personality disorder.* Paper presented at the annual

convention of the NASSPD (North American Society for the Study of Personality Disorders), New York, NY.

Gregory, W.E., Van De Weert, S.M., **Zhao, F.**, Johnson, J.C. & Berenson, K.R. (2016, April). *Self-compassion, pain tolerance, and nonsuicidal self-injury*. Poster presented at the annual convention of the Anxiety and Depression Association of America, Philadelphia, PA.

TEACHING EXPERIENCE

Doctoral Level

CNED 554 Cross-Cultural Counseling Summer 2022

Co-Instructor, virtual

- Co-revised the course, organized Learning Management System (i.e., Canvas), presented class topics, facilitated class discussion, and provided written feedback on students' assignments.

CNED 594A Research in Counseling Spring 2022

Co-Instructor, face-to-face

- Co-revised the course, organized Learning Management System (i.e., Canvas), presented class topics, facilitated class discussion, met students individually to give feedback and guidance on research methodology, and provided written feedback on students' assignments.

Master Level

CNED 525 Tests in Counseling Spring 2022

Co-Instructor, face-to-face

- Co-revised the course, organized Learning Management System (i.e., Canvas), presented class topics, facilitated class discussion, provided space for students to process critical events that happened during the semester, and provided written feedback on students' assignments.

CNED 526 Counseling Research Fall 2021

Co-Instructor, virtual

- Co-revised the course, organized Learning Management System (i.e., Canvas), presented class topics, facilitated class discussion, provided space for students to process critical events that happened during the semester, met with students individually to answer questions on class materials, and provided written feedback on students' assignments.

CNED 595A Counselor Education Counseling Practicum Spring 2021

Co-Instructor, virtual

- Co-revised the course, organized Learning Management System (i.e., Canvas), presented class topics, provided supervision to students in the class, facilitated class discussion, provided space for students to process critical events that happened during the semester, and provided written feedback on students' assignments.

CNED 506 Individual Counseling Procedures Fall 2020

Teaching Assistant

- Provided supervision to students in the class and provided written feedback on students' assignments.

Undergraduate Level

RHS 400W Case Management and Communication Skills Spring 2021

Teaching Assistant

- Provided supervision to students in the class and provided written feedback on students' assignments.

RHS 402 Children & Families in RHS Settings Spring 2021

Teaching Assistant

- Provided supervision to students in the class and provided written feedback on students' assignments.

RHS 300 Intro to Rehab & Human Services Spring 2021

Teaching Assistant

- Provided supervision to students in the class and provided written feedback on students' assignments.

RHS 302 Child Assessment in Rehabilitation and Human Services

Spring 2021

Teaching Assistant

- Provided supervision to students in the class and provided written feedback on students' assignments.

SUPERVISION EXPERIENCE

Dr. Edwin L. Herr Clinic, Penn State University

Aug 2020 – May 2023

Doctoral Supervisor, State College, PA

- Provided weekly individual and triadic supervision for seven pre-practicum and three practicum supervisees
- Reviewed counseling tapes and provided feedback on supervisees' counseling skills and techniques
- Reviewed and approved supervisees' clinical notes
- Received weekly supervision from faculty supervisors
- Helped supervisees develop case conceptualization skills based on their own theoretical framework

COUNSELING EXPERIENCE

Penn State University Counseling and Psychological Services

Aug 2022 – May 2023

Counseling Extern, State College, PA

- Provided short-term counseling to undergraduate and graduate students with various presenting concerns

Centre Volunteers in Medicine

Aug 2021 – May 2022

Behavioral Health Intern, State College, PA

- Trained in trauma-informed care and grief counseling
- Provided year-long individual counseling with clients who were uninsured or underinsured
- Collaborated with professionals in the behavioral health team, including psychiatrist, case manager, psychologist, and physician, to ensure the safety of clients at risk

Dr. Edwin L. Herr Clinic, Penn State University

Aug 2020 – May 2021

Clinical Supervisor, State College, PA

- Conducted more than twenty crisis assessments
- Performed phone screenings and assigned clients to counselors' caseloads
- Provided case consultations to counselors
- Audited clinical files to ensure proper clinical records

Career Services, Penn State University

Feb 2020 – Apr 2020

Supervised Career Counselor, State College, PA

- Provided career counseling to undergraduate and graduate students
- Helped students with resume and cover letter review and interview preparation

Dr. Edwin L. Herr Clinic, Penn State University

Aug 2019 – Dec 2019

Supervised Mental Health Counselor, State College, PA

- Offered individual counseling services to undergraduate and graduate students from diverse cultural backgrounds

Worcester Polytechnic Institute, Student Development and Counseling Center

Aug 2018 – May 2019

Clinical Intern, Worcester, MA

- Organized psychoeducation workshops for faculty, staff, and students
- Provided individual counseling services to students with various mental health concerns
- Led counseling groups focusing on social anxiety

PROFESSIONAL SERVICES

Member, CCMH (Center for Collegiate Mental Health) Business & Research Team Aug 2019 – May 2023

- Carried out various research projects using CCMH national dataset focusing on working alliances and mental health disparities for ethnic minority clients.
- Contributed to CCMH annual reports
- Wrote CCMH blog post sharing research findings on college students
- Contributed to CCMH Standardized Data Set item revisions

Reviewer, NARACES (North Atlantic Region Association for Counselor Education and Supervision)

Graduate Student Gazette

Oct 2022 & Oct 2021

- Reviewed manuscripts submitted to NARACES Graduate Student Gazette

Reviewer, NARACES Annual Conference

May 2022 & Mar 2020

- Reviewed proposals for NARACES Annual Conference

Ad Hoc Reviewer, *Counseling Psychology Quarterly*

Mar 2022

- Reviewed and offered feedback for a manuscript

Reviewer, ACA (American Counseling Association) Annual Conference

Aug 2021

- Reviewed proposals for ACA Annual Conference

Ad Hoc Reviewer, *Psychotherapy Research*

Aug 2020

- Reviewed and offered feedback for a manuscript

Member, American Counseling Association Research and Knowledge Committee

2020 – 2021

- Attended committee meetings and discussed the issues involved in counseling research

Editorial Assistant, *Psychotherapy Research*

2019 – 2020

- Facilitated communication between authors and the production team

- Assisted journal editors and reviewers during the review process

SCHOLARSHIP

Graduate Student Travel Grant

2022

The Pennsylvania State University

University Graduate Fellowship

2019

The Pennsylvania State University

PROFESSIONAL AFFILIATION

AERA (American Educational Research Association)

Since 2022

CSI (Chi Sigma Iota)

Since 2020

AARC (Association for Assessment and Research in Counseling)

Since 2020

ACA (American Counseling Association)

Since 2019

ACES (Association for Counselor Education and Supervision)

Since 2019

NARACES (North Atlantic Region Association for Counselor Education and Supervision)

Since 2019

SPR (Society for Psychotherapy Research)

Since 2019

SKILLS

Statistical Software/ Languages

R, SAS, Mplus, AMOS, SPSS, Minitab

Languages

Mandarin, English