

Kate Reeves, M.A., LMFT

Washington State Licensed Marriage and Family Therapist #LF60603397

AAMFT Approved Supervisor

Education

Antioch University Los Angeles

Specialization focus: LGBT Affirmative Psychology

Culver City, CA

M.A., Clinical Psychology

Northwestern University

Major: Communication Studies

Evanston, IL

Bachelor of Science in Speech

New York University

Gallatin School of Individualized Study

New York, NY

Academic Teaching Experience

2014-Present

Antioch University Seattle -

School of Applied Psychology, Couple and Family Therapy Program

Senior Lecturer June 2018-present

Adjunct Faculty Member July 2014-May 2018

Applied Family Therapy Workgroup

Courses taught:

- CFT Internship Case Consultation
- Individual Therapy in the Family System
- Applied Couple Therapy
- CFT Communication & Counseling Skills
- Systems Perspectives in Family Therapy
- Theories of Couple and Family Therapy

Lecture and Presentation Experience

2022

OCD 101: What OCD Is and Isn't

Co-presented with board and members of OCD Washington

Antioch University Clinical Internship special guest lecture

2019, 2020

Private Practice Strategies

Annual Mentor Day Invited speaker and panelist

Washington Association of Marriage and Family Therapy

2017

We're All a Little Bit Racist: Unintentional Bias and Ethical Clinical Practice

Annual Conference: "Finding Common Ground:

The Practice of Family Therapy in a Divided Nation"

Washington Association of Marriage and Family Therapy

2017

OCD and Family Treatment

Co-presented with Shereen Morse, MD, MHP

Seattle WAMFT Networking Group

2015-2016

Applied Improvisation Series: Soft Skills for Technical People; Mastering On

The Spot Communication; Constructive Conflict Resolution

co-taught with Briton Kolber, MA, LMFTA

General Assembly Seattle

2013-2016

From Socially Awkward to Socially Awesome

Bellevue College Continuing Education

Everett Community College Corporate & Continuing Education Center

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2014, 2015	Guest Instructor Improv/Theater Camp Ryther Aspiring Youth Program
2009-2014	Volunteer Educator and Facilitator Communication, conflict resolution, and healthy relationship workshops Youth Care
2010-2012	Annual Volunteer training presenter - Adolescent Development, Boundaries Lambert House
2007- 2009	High School Speaker Planned Parenthood Los Angeles

Clinical Experience

Therapy for Geeks

Individual, Relationship, and Family Therapy

Bellevue, WA

June 2013-present

Friends of Youth

Lead Case Manager, Transitional Living Program

Kirkland, WA

May 2013-May 2015

Los Angeles Gay and Lesbian Center

Mental Health Services Intern

Los Angeles, CA

March 2008-April 2009

Volunteer Experience

- **OCD Washington - an affiliate of the International OCD Foundation**
Board Member at Large 2022-present, President 2018-2022,
Vice President 2016-2018, Founding Board Member 2015
- **International OCD Foundation**
I-CBT Special Interest Group; LGBTQ Special Interest Group
- **Washington Association for Marriage and Family Therapy**
Secretary 2016-2018, At-Large Board Member 2016

Other Relevant Training and Qualifications

- Metacognitive Therapy with Dr. Pia Callesen
- A Neuro-affirming Approach to Treating OCD for Autism, ADHD, and Sensory Processing Disorder using I-CBT with Brittany Goff
- 2-Day Intensive OCD Treatment Group - Observer-Therapist with Reid Wilson
- "Cutting the Problem Down to the Size" and "Mapping the Unmapped" with David Epston
- Remembering Conversations with the Dying and Bereaved with Lorraine Hedtke
- Reclaiming Community Out of Catastrophe with Peggy Sax

- Supportive Parenting for Anxious Childhood Emotions: SPACE Training with Eli Lebowitz
- Behavior Therapy Training Institute (IOCDF training intensive)
- Gottman Method Couples Therapy - Level 3 Practicum Training