

Jessica T. Vũ, MAEd, LMHC, NCC

jvu@seattleu.edu | www.linkedin.com/in/jessicavu2022

EDUCATION

Master of Arts in Education, Clinical Mental Health Counseling | Seattle University - Seattle, WA

Degree Conferred December 2022

Bachelor of Arts in Psychology | University of Washington - Seattle, WA

Degree Conferred June 2018

RELEVANT EXPERIENCE

Counseling Placement Program Manager, College of Education at Seattle University

March 2025 – Present

- Coordinate all aspects of clinical field placements, including identifying, vetting, and securing practicum and internship sites aligned with CACREP and state accreditation standards
- Develop and maintain collaborative relationships with diverse community-based organizations to expand placement opportunities that support student learning and social justice outcomes
- Manage student support services related to field experience, including orientation sessions, individual placement advising, and supervisor training
- Build and maintain Tevera database forms, workflows, and placement records to support student tracking and program accreditation
- Collaborate with faculty and administrators to update field experience handbooks and digital resources on Canvas
- Administer satisfaction surveys for students and site supervisors to evaluate program quality and placement experiences
- Oversee state-to-state licensure disclosure systems; maintain up-to-date program of study requirements and communicate licensing changes in collaboration with program directors
- Provide licensure and credentialing guidance through facilitated workshops, milestone-based information sessions, and one-on-one advising

Licensed Mental Health Counselor, Counseling & Psychological Services (CAPS) at Seattle University

June 2024 – December 2024

- Conducted short-term scheduled hybrid-format individual psychotherapy and walk-in urgent care consultation for enrolled undergraduate and graduate students
- Maintained timely and ethical clinical progress documentation using MedicatOne EHR software for 20 to 25 clinical service hours per week
- Collaboratively developed and facilitated psychoeducational outreach workshop series targeted toward undergraduate and graduate student audiences to 1) develop holistic wellness skills, and 2) connect with relevant campus and local community wellness resources
- Prepared BIPOC affinity group therapy materials, structure, and screening criteria, in preparation for launch at start of each academic term
- Liaised between CAPS and College of Nursing's Dean, faculty, and staff to provide timely service information and offer presentations and consultation opportunities
- Assisted CAPS leadership in meeting University's strategic goals related to mental health by collaborating with relevant departments to improve mental health programming offerings targeted towards underrepresented student populations

Primary Therapist I, Pathlight Mood & Anxiety Center, Seattle, WA

January 2023 – May 2024

- Conducted intensive onsite individual, group, and family psychotherapy for adults admitted to Residential and Partial Hospitalization Programs

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- Maintained timely and ethical clinical progress documentation, including weekly symptom assessments, using AURA/NOVA EHR software for 15 to 20 clinical services hours per week
- Served as primary liaison between treatment team providers, patients, and family members
- Provided weekly progress reports and aftercare coordination during weekly treatment team meetings and rounds
- Provided mentorship and shadowing opportunities to three onboarding therapists and two clinical interns, demonstrating adept understanding of clinical protocols and ability to cultivate colleague development

Counseling Intern & Contracted Staff, Counseling Center at University of Washington Bothell Campus *September 2021 – December 2022*

- Conducted comprehensive client intake assessments and provided short-term hybrid-format individual psychotherapy and walk-in urgent care consultation for enrolled undergraduate students of University of Washington Bothell and Cascadia College
- Maintained timely and ethical clinical progress documentation using Titanium EHR software for caseload of up to 20 clients
- Engaged in campus undergraduate outreach fairs and co-facilitated psychoeducational workshops
- Actively engaged in weekly didactic trainings, clinical individual supervision, and staff group consultation

Behavioral Health Case Manager, DESC's Crisis Diversion Interim Services, Seattle, WA *July 2018 – June 2019*

- Established positive relationships with diverse clients experiencing with homelessness, domestic violence, pervasive mental health disorders, and/or substance use disorders
- Assisted clients to create short-term goal plans and discharge plans for duration of 14-day stay
- Assisted clients to contact external referrals which provided long-term mental health, substance abuse, and case management services

RESEARCH

Undergraduate Research Assistant, University of Washington Department of Clinical Child Psychology *January 2018 – June 2019*

- Primary Investigator: Liliana Lengua, Ph.D. of Center for Child and Family Wellbeing (CCFW)
- Project: [Social and Emotional Competence for Children and Parents \(SEACAP\)](#)
- Facilitated parent-child assessments at various community sites to collect social and behavioral data using REDCap online surveys and guided play
- Reliably transferred survey and video data from lab devices onto encrypted server
- Trained onboarding Research Assistants to accurately follow assessment procedures and adhere to data handling protocols

VOLUNTEER EXPERIENCE

Search Committee Student Representative, College of Education at Seattle University – Clinical Mental Health Counseling Program

April 2022 – July 2022

- Individually reviewed faculty candidate CV and cover letters to hire teaching staff for launch of Online Clinical Mental Health Counseling (OCMHC) program
- Actively engaged with faculty candidates via video panel interviews to assess fit for teaching responsibilities and alignment with OCMHC program mission
- Completed comprehensive assessments of the candidate's relative strengths and areas for growth, which contributed to data informing the Search Committee's final recommendations for Online CMHC Program Director and Tenure-track Clinical Assistant Professor positions

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BIPOC Counseling Student Affinity Group Organizer, College of Education at Seattle University – Clinical Mental Health Counseling Program

September 2021 – July 2022

- Coordinated and collaborated with student volunteers and faculty representatives to organize and launch various affinity groups for counseling program students
- Proposed calendar-sharing strategy to organize leadership meeting in preparation for launch of affinity group

Bonding Activities Coordinator, Faith & Cultural Formation Programs - Board of Directors, Vietnamese Martyrs Parish at Tukwila, WA

September 2016 – June 2017

- Collaboratively utilize board meetings to plan organization retreats activities, with the focus of supporting the development of lasting relationships among faith formation educators
- Promote scheduled activities which promote interfacing between program educators
- Post routine newsletters and announcements via email and Facebook group avenues

Youth Leader & Program Manager, Vietnamese Eucharistic Youth Movement, Ignatius of Loyola League of Chapters at Tukwila, WA

September 2015 – September 2021

- Collaboratively facilitated weekly group lessons, activities, and discussions aligned with organizational mission of fostering Vietnamese community values and strengthening adolescent youth students' understanding of Catholic Catechism
- Collaboratively planned and facilitated annual weekend-long spiritual retreat for adolescent students aged 13-16, featuring keynote speakers, community-building activities, and intentional reflection time

Student Member - Mobile Health Clinic, Vietnam Health Clinic

January 2016 – July 2016

- Attended weekly training meetings to develop Vietnamese interpretation and transcription skills for clinical and conversational contexts, in preparation for for 2-week medical mission trip to Da Nang, Vietnam
- Traveled to Đà Nẵng, Vietnam with licensed healthcare providers to provide basic medical, pharmaceutical, vision, public health education, and dental care to rural and underserved communities

HONORS, AWARDS, & FELLOWSHIPS

Dean's List, *Seattle University, College of Education*

- 2019: Fall Term
- 2020: Winter, Spring, Summer, & Fall Terms
- 2021: Winter, Spring, Summer, & Fall Terms
- 2022: Winter, Spring, Summer, & Fall Terms
- Cumulative GPA: 4.00/4.00

Dean's List, *University of Washington, College of Arts & Sciences*

- 2017: Summer & Fall Terms
- Cumulative GPA: 3.42/4.00

PROFESSIONAL ORGANIZATIONS

Washington Mental Health Counseling Association (WMHCA) | *April 2025 - Present*

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American College Counseling Association (ACCA) | *June 2024 - Present*

American Counseling Association (ACA) | *July 2022 - Present*

Alpha Sigma Nu Jesuit Honor Society (ΑΣΝ) | *April 2021; Lifetime Member*

CERTIFICATIONS & LICENSES

Mental Health Counselor License (LMHC) # LH61580025 | Washington Department of Health
August 2024 - Present

National Certified Counselor (NCC) # 1725660 | National Board of Certified Counselors
May 2023 - Present

Basic Life Support, CPR & AED # 235413440995 | American Heart Association
February 2023 - February 2025

TRAININGS & CONTINUING EDUCATION

Cognitive Processing Therapy: 2-Day Intensive, PESI Webinar
12.50 Hours | *April 2023*

Ethics and Boundary Issues, CE4Less Home Study
5.00 Hours | *November 2023*

Reproductive Trauma: Essential Tools for Infertility, Pregnancy Loss, Birth Trauma, and Perinatal Mental Health Disorders, PESI Webinar
6.25 Hours | *April 2024*

Racial and Generational Trauma Recovery: Evidence-based Somatic Interventions for BIPOC Clients, PESI Webinar
6.25 Hours | *May 2024*

Key Ethical Issues in Working With Spiritual and Religious Values in Counseling, ACA Home Study
1.50 Hours | *June 2024*

Extended Adolescence - When 25 Looks More Like 18: Clinical Strategies for Clients Struggling to Meet the Demands of Adulthood, PESI Webinar
6.25 Hours | *June 2024*

Assessment, Intervention, and Critical Response to Violence on Campus: What We Know and What We've Experienced, PESI Webinar
3.00 Hours | *April 2025*

Are We OK? Potential Impacts of Telehealth Structural Changes on Clinician Wellness – a Research Update, WMHCA Webinar
1.50 Hours | *April 2025*