

Dr. DeQuindre C. Hughes

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EDUCATION

Doctorate of Counselor Education & Supervision

August 2021 - August 2024

The Ohio State University

CACREP – Accredited

Advisors: Brett Zyromski, Ph.D., Colette Dollarhide, Ed.D. NCC, ACS, LPC-S (OH)

Dissertation: *A Critical-Constructivist Grounded Theory of Elementary School Counselors' Career and STEM-focused Interventions for African American Students*

My dissertation was guided by a distinguished committee, including Dr. Brett Zyromski (chair), Dr. Tanya Middleton, Dr. Colette Dollarhide, and Dr. Paul Granello. Their expertise and guidance were instrumental in shaping my research.

Master of Education, School Counseling

August 2017 - December 2019

The University of Tennessee at Chattanooga

CACREP – Accredited

Advisors: Shekila Melchior, Ph.D. NCC, Elizabeth O'Brien, Ph.D. LPC-MHSP, NCC

Bachelor of Science, Psychology

August 2012 - December 2016

The University of Tennessee at Chattanooga

DISSERTATION

My research examines the crucial role of elementary school counselors in preparing K-12 students for their future careers and addressing barriers that prevent certain groups from pursuing careers in STEM fields. Specifically, I focus on how these counselors support African American students. I employ a research methodology called critical-constructivist grounded theory (CCGT), which is well-suited for studying psychological experiences by considering meanings, privilege, oppression, and power dynamics in the research context. Additionally, I apply Intersectionality Theory to understand the impact of oppression and multiple identities on career interventions for African American students.

My research has led to the development of a practical framework titled "Career Development and STEM Interventions for African American Students: Student-Led, Student-Focused, and Student-Voiced." This framework, comprising six clusters and sixteen categories, is designed to serve as a useful tool for school counselors and counselor educators in promoting the career development of African American students from kindergarten through 5th grade and throughout their K-12 experience.

RESEARCH FOCI

K-12 STEM Education; School-Based PK-5 Career Counseling; Strengths-Based Supervision; School Counselor Self-Efficacy; School Counselor Wellness & Self-Care Practices.

Last Updated: 09-18-2025

LICENSURE

Practitioner School Service 2nd Issuance (K-12)

- Tennessee License Number: 000717716
 - o Effective: 09/01/2023
 - o Expiration: 08/31/2026

5-Year Professional Pupil Services License

- Ohio Educator State ID: OH3504865
 - o Effective: 07/01/2024 to 6/30/2029

RELEVANT EMPLOYMENT

Assistant Professor of Instruction

July 2026 – Present

Counselor Education and Supervision, Seattle University
Seattle, University

- Teach and supervise across the three-course Internship I, Internship II, and Internship III sequence, supporting school counseling candidates' development from foundational skills to advanced professional practice.
- Integrate strengths-based, culturally responsive, and equity-centered pedagogy aligned with Seattle University's Jesuit mission and CACREP standards.
- Provide weekly synchronous supervision (Mon/Thurs, 4–6 pm PST) focused on case conceptualization, ethical decision-making, and reflective practice.
- Teach asynchronous graduate courses — Crisis Counseling and Research — emphasizing trauma-informed online design, accessibility, and professional relevance.
- Collaborate with the PPCT Director and program faculty to ensure alignment with program policies, Canvas structures, and internship site expectations.
- Support student onboarding through Internship orientation (Aug. 17), facilitating early engagement with PK–12 school sites.
- Contribute to curriculum development, program coherence, and mission-driven counselor preparation.

Assistant Professor of Instruction

January 2025 – Current

Counselor Education and Supervision, Ohio University
Athens, Ohio

- In my position as Assistant Professor, I am committed to advancing the field of education by instructing eight master level courses each academic year. My approach incorporates a diverse range of pedagogical strategies, including a strengths-based approach, to foster a learning environment that promotes active student participation and critical analysis of counseling topics. I engage students with a rich array of instructional materials, from scholarly articles to multimedia resources, thereby fostering a holistic understanding of the subject matter. My emphasis on inclusivity and cultural relevance enriches students' experiences and empowers them to embrace diverse perspectives within the educational landscape.

- o In Spring 2025, I taught various courses in different learning environments. The in-person Practicum engaged students with real-world scenarios, while I led a synchronous Online School Counseling Program class that facilitated virtual interactions. Additionally, I taught the fully asynchronous Interviewing in Counseling course, allowing students to learn essential techniques at their own pace.
- o In Summer 2025, I instructed the Group Counseling course as a synchronous class in the OU Online Counseling program, as well as the Legal and Ethical course for school counselors in the OU Online School Counseling Program.
- o In Fall 2025, I taught Foundations in Counseling and Career Development in person, along with the Counseling Internship for school counselors in the OU Online School Counseling Program.
- o In Spring 2026, I will be teaching the in-person Practicum class, the Online School Counseling Practicum, and Counseling in the Lifespan.

Graduate Teaching Assistant

August 2021 – Spring 2024

Counselor Education and Supervision, The Ohio State University
Columbus, Ohio

- Solely responsible for grading students in OSU's online wellness course during the program's first year. Additionally, I was solely responsible for managing the OSU S.M.A.R.T. Lab for students, which focused on helping them develop deep breathing practices using EmWave Technology to reduce stress and anxiety in their daily lives.
- Solely responsible for handling grading, accommodations, and supporting OSU's online undergraduate and graduate Wellness courses during my second and third years in the program. This involved updating the course syllabus and course while additionally spending ten hours weekly managing the OSU S.M.A.R.T. Lab.
 - o Oversee all course curriculum, administrative responsibilities, and academic structure for approximately 150 - 200 students per semester.
 - o Utilize culturally relevant pedagogical approaches to individualize the diverse educational needs of students in an online course.
 - o Provide lectures using slides, worksheets, videos, and quizzes.
 - o Create course materials and manage them on the Carmen student learning website.
 - o Provide consultation and feedback on individual wellness assessments and plans throughout the semester.

Graduate Research Assistant

January 2022 - June 2022

Counselor Education and Supervision, The Ohio State University
Columbus, Ohio

- **As a Graduate Research Assistant** working under Dr. Tanya Middleton, I contributed to pivotal research on substance abuse among adolescents. My responsibilities included meticulously collecting and examining a wide range of scholarly articles to create comprehensive literature reviews. This research was critical for understanding the

underlying issues surrounding substance use, and my findings helped to inform new strategies for intervention and prevention in adolescent populations.

School Counselor

August 2020 - July 2021

Calvin Donaldson Elementary, *Hamilton County Department of Education*
Chattanooga, TN

- **In my role as a School Counselor at Calvin Donaldson Elementary**, I was dedicated to nurturing the emotional and academic growth of students in a supportive and compassionate environment. I confidently conducted individual and group counseling sessions, guiding students in developing effective coping strategies and social skills. Collaborating closely with teachers and parents, I implemented targeted interventions that addressed behavioral and emotional challenges, fostering resilience and academic success among the student body.

School Counselor

Oct 2019 - July 2020

Ooltewah Elementary School, *Hamilton County Department of Education*
Ooltewah, TN

- **During my time at Ooltewah Elementary, I served as a School Counselor**, engaging in various initiatives to support student well-being. I conducted individual counseling sessions to address personal issues and facilitated group workshops to develop social skills and resolve conflicts. My proactive approach included organizing programs to educate students on empathy, diversity, and emotional intelligence, fostering a positive school culture, and strengthening student relationships.

School Counselor (Job Embedded Internship)

Oct 2019 - December 2020

Ooltewah Elementary School, *Hamilton County Department of Education*
Ooltewah, TN

- In my job-embedded internship at Ooltewah Elementary, I received invaluable hands-on experience as a School Counselor, working directly with students to support their emotional and behavioral needs. Under the mentorship of experienced counselors, I participated in school-wide initiatives and counseling programs, gaining insights into effective counseling practices and strategies. This immersive experience reinforced my dedication to making a lasting impact in the lives of elementary-aged students and fueled my commitment to fostering their development and well-being.

PUBLICATIONS

Peer-Reviewed Journal Articles

Mayes, Renae D.; Falco, Lia D.; Zenon, Shontell; **Hughes, DeQuindre**; Chen, Yijia; Ross, Lydia; and Dalal, Medha (2026) "Reframing Narratives, Reclaiming Futures: Antiracist School Counseling and Black and Brown Girls in STEM," *Journal of College Access*: Vol. 11: Iss. 2, Article 4.

Last Updated: 09-18-2025

Available at: <https://scholarworks.wmich.edu/jca/vol11/iss2/4>

Henry, S. M., Alvarez, J., Lee, S., Cunningham, P., Saunders, R., Zyromski, B., Martin, I., Max, R., **Hughes, D. C.**, & Shrewsbury-Braxton, S. (2026). *Teaching a Research-Informed School Counseling Intervention to Practicum Students to Impact Competencies, Imposter Syndrome, and Self-Efficacy*. Retrieved March 3, 2026, from <https://acesonline.net/wp-content/uploads/2026/02/ACES-TPB-i7-Teaching-a-Research-Informed-School-Counseling-Intervention-to-Practicum-Students-to-Impact-Competencies-Imposter-Syndrome-and-Self-Efficacy.pdf>

Middleton, T.J., Arjune, B., Parsons-Christian, E., Peebles, E., **Hughes, D.**, Sumler, C., Dollarhide, C.T., & Ford, D.Y., Hines, E.M. (accepted). Thriving Against the Odds: An examination of protective factors to support African Americans in counselor education. *The Journal of Black Psychology*.

Henry, S. M., Jones, D., **Hughes, D. C.**, & Dawkins, A. (Accepted). Trauma-competent approaches for supporting rural students of color. Submitted to *Theory & Practice in Rural Education*. <https://doi.org/10.3776/tpre.2023.v13n2p104-124>

Middleton, T. J., Toole, K. M., Culpepper, D., **Hughes, D. C.**, Parsons-Christian, E., & Dollarhide, C. T. (2023). Decolonizing & decentering oppressive structures: practical strategies for social justice in school and clinical counseling. *Journal of Counselor Leadership and Advocacy*, 10(2), 112-122. <https://doi.org/10.1080/2326716X.2023.2237023>

Middleton, T., Bhudayal, A., Peebles III, E., **Hughes, D.**, & Dollarhide, C.T. (2023). Optimal theory and educational realities for African Americans: Suggestions for humanistic counselors working in K-16 settings. *Journal of Humanistic Counseling*. 62(1), 15-24. <http://doi.org/10.1002/johc.12198>

Johnson, K.F., Cunningham, P., Tirado, C., Moreno, O., Gillespie, N., Duyilbe, B., **Hughes, D. C.**, Goodman Scott, E., & Brookover, D. (2023). Social determinants of mental health: considerations for counseling children and adolescents. *Journal of Child and Adolescent Counseling*, 9, 21-33. <https://doi.org/10.1080/23727810.2023.216922>

Manuscripts Under Review

Manuscripts In Progress

Note: Manuscripts designated as "in progress" have comprehensive outlines, theoretical and methodological direction, preliminary data, and targeted journal outlets.

Hughes, D. C., [2nd author], [3rd author] & Zyromski, B. (January 2026, *target date*). Impact of Early Career Counseling: A Pilot Study on Elementary Counselors and STEM Interventions for African American K-5 Students. Will submit it to the *Professional School Counseling Journal*.

Hughes, D. C., Falco, L. D., & Tsai, Y.-Y. (2025, December 1). *Pathways of possibility: Reimagining career development for neurodivergent Black boys* [Manuscript proposal].

Last Updated: 09-18-2025

CONFERENCE PRESENTATIONS

National Level

Hughes, D.C. (2025, March). *Career Development and STEM Interventions for African American Students: Student-Led, Student-Focused, and Student-Voiced*. Presentation at the Evidence-Based School Counseling Conference, Columbus, Ohio.

Hughes, D. C. & Henry, S. (2024, March). *Supervision and self-efficacy: Increasing counselor-in-training self-efficacy in career counseling*. Presentation at the Evidence-Based School Counseling Conference, Columbus, Ohio.

Hughes, D. C., Mushunje, R., & Fraley, A. (2024, March). *Cultivating Communalism: Perspectives on Stigma Reduction and Culturally Responsive Mental Healthcare for African American Families in K-12 & Clinical Settings*. Presentation at the Evidence-Based School Counseling Conference, Columbus, Ohio.

Fraley, A., **Hughes, D. C.**, & Mushunje, R. (2023, April). *Cultivating communalism: Perspectives on stigma reduction and culturally responsive mental health care for African American families*. African American Behavioral Health Conference, The Ohio State University.

Fraley, A., Mushunje, R., & **Hughes, D. C.** (2023, September). *Cultivating communalism: Perspectives on stigma reduction and culturally responsive mental health care for African American families*. Black Mental Health Symposium (BMHS), Jacksonville, FL.

Doyle, K., Henry, S., & **Hughes, D. C.** (2023, April). *Differences in depression, anxiety, stress, and resilience amongst college students*. 30-Minute Research Education Session at the American Counseling Conference, Toronto, Canada.

Cunningham, P., **Hughes, D. C.**, & Lee, S. (2023, March). *Building students' hope and sense of school belonging through goal-setting*. Presentation at the Evidence-Based School Counseling Conference, Columbus, Ohio.

Middleton, T., **Hughes, D.C.**, Sumler, C., & Christian, E. (2022, May). *Reconstructing pathways: Challenges and opportunities to diversifying the professorate*. Presentation at NCDRL Conference, Columbus, OH.

Granello, P., Geiger, S., **Hughes, D. C.**, & Cunningham, P. (2022, March). *S.M.A.R.T. - development and research of the stress management and resiliency training labs*. Presentation at the Evidence-Based School Counseling Conference, Columbus, OH.

Henry, S. & **Hughes, D. C.** (2022, March). *Career counseling for equity in rural america: Implications for school counselors*. Presentation at the Evidence-Based Counseling Conference, Columbus, OH.

Gillespie, N., **Hughes, D. C.**, Stephany, K., & O'Connell, A. (2022, March). *COVID disruptions- understanding covid-19 learning loss and what school counselors can do to provide evidence-based interventions to bridge gaps in math and science*. Presentation at the Evidence-Based School Counseling Conference, Columbus, OH.

Granello, P., Geiger, S., **Hughes, D. C.**, & Cunningham, P. (2022, March). *S.M.A.R.T. - development and research of the stress management and resiliency training labs*. Presentation at the Evidence-Based School Counseling Conference, Columbus, OH.

Henry, S. & **Hughes, D. C.** (2022, March). *Career counseling for equity in rural america: Implications for school counselors*. Presentation at the Evidence-Based Counseling Conference, Columbus, OH.

Gillespie, N., **Hughes, D. C.**, Stephany, K., & O'Connell, A. (2022, March). *COVID disruptions- understanding COVID-19 learning loss and what school counselors can do to provide evidence-based interventions to bridge gaps in math and science*. Presentation at the Evidence-Based School Counseling Conference, Columbus, OH.

Hughes, D. C. & Anyidoho, A. (2022, March). *Examining counseling support systems for students of color in stem education*. Presentation at the Evidence-Based Counseling Conference, Columbus, OH.

Doyle, K. & **Hughes, D. C.** (2021, October). *Promoting student wellness and retention during covid-19*. Poster Session presented at the ACES Conference, Atlanta, GA.

Regional Level

Mushunje, R., Fraley, A. & **Hughes, D. C.** (2024, November). *A Womanist Touch on Broaching: Co-creating a Culture of Inclusivity for Counselors*. Presentation at the Southern Association for Counselor Education and Supervision Conference, Dallas, TX.

Hughes, D. C., Mushunje, R., & Fraley, A. (2024, October). *A Womanist Touch to Broaching: Curating a Culture of Inclusivity for Counselors*. Presentation at the North Central Association for Counselor Education and Supervision Conference, Chicago, IL.

Henry, S. & **Hughes, D. C.** (2022, November). *Career counseling for equity in rural america: Implications for school counselors*. Presentation at the Southern Association for Counselor Education and Supervision Conference, Baltimore, MD.

Henry, S. & **Hughes, D. C.** (2022, November). *Career counseling for equity in rural america: Implications for school counselors*. Presentation at the North Atlantic Region Association for Counselor Education and Supervision, Pittsburgh, PA.

Middleton, T., Dollarhide, C., & **Hughes, D. C.** (2022, September). *Reconstructing pathways: Challenges and opportunities to diversifying the professorate*. Presentation at the North Central Association for Counselor Education and Supervision Conference, Omaha, NE.

State Level

Mushunje, R., Fraley, A., & **Hughes, D. C.** (2023, October). Cultivating communalism: Culturally responsive mental health care for african american families. All Ohio Counseling Conference (AOCC), Columbus, OH.

Lee, D. & **Hughes, D. C.** (2022, October). *Effective collaboration: School counselors and mental health counselors*. Presentation at the All-Ohio Counseling Conference, Columbus, OH.

Cunningham, P., **Hughes, D. C.**, & Lee, S. (2022, October). *Building students' hope and school belonging using research-based surveys and interventions*. Presentation at the All-Ohio Conference, Columbus, OH.

Gillespie, N., Cunningham, P., & **Hughes, D. C.** (2022, October). *Social determinants of mental health (SDoMH) considerations for counseling children and adolescents*. Presentation at the All-Ohio Counseling Conference, Columbus, OH.

Zyromski, B., Henry, S., & **Hughes, D. C.** (2021, October). *Fostering student success in the pandemic*. Presentation at the All-Ohio Counseling Conference, Columbus, OH.

Hughes, D. C. (2019, April). *Women in STEM*. Poster Session presented at the 2019 UTC Counselor Education Research Symposium, Chattanooga, TN.

INVITED WEBINARS, LECTURES & WORKSHOPS

Webinars

Career Counseling for Equity in Rural America (2023, July). Presented with Sarah Henry. American School Counselor Association Webinars. Presented Virtually.

Legislative Advocacy for Counselor Educators and Supervisors. (2026, July 10). *North Central Association for Counselor Education and Supervision (NCACES)*. Webinar presented by M. Glowiak, A. Randolph, D. Hughes, & B. Sarich.

Lectures

Guest Speaker (2025, April): K-12 STEM and Our Roles as Counselors

- Delivered a guest lecture for Dr. Lin Dinwiddle's students at the University of Colorado, exploring the multifaceted role of counselors in enhancing K-12 STEM education. The

presentation highlighted innovative strategies for integrating counseling practices that support underrepresented students in STEM fields.

Guest Speaker (2025, February). Middle Childhood Development. A presentation on Strengths-Based Approaches and Intersectionality in Middle Childhood Development. Guest lecture for Dr. Jennifer Isiko at The Ohio State University.

- The session explored the complexities of childhood development, emphasizing the importance of recognizing and capitalizing on individual strengths within diverse cultural contexts.

Guest Speaker (2023, April). STEM and the Underrepresented Student. Guest lecture for Sarah Henry at the College of William & Mary.

- Facilitated a compelling guest lecture for Sarah Henry at the College of William & Mary, which focused on the critical need to support underrepresented students in STEM fields. The discussion encompassed various strategies and resources to foster inclusion and equity in educational settings.

Guest Speaker (2023, February). Strengths in Every K-5 Student. A presentation on Strengths-Based Approaches in Middle Childhood Development. Guest lecture for Dr. Jennifer Isiko at The Ohio State University.

- Conducted a presentation on Strengths-Based Approaches in Middle Childhood Development, highlighting effective methodologies for recognizing and nurturing the innate strengths of students in grades K-5, thereby promoting a positive and empowering educational experience.

Workshops

Cultural Humility and Evidence-Based School Counseling (2023, October). Two 3-hour pre-conference workshops were presented alongside Dr. Brett Zyromski, Dr. Sarah Henry, and Sangeun Lee at the All Ohio Counseling Conference in Columbus, Ohio.

- The workshops engaged participants in meaningful discussions and hands-on activities centered around cultural humility and the implementation of evidence-based practices in school counseling.

TEACHING

ESCE 6189: Practicum in School Counseling

Spring 2024

Co-Instructor, *The Ohio State University*, Dr. Brett Zyromski

- I led a dynamic cohort of practicum students through a 14-week immersive experience. The curriculum encompassed a range of important topics, including solution-focused brief therapy, effective classroom management strategies in K-12 settings, and the creation of a reflective and safe space for students to share their experiences and insights.

ESCE 6189: Practicum in School Counseling

Spring 2023

Co-Instructor, *The Ohio State University*, Dr. Brett Zyromski

- Instructed four classroom lessons and led a group of practicum students over ten weeks, and led a group of students on topics including solution-focused brief therapy and classroom management

ESCE 6738: Techniques of Group Counseling

Spring 2023

Co-Instructor, *The Ohio State University*, Dr. Felice Kassoy

- Helped design and evaluate 1st-year master's students as they prepared to run mock group therapy sessions for the first time

ESCE 8100: Techniques of Individual Counseling

Fall 2022

Co-Instructor, *The Ohio State University*, Dr. Tonya Middleton

- Evaluated student recordings, provided individual feedback, and co-led two classes on strengths-based and cognitive-behavioral therapy topics.

ESCE 6831: Professional School Counseling

Spring 2022

Co-Instructor, *The Ohio State University*, Dr. Colette Dollarhide

- Independently led 7 out of 14 classroom discussions on topics, including discussions around creating safe and successful school environments, family engagement, and student success skills.

SUPERVISION EXPERIENCE

Primary Supervision Style: *Strengths-based Supervision Model*

This approach values supervisors' professional knowledge while placing significant emphasis on supervisees' expertise. Rather than merely identifying areas for improvement, supervisors play a supportive role in helping supervisees uncover solutions that resonate with their strengths and past successes. This journey of shared responsibility and collaborative learning fosters an environment where everyone can grow and develop. By encouraging reflection and exploration, we empower supervisees to cultivate their problem-solving skills rather than simply providing them with solutions. Additionally, I weave in elements from wellness supervision and social justice models, acknowledging the crucial importance of self-care for students and the necessity of addressing social justice concerns within educational environments. This holistic approach ensures that we support not only our supervisees academically but also care for their overall well-being and equip them to navigate broader issues in their personal and professional lives.

Practicum University Supervisor, *The Ohio State University*, February 2022 – May 2024
1-hour weekly supervision meetings provided across the Spring semester

- University Supervisor, February 2022 - May 2022 (One practicum student – elementary school level)
- University Supervisor, February 2023 - May 2023 (Two practicum students – elementary and middle school level)

- University Supervisor, February 2023 – May 2023 (Two practicum students – elementary and middle school level)
- University Supervisor, January 2024 – May 2024 (Two practicum students – elementary school level)

Internship University Supervisor, *The Ohio State University* August 2021 – May 2024

1-hour weekly supervision meetings provided across the Fall and Spring semesters

- Supervisor, August 2021 – May 2022 (One intern – elementary school level)
- Supervisor, August 2022 – May 2023 (Two interns – elementary and middle school level)
- Supervisor, August 2023 – May 2024 (One intern – elementary school level)

AWARDS

Wiley Top Downloaded Article

Recognized by Wiley as one of the most downloaded articles during its first 12 months of publication, from January 1, 2022, to December 31, 2022. Article in reference:

Middleton, T., Bhudayal, A., Peebles III, E., Hughes, D., & Dollarhide, C.T. (2023). Optimal theory and educational realities for African Americans: Suggestions for humanistic counselors working in K-16 settings. *Journal of Humanistic Counseling*. 62(1), 15-24.
<http://doi.org/10.1002/johc.12198>

GRANTS & FUNDING

The Ohio State University, Educational Studies Graduate Student Travel Award | Fall 2022 | \$350

The Ohio State University, Office of Research, Innovation, and Collaboration Travel Grant | Fall 2022 | \$250

The Ohio State University, Counselor Education Department Travel Grant | Fall 2022 | \$300

The Ohio State University, Counselor Education Department Travel Grant | Fall 2021 | \$300

The Ohio State University, Educational Studies Graduate Student Travel Award | Fall 2021 | \$350

The Ohio State University, Office of Research, Innovation, and Collaboration Travel Grant | Fall 2021 | \$250

LEADERSHIP & SERVICE

NCACES Emerging Leader

September 2025 – current

- Selected as an NCACES Emerging Leader, recognizing exceptional potential in counselor education and leadership.

Last Updated: 09-18-2025

- Participated in advanced professional development and networking opportunities with national leaders in the field.
- Demonstrated commitment to equity, innovation, and excellence in counselor education.
- Assigned to the NCACES Conference Proposal Sub-Committee due to experience and background.

Alpha Chapter of Chi Sigma Iota Co-Faculty Advisor

January 2024 – current

- I serve as a Co-Faculty Advisor for the Alpha Chapter at Ohio University, collaborating closely with fellow faculty member, Dr. Leah Howard, to guide and support our students in their academic and extracurricular endeavors.

PhD & MA School Counselor Admissions Volunteer

February 2024

Assisted OSU faculty with PhD and MA school counseling admission interviews and student selection,
The Ohio State University

Conference Volunteer

March 2023

Provided in-person support for conference presentations,
Evidence-Based School Counseling Conference

MA School Counselor Admissions Volunteer

February 2023

Assisted OSU faculty with MA school counseling admission interviews and student selection
The Ohio State University

Supervised Manuscript Reviewer Experience

October 2022 – May 2023

Participated in a supervised experience with an associate editor of the *Professional School Counseling Journal*, reviewing manuscripts for publication

NCACES Government Regulation Committee

October 2022 - current

North Central Association for Counselor Education and Supervision

- Sitting graduate committee member responsible for legislation concerning Nebraska state law and the counseling profession
- Currently shadowing the committee head as of May 2023

BRNC Fall Middle School Mentorship Program Mentor

October 2022 – May 2023

Bell National Resource Center, *The Ohio State University*

- Weekly mentoring for African American 6th-8th-grade males at a local Columbus preparatory middle school

CACREP Self-Study Support Team Member

September 2022 – May 2023

The Ohio State University

- Proficient at building infrastructure for a continuous assessment cycle for CACREP
- Updated comprehensive master's level school and clinical counseling program handbook

Creating Connections Facilitator

August 2022 – November 2022

The Ohio State University

- Led 1-hour monthly group meetings for African-American males pursuing their doctoral degrees in OSU's Educational Studies program, discussing wellness, self-care, and Black male identity in higher education settings.

Council of Graduate Students Delegate Alternative Representative August 2022 – 2023
Educational Studies Department, *The Ohio State University*

Manuscript Reviewer June 2022 – current
International Journal of Educational Reform

Manuscript Reviewer June 2022 – current
Journal of Education and Urban Society

Conference Volunteer March 2022
Provided technical support for Zoom presentations
Evidence-Based School Counseling Conference

Ph.D. and MA Admissions Volunteer March 2022
Assisted faculty with Ph.D. and MA admission interviews
The Ohio State University

Proposal Reviewer December 2021
Evidence-Based School Counseling Conference

UTC Counselor Education Program Advisory Board Fall 2020 - Fall 2022
School Counseling Alumni Representative,
The University of Tennessee at Chattanooga

Boys 2 Men Summer 2017
Mentor for Black and Brown male youth (ages 5-14)

RESEARCH TEAMS

Research Interests:

Access and inclusion in STEM for underrepresented students; School counselor professional identity; Counselor self-efficacy in career counseling; trauma-sensitive counseling; counselor wellness and self-care; counseling children and adolescents

Research Assistant - SMART Lab Research Team August 2022 – August 2024
The Ohio State University

- Served as a research assistant on a team led by Dr. Paul Granello, investigating the impact of heart rate variability on college students' stress and anxiety

Research Member - Diversity CACREP Research Team July 2021 - May 2022
The Ohio State University

- I spent time as a research member on a team led by Dr. Tanya Middleton and Dr. Colette Dollarhide, investigating the experiences of African-American professionals in counselor education and supervision.
- Interviewed two participants and transcribed interviews from all respondents

Research Member - True Goals Curriculum

July 2021- Current

The Ohio State University

- Worked as a research member on a team led by Dr. Brett Zyromski and Dr. Ian Martin, investigating the efficacy of the True Goals curriculum
- Transcribed two independent interviews
- Collaborated with team members to code interviews as a member of the qualitative research team

FIELD EXPERIENCE

Counseling Intern

August 2019 - October 2019

Middle Valley Elementary, *Hamilton County Department of Education*
Chattanooga, TN

Counseling Intern

August 2019 - December 2019

Chattanooga School of Arts and Sciences, *Hamilton County Department of Education*
Chattanooga, TN

Practicum Student

January 2019 - April 2019

Middle Valley Elementary, *Hamilton County Department of Education*
Chattanooga, TN

PROFESSIONAL ORGANIZATIONS

Association for Counselor Education and Supervision May 2025 – current
North Central Association for Counselor Education and Supervision May 2025 – current
American Counseling Association January 2020 – 2024
American School Counselor Association January 2020 – January 2022
Tennessee School Counselor Association August 2020 – August 2021
Chi Sigma Iota January 2018 – 2020, and 2025 – current

REFERENCES

Brett Zyromski, Ph.D., Associate Professor and Counselor Education Program Chair,
The Ohio State University
Zyromski.1@osu.edu

Colette Dollarhide, Ed.D., Professor, Counselor Education
The Ohio State University
Dollarhide.1@osu.edu

Tanya Middleton, Ph.D., Clinical Assistant Professor, Counselor Education
The Ohio State University
Middleton.221@osu.edu

Rhodeshia McMillian, Ph.D., Assistant Professor, Educational Policy
The Ohio State University
mcmillian.27@osu.edu