

## **Christie Eppler, PhD, LMFT**

Couples and Family Therapy

College of Arts and Sciences | Seattle University

[epplerc@seattleu.edu](mailto:epplerc@seattleu.edu) | 206-296-6975

Washington (WA) Marriage and Family Therapy License (LMFT): LF00002377

Michigan (MI) Marriage and Family Therapy License (LMFT): 4101007533

American Association of Marriage and Family Therapy (AAMFT) Professional Member, Clinical Fellow, and  
Approved Supervisor

### **Education**

PhD, Family and Child Ecology, Emphasis in Marriage & Family Therapy, Michigan State University (2002)

MA, Marriage and Family Therapy, Michigan State University (1999)

MA, Counseling and Guidance, Emphasis: Marriage & Family Therapy, University of Missouri, Kansas City (1997)

BA, Literature/English, Wheaton College, Wheaton, IL; Minors in Family Studies and Bible (1994)

### **Academic Experience**

**Professor**, Couples and Family Therapy, *Seattle University*, 2009-Present

- Program Director, 2014-2025
- Achieved Initial COAMFTE Accreditation (May 1, 2015) and Renewal (November 1, 2020)
- Transitioned program to COAMFTE standards version 12.5
- Promoted to Professor (2017); Tenured (2012)
- Course instructor and supervisor
- Sustained research program (social justice and systemic therapy; systemic resilience; narrative therapy)

**Associate Professor**, Department of Counselor Education, School of Education, *Seattle Pacific University*, 2003–2009

**Assistant Professor**, Department of Professional Psychology and Family Therapy, School of Education, *Seton Hall University*, 2002-2003

**Doctoral Intern**, Couples and Family Therapy, *University of Oregon*, 2001-2002

**Adjunct Lecturer and Practicum Supervisor**, Nursing, *University of Michigan, Flint*: 1999-2001

### **Clinical Experience**

**Therapy Practice**, 2015-present

- Private and Group Practices
- Provided supervision of supervision to AAMFT Supervisor Candidates
- Therapist for couples, families, and individuals

**Marriage and Family Therapy Supervisor**, School of Psychology, Family, and Community, *Seattle Pacific University*, Winter 2003-Spring, 2005

- Provided AAMFT-approved supervision for practicum groups
- Supervised final case presentations for Practicum VII students

**Mental Health Counselor**, Student Counseling Center, *Seattle Pacific University*, Fall, 2003- Spring, 2004

- Primary therapist for individuals, couples, and groups
- Collaborated in group supervision and consultation

**Brief Therapist**, *Department of Veteran Affairs*, Eugene, OR: Spring 2002

- Provided Brief Individual and Couple Treatment to Veterans of World War II, the Vietnam Conflict, and the Gulf War
- Presenting Concerns Included: Anger Management, Communication/Conflict, and Post-Traumatic Stress Disorder

**Divorce Recovery Group Leader**, *S.M.I.L.E. Program*: Spring, 2001

- Lead Court-based Community Group for Divorcing Couples in the Early Transition Period of Decision-making Regarding Custody Issues
- Researched Divorce Related Topics such as Anger, Loss, Parenting Pitfalls, and What Children of Divorce Need to Succeed
- Presented Five Two-hour Lecture and Discussion Seminars Regarding the Emotional Divorce Process

**Play Therapist Trainee**, *Child Development Labs, Michigan State University*: September, 1997 to October, 1997

- Practiced Theories and Methods of Play and Filial Therapy
- Observed Students in Early Childhood Education Setting
- Conducted Interviews with Parents Regarding Childhood Development

**Therapist**, *Family and Child Clinic, Michigan State University*: Spring, 1998 to Summer, 2001

- Primary Therapist for Individuals, Couples, and Families
- "Teaming" Participant
- Collaborated in Live and Video Supervision

**Family and Child Therapist**, *Gunnisonville Elementary School, Lansing, MI*: October, 1997 to June, 1999

- Primary Therapist for Students and their Families
- Provided Individual and Family Therapy to Promote Healthy Family Coping Mechanisms in families under stress (due to poor social-economic conditions, grief, divorce, etc.)
- Connected Families with School System to Encourage Communication and Congruence between School and Home
- Lead Small Groups Focusing on Anger-management for 3<sup>rd</sup>-5<sup>th</sup> Grade Males

### **Publications**

#### **Books:**

Eppler, C. (Ed.). (2024). [\*Cultivating Systemic Resilience: Applications and Interventions for Families, Relationships, and Individuals\*](#). Routledge.

Nice, L., & Eppler, C. (Eds.). (2023). [\*Social Justice and Systemic Family Therapy Training\*](#). Springer.

Sink, C. A., Edwards, C. N., & Eppler, C. (2011). *School-based group counseling – Foundations and best practice*. Cengage.

### **Peer Reviewed Journal Articles**

Williams-Read, J., Eppler, C., Yoon Hammer, M., & Banger, N. R. (submitted). Towards spiritual and religious competencies in Marriage and Family Therapy. *Spirituality in Clinical Practice*.

Georgiadou, S., Adams, R. R., Burke, J., & Eppler, C. (submitted). Using generative Artificial Intelligence in systemic therapy training. *International Journal of Systemic Therapy*.

Eppler, C., Vander Schurr, D. M., & Correa, N. (2022). COVID-19 and clinical training: Diverse interns' perspectives and collaborative recommendations. *Journal of Feminist Family Therapy*, 34 (3-4), 370-389. <https://doi.org/10.1080/08952833.2022.2141956>

Eppler, C., Cobb, R. A., Bien, S., & Wright, T. (2021). Integrating Buddhist-informed interventions into narrative family therapy. *Journal of Systemic Therapies*, 40 (3), 67-81. <https://doi.org/10.1521/jsyt.2021.40.3.67>

Eppler, C., Cobb, R. A., Bien, S., & Wright, T. (2021). Epistemological intersections of Buddhism and narrative family therapy. *Journal of Systemic Therapies*, 40 (2), 80-92. <https://doi.org/10.1521/jsyt.2021.40.2.80>

Eppler, C. (2021). Systemic teletherapists' meaningful experiences during the first months of the coronavirus pandemic. *Journal of Marital and Family Therapy*, 47, 244-258. <https://doi.org/10.1111/jmft.12515>

Quek, K., Hsieh, N., & Eppler, C. (2021). Collectivist discourses in relational intersectionality: Insights from Chinese American Christian couples. *Journal of Family Issues*, 42(11), 2487–2508. <https://doi.org/10.1177/0192513X20983387>

Eppler C., & Hutchings, J. (2020). The use of cinematherapy to illustrate systemic resilience. *Journal of Clinical Psychology*, 76(8), 1–9. <https://doi.org/10.1002/jclp.22998>

Eppler, C., Cobb, R. A., & Wilson, E. E. (2019). Multifaith perspectives on family therapy models. *Journal of Family Psychotherapy*, 31 (1-2), 1-35. <https://doi.org/10.1080/08975353.2019.1695092>

Eppler, C. (2018). Women's perceptions of using short films to integrate spirituality in therapy, *Journal of Systemic Therapies*, 37, 68-80.

Quek, K. M-T., Eppler, C., & Morgan, M. (2016). Teaching gender in family therapy education: Reflection of cis-female students' learning. *Journal of Family Therapy*, 38, 443-462. <https://doi.org/10.1111/1467-6427.12122>

Quek, K. M-T., Eppler, C., & Morgan, M. (2014). Qualitative study on cis-male students' gender perspectives in the couple and family therapy classroom. *Journal of Feminist Family Therapy*, 26, 199-217.

Fackina, P., & Eppler, C. (2012). Exploration of perceived stressors, communication, and resilience in law-enforcement couples. *Journal of Family Psychotherapy*, 23, 20-41.

- Miller, J. K., Todahl, J., Platt, J., Lambert-Shute, J., & Eppler, C. (2010). Internships for future faculty: Meeting the career goals of the next generation of educators in marriage and family therapy. *Journal of Marital and Family Therapy, 36*, 71-79.
- Eppler, C., & Weir, S. (2009). Family assessment in K-12 settings: Understanding family systems to provide effective, collaborative services. *Psychology in the Schools, 46*, 501-514.
- Eppler, C., Olsen, J. A., & Hidano, L. (2009). Using stories in school counseling: Brief, narrative intervention. *Professional School Counseling, 12*, 387-391.
- Eppler, C. (2008). Exploring themes of resiliency in children after the death of a parent. *Professional School Counseling, 11*, 189-196.
- Eppler, C., & Carolan, M.T. (2006). Biblionarrative: A narrative technique uniting oral and written life-stories. *Journal of Family Psychotherapy, 16*, 31-43.
- Eppler, C., & Walker, E.K. (2004). Electronic ecology: An ecosystemic exploration of sisters communicating via E-Mail. *Journal of Feminist Family Therapy, 16*, 19-37.
- Eppler, C. (2004). Hearing the caged bird sing. *Journal of Feminist Family Therapy, 15*, 89-92.
- Eppler, C., & Latty, C. (2002). Using movie clips to facilitate discussion in the post-divorce family. *Journal of Clinical Activities, Assignments & Handouts, 2*, 31-37.
- Eppler, C., & Latty, C. (2001). Filial therapy with co-therapists. *Journal of Family Psychotherapy, 12*, 89-96.
- Lee, R. E., Eppler, C., Kendal, N., & Latty, C. (2001). Critical incidents in the professional lives of first year MFT students. *Contemporary Family Therapy, 23*, 51-61.

### **Book Chapters**

- Eppler, C. (in press). Outlander: Threads of resilience. In Kelly, L., MacMillan, G., & Maley, W. (Eds.), *Outlander and Scotland: The Way, the Truth, the Life*. Luath Press.
- Joshi, K. S., & Eppler, C. (in press). Virtual conjoint family drawing. In Cobb, R. A. (Ed.), *The Therapist's Notebook for Systemic Teletherapy with Children and Adolescents: Creative Interventions for Effective Online Therapy*. Routledge.
- Eppler, C., Cobb, R. A., & Bermudez, J. M. (2024). Virtual altar making for grief and loss. In Cobb, R. A. (Ed.), *The Therapist's Notebook for Systemic Teletherapy: Creative Interventions for Effective Online Therapy*. Routledge.
- Eppler, C. (2024). Introduction to Cultivating Systemic Resilience in Therapy. In C. Eppler (Ed.), *Cultivating systemic resilience in therapy: Applications and interventions for families, relationships, and individuals*. Routledge.

- Cobb, R. A., & Eppler, C. (2024). Beyond Self-Care: Intentional Practices of Resilient Therapists. In C. Eppler (Ed.), *Cultivating systemic resilience in therapy: Applications and interventions for families, relationships, and individuals*. Routledge.
- Prescott, A., Eppler, C., & Rodriguez, J. (2024). Intersections of Systemic Resilience and Spirituality in First Nation Narratives. In C. Eppler (Ed.), *Cultivating systemic resilience in therapy: Applications and interventions for families, relationships, and individuals*. Routledge.
- Eppler, C. (2021). Dismantling whiteness to direct a just couples and family therapy program: Experiences of a white program director. In K. M-T. Quek & A. L. Hsieh (Eds.), *Intersectionality in family therapy leadership: Professional power, personal identities*. (pp. 81-92). Springer. DOI: 10.1007/978-3-030-67977-4
- Eppler, C. (2018). Ecosystem in family systems theory. In J. L. Lebow, A. L. Chambers, & D. Breunlin (Eds.). *Encyclopedia of Couple and Family Therapy*. Springer International Publishing.
- Eppler, C., & Latty, C. (2007). Using movie clips to facilitate discussion in the post-divorce family. In L. Hecker & C. Sorti (Eds.). *The Therapist's Notebook II: Homework, Handouts & Activities for Use in Psychotherapy*. The Haworth Press.

### **Invited Works**

- Eppler, C. (2018). The resilient family therapist. *Family Therapy Magazine*. American Association of Marriage and Family Therapists.
- Fackler, M., Eppler C., Hyun, J., & Gritter, K. (2018). Still looking for Alaska: Exploring female development after trauma. *The ALAN Review*, V(issue). Right to Read Column.
- Sink, C. A., & Eppler, C. (2007). Review of the Stanford-Binet Intelligence for Early Childhood (5<sup>th</sup> ed.). In R. A. Spies & B. S. Plake (Eds.), *The 17th Mental Measurements Yearbook*. Buros Institute of Mental Measurements.
- Igelman, C., & Eppler, C. (2003). School counselors working to promote cultural awareness. *CSJ Activist*, 4, 3.
- Eppler, C., & Kendal, N. (2001). Dividing the emotional house: The psychological power of money and other "stuff." *Michigan Family Law Journal*, Special Edition, 64-66.
- Villarruel, F.A., Carolan, M., Youatt, J.P., Onaga, E., Griffore, R.J., Carter, S., Eppler, C., Griffin, A., Hahn, A. H., Lumpkin, C., Rivera Vazquez, O., Faiver, R.T., Jones, L., Campbell, L., & Kostelnik, M.J. (2001). The 32nd annual national council on family relations award media competition. *Family Relations*, 50, 99 - 108.
- Villarruel, F.A., Faiver, R.T., Onaga, E., Youatt, J.P., Eppler, C., Carter, S, Carolan, M., Griffore, R.J., Morrison, K., Kostelnik, M.J., & Jones, L (2000). Literature and resource review essay: Thirty-first annual national council on family relations media awards competition. *Family Relations*, 49, 107-114.

### Conference Presentations

- Eppler, C., Riley, K., Smith, L. (2025, July 9). Cultivating Systemic Resilience in Equity-Attuned Clinical Settings. *American Association of Marriage and Family Therapy's Global Summit*, Nairobi, Kenya.
- Eppler, C., Hicks, A., & Cobb, R. A. (2024, November 23). Cultivating Resilient Contexts of Care for Clients and Therapists. *National Council on Family Relations (NCFR) National Conference*, Bellevue, WA.
- Eppler, C., & Hutchings, J. (2024, November 6). Falling back in love with being a therapist. *American Association of Marriage and Family Therapy's Systemic Family Therapy Conference*, Lake Buena Vista, FL.
- Morgan, M., & Eppler, C. (2024, June 27). Highlighting resilience concepts in family therapy models. *American Family Therapy Academy*, Denver, CO.
- Eppler, C. (2024, April 13). Systemic Resilience in Couples and Family Therapy Education and Supervision. *International Family Therapy Association Annual Conference*, Toyama, Japan.
- Eppler, C., & Cobb, R. A. (2023, July 22). Outlander: Threads of resilience. Paper presented at the annual meeting of the *Outlander Conference*, Glasgow, Scotland.
- Eppler, C., Riley, K. L., & Smith, L. M. (2022, November 8). Cultivating Systemic Resilience [Workshop]. *American Association of Marriage and Family Therapy's Systemic Family Therapy Conference*, Virtual.
- Eppler, C. (2022, August 11). Navigating Transparency as a Leader [Workshop]. *American Association of Marriage and Family Therapy's Leadership Certificate Conference*, Virtual.
- Eppler, C. & Rodriguez, J. (2022, March 31). The Transparent Leader [Presentation]. *American Association of Marriage and Family Therapy's Leadership Symposium*, Virtual.
- Eppler, C. (2021, November 10-12). Ultimate Mysteries in Systemic Therapy [Workshop]. *Systemic Family Therapy Conference*, Virtual.
- Cobb, R. A., Eppler, C., Camera, S., Rogge, M., Brownell, S., Chapin, C., & Stang, M. (2021, September 25). The Virtual Reflecting Team: A Milan Approach to Systemic Teletherapy Intervention [Workshop]. *Washington Association of Marriage and Family Therapy Annual Conference*, Seattle, WA.
- Hsieh, N., Quek, K., & Eppler, C. (2021, June 24-26). Intersectionality within Collectivist Couples [Presentation]. *American Family Therapy Academy Annual Conference*, Virtual.
- Eppler, C., & Cobb, R. A. (2021, March 11-12). MFT as Leader? [Workshop]. *American Association of Marriage and Family Therapy's Leadership Symposium*, Virtual.
- Eppler, C. (2020, November). MFT as Leader? [Conference Session]. *American Association of Marriage and Family Therapy National Conference*. Orlando, FL. In person conference canceled due to COVID-19.
- Quek, K., Eppler, C., Tuttle, A. & Chen, H.M. (2020, November). Navigating Social Intersections in Clinical Supervision [Conference Session]. *American Association of Marriage and Family Therapy National Conference*. Orlando, FL. In person conference canceled due to COVID-19.

- Rodriguez, J., & Eppler, C. (2019, September). Expanding Qualitative Assessments for Inclusivity [Conference Session]. *Washington Association of Marriage and Family Therapy Fall Conference*. Seattle, WA.
- Eppler, C. (2018, November). The Resilient Family Therapist [Conference Session]. *American Association of Marriage and Family Therapy National Conference*. Louisville, KY.
- Eppler, C. (2018, March). The Accidental Leader [Conference Session]. *American Association of Marriage and Family Therapy Leadership Symposium*. Seattle, WA.
- Eppler, C., & Rodriguez, J. (2018, March). The Culturally Conscious Leader [Conference Session]. *American Association of Marriage and Family Therapy Leadership Symposium*. Seattle, WA.
- Eppler, C., Cobb, R., & Chilivis, N. (2017, October). Interfaith Perspectives on Family Therapy Theory [Conference Session]. *American Association of Marriage and Family Therapy National Conference*. Atlanta, GA.
- Eppler, C., & Cobb, R. (2017, September). Film, Faith, and Culture in Family Therapy [Conference Session]. *Washington Association of Marriage and Family Therapy Annual Conference*. Seattle, WA.
- Eppler, C., & Rodriguez, J. (2016, September). Using Creative Assessments to Promote Social Justice [Conference Session]. *American Association of Marriage and Family Therapy National Conference*. Indianapolis, IN.
- Eppler, C., & Chilivis, N. (2016, September). Exploring Spirituality through Cinematherapy [Conference Session]. *American Association of Marriage and Family Therapy National Conference*. Indianapolis, IN.
- Eppler, C., & Williams-Reede, J. (2015, September). Experientially Exploring the Intersections of Resiliency and Spirituality [Conference Session]. Presented at the *American Association of Marriage and Family Therapy National Conference*. Austin, TX.
- Eppler, C. (2015, April). Narrative Therapy: Healing Stories of Faith and Hope [Conference Session]. *Washington Pastoral Counselor Association's Regional Conference*, Seattle, WA.
- Morgan, M., Quek, K., & Eppler, C. (2014, July). Male-Students' Perspectives in Gender Course: A Qualitative Study [Conference Session]. *International Association for Cross-Cultural Psychology (IACCP) 22<sup>nd</sup> International Congress*. Paris, France.
- Eppler, C., Quek, K., & Morgan, M. (2014, June). The Reformation of Gender for Male Therapists in Training [Presentation]. *American Academy for Family Therapy (AFTA) Conference*. Atlanta, GA.
- Eppler, C. & Williams-Reede, J. (2013, October). Exploring the Intersections of Resiliency and Spirituality using Narrative Therapy Techniques when working with Adolescents and Adults [Conference Session]. *American Association of Marriage and Family Therapy Annual Conference*. Portland, Oregon.
- Eppler, C. (2012, June). Using Qualitative Assessment Tools to Explore the Intersection of Spirituality and Resiliency [Conference Session]. Presented at the *Association for Spiritual, Ethical, and Religious Values in Counseling Conference*. Santa Fe, New Mexico.

- Eppler, C. (2011, October). Response to keynote lecture and panel moderator [Panel]. *American Association of Pastoral Counselors, Northwest Division Conference*. Seattle, Washington.
- Eppler, C. (2009, October). Exploring spirituality in a multicultural family [Conference Session]. *American Association of Pastoral Counseling, Northwest Division*. Seattle, Washington.
- Eppler, C. (2007, October). WACES Roundtable Discussion. *2007 Washington Counselor Association Conference, Sea-Tac, Washington*.
- Eppler, C. (2006, October). A strength-based approach towards cultural competence [Conference Session]. *Washington Counselor Association Annual Conference, Sea-Tac, Washington*.
- Eppler, C., & Shallenberger, J. (2006, October). Community strengths, social justice, and the school counselor [Conference Session]. *Washington Counselor Association Annual Conference, Sea-Tac, Washington*.
- Eppler, C. (2004). Working with families in school learning communities. *Issues in the Social and Moral Fabric of the Learning Community* [Conference Session]. Beverley, United Kingdom.
- Igelman, C.N., Leinbaugh, T., Eppler, C., & Bhat, C.S. (2004). Infusing cultural awareness, knowledge, and skills into school counselor preparation programs [Conference Session]. *American Counseling Association Annual Conference, Kansas City, MO*.
- Eppler, C. (2000). Life before adolescence: Assets school-age children need to succeed [Conference Session]. *Asset Strategies in Action: How to Walk the Talk, Michigan State University Outreach Partnerships, East Lansing, MI*.
- Vazquez-Rivera, O., Griffin, A., Eppler, C., Lumpkin, C. & Keith, J. (2000). Developmental assets and social capital: Critique of the literature and integration of concepts [Paper Presentation]. *Social Capital: Bridging Across Disciplines, East Lansing, MI*.

### Conference Posters

- Eppler, C. (2015, June). Using Creative Assessments to Promote Social Justice. A Poster Presentation at *American Family Therapy Academy's 2015 Annual Meeting and Open Conference, "Global Ecologies: Connections Among Self, Families, Communities, and Cultures," Vancouver, WA*.
- Eppler, C., & Morgan, M. (2015, June). Resilient Cultural Competency. A Poster Presentation at *American Family Therapy Academy's 2015 Annual Meeting and Open Conference, "Global Ecologies: Connections Among Self, Families, Communities, and Cultures," Vancouver, WA*.
- Quek, K. M-T., Eppler, C., & Morgan, M. (2015, June). Gender in CFT in Classrooms: Female Perspectives. A Poster Presentation at *American Family Therapy Academy's 2015 Annual Meeting and Open Conference, "Global Ecologies: Connections Among Self, Families, Communities, and Cultures," Vancouver, WA*.
- Miller, J.K., Todhal, J., Platt, J. & Eppler, C. (2002). Pre-professorial internships: Recruiting the next generation. A Poster Presentation at *American Association for Marriage and Family Therapy's (AAMFT) 60<sup>th</sup> Annual Conference, San Diego, CA*.

Lee, R. E., Eppler, C., Kendal, N., & Latty, C. (2000). Critical incidents in the professional lives of first year MFT students. A Poster Presentation at *American Association for Marriage and Family Therapy's (AAMFT) 58<sup>th</sup> Annual Conference*, Denver, CO.

### **Media Appearances**

[Good Reads, Summertime Edition | 2024 | News & Stories | Seattle University](#)

Karam, E. (Host). (2024). Christie Eppler: Cultivating systemic resilience No. 112 (Audio Podcast) In the American Association Marriage and Family Therapy (AAMFT) Podcast.

[https://media.rss.com/aamft/2024\\_08\\_22\\_19\\_02\\_06\\_fb74861d-e89c-4c2c-bb83-afd6e9748a14.mp3](https://media.rss.com/aamft/2024_08_22_19_02_06_fb74861d-e89c-4c2c-bb83-afd6e9748a14.mp3)

Eppler, C. (2022). How to go deeper with conversations. <https://www.therapy.center/how-to-go-deeper-with-conversations>

Capable communities: Building community assets to support positive change. Retrieved 2006 online

### **Community Presentations**

Eppler, C. (2023, November 27). Embodying Systemic Resilience. *Seattle University's Institute for Catholic Thought and Culture*. Seattle, WA.

Eppler, C. (2021, October 28). Meaningful Experiences of Relational Teletherapists during the Coronavirus. *Seattle University's Office of Sponsored Projects Lightning Talks*. Seattle, WA.

Eppler, C. (2018). Energy Between Us: Celebrating World Marriage Day. Invited talk sponsored by *Sacred Heart Parish*. Bellevue, WA.

Eppler, C. (2016). Critical Race Theory and Media Images. Invited talk sponsored by the *Center for Seattle University's Institute for Catholic Thought and Culture*. Seattle, WA.

Eppler, C. (2016). Compassion Fatigue and Self-Care. Invited talk sponsored by the *Washington Association for Marriage and Family Therapy*. Seattle, WA.

Brown, E., Cobb, R. A., Eppler, C., Kelley-Peterson, D., Kolber, B., Moss, T., & Reeves, K. (2016). Mentor Day panel discussion. Invited talk sponsored by the *Washington Association for Marriage and Family Therapy*. Seattle, WA.

Eppler, C., & Casavant, C. (2015). Emotionally Intelligent Relationships. Invited talk sponsored by *Seattle University Redhawk Leadership Summit's Looking from the Inside Out: An Exploration of Emotional Intelligence*. Seattle, WA.

Eppler, C. (2012). Listen, Question, and Create: A Pastoral Counselor's Encounter of Islam. Invited talk sponsored by the *School of Theology and Ministry's Dean's Dinner*, Seattle University. Seattle, WA.

Eppler, C. (2011). Culture, Sacred Texts and the Individual: How We Create Meaning. Presented for: *Renew, Recharge, Refresh: Seattle University and the Northwest Center for Creative Aging*.

- Eppler, C. (2010). Values and the Developmental Assets. *White Center Heights Family Advocacy Council*.
- Eppler, C. (2010). Family Strengths. A Three-Week Adult Education Seminar at *Seattle First Baptist Church*.
- Eppler, C. (2009). Good Grief Small Group. Presented at *Bellevue First Congregation Church*. Bellevue, WA.
- Eppler, C. (2007). Hope in the Unseen: Book Review and Discussion. Presented at the *Day of Common Learning* at Seattle Pacific University. Seattle, WA.
- Eppler, C. (2007, 2006, 2005). Supervision 101. Presented to a *Workshop for School Counselor Supervisors* co-sponsored by SPU's School of Education and the Washington Counselors for Social Justice, a division of the Washington Counselors Association. Seattle Pacific University, Seattle, WA.
- Eppler, C. (2005). Supersize me. Faculty panel for *Respect Your Body Week*, Seattle Pacific University. Seattle, WA.
- Eppler, C. (2004, 2005). What can you do with a degree in psychology? Panel presentation to *General Psychology* at Seattle Pacific University. Seattle, WA.
- Eppler, C. (2005, 2006). Considering Graduate School in psychology? Faculty panel and discussion sponsored by the *Department of Psychology* at Seattle Pacific University. Seattle, WA.
- Marshall, M.A., & Eppler, C. (2005). Pride and prejudice: The psychology of the individual in creating and combating prejudice. Presented at *Faith Forum* (Campus Ministries) at Seattle Pacific University. Seattle, WA.
- Marshall, M.A., & Eppler, C. (2004). Pride and prejudice: The psychology of the individual in creating and combating prejudice. Presented at the *Day of Common Learning* at Seattle Pacific University. Seattle, WA.
- Eppler, C. (2004). Focus on Strengths. A poster presentation at *Stress-Less Fest*, sponsored by the Student Counseling Center at Seattle Pacific University. Seattle, WA.
- Eppler, C. (2004). Expressive Journaling. A presentation at *Stress-Less Fest*, sponsored by the Student Counseling Center at Seattle Pacific University. Seattle, WA.
- Eppler, C. (2004). To Journey Forth When All Seems Lost: The Resiliency of Frodo. Presented at *Lord of the Rings: Seattle Pacific University Film and Lecture Event*. Seattle, WA.
- Eppler, C. (2003). Homework Skills. Presented at *Syre Elementary School Parent Teacher Association*. Shoreline, WA.
- Eppler, C. (2003). Family Strengths. Presented at the *South Orange Library*. South Orange, NJ.
- Eppler, C. (2000). Healthy Families. Presented at *Michigan State University's Seminar in Youth Development: An Asset Based Approach*, East Lansing, MI.

Eppler, C. (1998). *Bibliotherapy: Children's Literature as Intervention in Family Therapy*. Presented for the *Department of Family and Child Ecology at Michigan State University*. East Lansing, MI.

### **Grants, Fellowships, Professorship, and Scholarships**

- Din, T., Tillman, J., & Eppler, C. (2025). *Achieving Optimal Childhood, Adolescence and Young Adulthood (A-OCAY): An integrated, holistic, and community-engaged model for interprofessional behavioral health workforce education and training in the Evergreen State*. Health Resources and Services Administration (HRSA); \$2.3 million
- Balmar Behavior Health Initiative Grant Master of Arts in Couples and Family Therapy (MACFT) Coordinator, 2020-2023
- Institute for Catholic Thought and Culture, Faculty Research Fellowship, 2022
- Seattle University Faculty Research Summer Fellowship, 2021
- Cobb, R. A., & Eppler, C. (2019) *Virtual Reality Grant*. American Association of Marriage and Family Therapy
- Scholarship to American Association of Marriage and Family Therapists' (AAMFT) Leadership Symposium, 2016
- Eppler, C. (2012). *Building Awareness of a Modern, Muslim Community: A Phenomenological Encounter of Culture and Tradition*. Henry Luce Grant for Interreligious Programming and Dialogue.
- Pat Howell, SJ, Professor of Spirituality and Leadership, 2012-2015
- Eppler, C. (2008). *Faculty Research Grant*, Seattle Pacific University
- Eppler, C. (2005). *Faculty Research Grant*, Seattle Pacific University
- Eppler, C. (2001). Student Award Program Grant from the Blue Cross and Blue Shield of Michigan Foundation.
- Human Ecology Dissertation Fellowship, 2001
- Janet Shalter Pilsner Dissertation Fellowship, 2001
- Paolucci Scholarship, 2000
- Marie Dye Doctoral Fellowship, 1999
- Betty J. Shaw Scholarship, 1999
- Undesignated Graduate Fellowship, 1998
- Community Counseling Service Scholarship for Academic and Interpersonal Achievement, 1996
- Pi Lambda Theta, University of Missouri, Kansas City, 1994-1999

### **Journal, Book, & Grant Reviewer**

- Editorial Board, *Journal of Marital and Family Therapy*, 2024-present; Ad-hoc Reviewer, 2012-2023
- Book proposal reviewer: Sage, Routledge, and Springer, 2021-present
- Reviewer, *Journal of Feminist Family Therapy*, 2022-present
- Reviewer, *International Journal of Qualitative Methods*, 2019-2024
- Invited Reviewer for Special Issue of *Women and Therapy's* Trauma and Well-Being among Asian American Women, 2016
- Reviewer, *Counseling and Values*; 2007-2013; Ad hoc reviewer, 2005-2007
- Reviewer, American Association of Marriage and Family Therapy (AAMFT) National Conference Submissions 2010-2013; 2015-2017
- Invited Reviewer, Lichtman, M. (2010). *Qualitative research in education: A user's guide (2<sup>nd</sup> Ed)*. Thousand Oaks, CA: Sage.
- Reviewer, *Association of Counselor Educators and Supervisors (ACES) Program Proposals*, 2009

- Reviewer, *Teaching and Technology Grant*, Seattle Pacific University, 2006

### **University Service & Institution Building**

- Member, MACFT Admissions Committee, 2009-present
- Member, MACFT Prospective Student Recruitment Committee, 2009-present
- Program Director, Master of Arts in Couples and Family Therapy (MACFT), 2013-2025
- College of Arts and Sciences' Executive Committee, 2024-2025
- College of Arts and Sciences' Graduate Directors Committee, 2021-2025
- Seattle University Faculty Welfare Committee, 2023-2025
- Member, Provost Awards Committee, 2021 & 2022
- Member, Financial Conflict of Interest Committee, Seattle University, 2015-2020
- Member, Academic Programs Committee, Seattle University's School of Theology and Ministry, 2015-2021
- Member, Rank and Tenure Committee, Seattle University's School of Theology and Ministry, 2012-2021
- Admissions Committee, Seattle University's School of Theology and Ministry, 2014-2021
- Member, The President's Committee on Sustainability, Seattle University, 2011-2017
- Member, Curriculum Committee, Seattle University's School of Theology and Ministry, 2013-2015
- Member, Formation Committee, Seattle University's School of Theology and Ministry, 2009-2013
- Member, Seattle University's Youth Initiative, 2011-2014
- Representative, United Way Campaign, Seattle University, 2011
- Chair, Search Committee for Associate or Professor for Ecumenical and Interfaith Dialogue, The Spehar-Halligan Professorship, Seattle University's School of Theology and Ministry, 2011-2012
- Member, Technology and Distance Education, Seattle University's School of Theology and Ministry, 2011-2012

### **Awards**

- Washington Association of Marriage and Family Therapy's *Educator of the Year*, 2017
- Counselor Educator of the Year, Washington School Counselor Association, 2007

### **Professional Leadership**

- National Marital and Family Therapy Examination Item Writer and Reviewer  
(Official statement): "I, on January 28 and 29, 2017, participated in an item review workshop as a content/subject matter expert in Marital and Family Therapy working on the National Marital and Family Therapy Examination for the Association of Marital and Family Therapy Regulatory Boards, in conjunction with Professional Testing Corporation."
- American Association of Pastoral Counselors, Northwest Region
  - President, 2015
  - Regional Vice-Chair, 2012-2014
- Washington Association of Counselor Educators and Supervisors (WACES)
  - President, 2008
  - Member, 2003-Present
- Chair, School Counseling Public Education Advisory Board (PEAB), 2003-2009
- ESA (Educational Staff Associate) Professional Certificate, Phase II, Member, 2006-2009

### **DMin Project & PhD Dissertation Committees**

- Kristen Moss, Committee Member, Doctor of Ministry (DMin), Seattle University, 2020
- Ned Parker, Committee Member, Doctor of Ministry (DMin), Seattle University, 2016
- Colette Casavant, Committee Member, Education Doctorate (EdD), Seattle University, 2015
- Connie Thompson, Committee Member, Counselor Education (PhD), Seattle Pacific University, 2009
- Pamela Fackina, Committee Member, Marriage and Family Therapy (PhD), Seton Hall University, 2008
- Kirk Webb, Committee Member, Clinical Psychology (PhD), School of Psychology, Community, & Family, Seattle Pacific University, 2004
- Andrea Brown, Committee Member, Marriage and Family (PhD), Seton Hall University, 2004
- Angel Oubre, Committee Member, Marriage and Family (PhD), Seton Hall University, 2004

### **Professional Associations**

- American Association of Marriage and Family Therapy (AAMFT), Clinical Fellow & Approved Supervisor, 1997-present
- Washington Association of Marriage and Family Therapy (AAMFT Interest Network), 2003-present
- American Association of Pastoral Counselors, 2009-2014
- Washington Association of Counselor Educators and Supervisors, 2007-2014
- American Counseling Association, Member 1995-1999; 2003-2014
- American School Counselor Association, 2003-2009
- Washington School Counselor Association, 2004-2009
- Washington Counselors for Social Justice, 2005-2009

### **Seattle-Area Volunteer Experience**

- Therapy Dog Handler, Project Canine, 2014-2021
- Volunteer, Greenwood Pre-School, 2013-2014
- Mentor, Seattle Girls School (27<sup>th</sup> and Jackson), 2011-2012
- Therapy Dog Handler & Reading Tutor, Therapy Dogs International, White Center Heights Elementary School & VA Hospital, 2010-2011
- Family Support Volunteer, *Side-by-Side, Ronald McDonald House, Seattle*, 2007-2010
- Tutor (writing skills) for children age 6-18, *826Seattle*, 2006-2009
- Tutoring at Hamilton International School, Seattle
- 5<sup>th</sup> Grade Girl Camp Leader, *University Presbyterian Church Day Camp*, Summer 2006
- Big Sister, *Big Brother/Big Sisters School-Based Mentoring Program*, 2003-2005